

Safer sleep for babies and coping with a crying baby

This 2 hour webinar, delivered by nurses from the safeguarding children team, is suitable for all professionals working with parents/carers who care for a young baby or expectant parent(s).

Current research will be presented to enable you to learn about the importance of sharing new safer sleep information with families and also how to have effective conversations around crying babies.

Information and resources will also be shared to support your work in this important area of safeguarding.

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Training objectives

The aim of this webinar is to provide you with an awareness of safer sleeping messages and how you can support parents/carers in conversations around safer sleeping and coping with crying babies.

Learning outcomes

By attending this webinar you will be able to:

- List the key factors affecting vulnerability relating to Sudden Infant Death Syndrome (SIDS) and Sudden Unexpected Death in Infants (SUDI)
- Have an improved awareness of safer sleep that will enable you to facilitate conversations with parents/carers in how to make every sleep a safer sleep.
- Explain the responsibilities of professionals in making safer sleep everyone's responsibility in aiming to reduce the incidence of SIDS/SUDI.
- Explain about Abusive Head Trauma (shaken baby) and how it can happen.
- Recognise Abusive Head Trauma is a form of child abuse.
- Share the message that crying in babies is normal.
- Support parents/carers to soothe their baby.
- Support parents to cope with a baby's crying.

Upcoming dates

- 27 January 2025 - 10.30am to 12.30pm
- 3 April 2025 - 1.00pm to 3.00pm
- 3 June 2025 - 9.30am-11.30am

How to book

Please book your place via the [Learning Pool](#). If you do not already have an account you can [request a new account](#). If you need any support accessing this course, please contact the West Sussex Learning and Development team at learninganddevelopment@westsussex.gov.uk