



HM Government

NHS

Protect your child from winter viruses.

All primary school children will be offered a free flu vaccine at school. It's a quick and easy nasal spray.

Look out for your child's consent form in their book bags, sign it and return it straight away.



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A photograph of a smiling man with a mustache, wearing a dark jacket, holding a young child with dark hair wearing a colorful patterned sweater. They are indoors, possibly in a home or a waiting room.

Keep your children safe from flu this winter.

Flu can be horrible for young children and they can also spread it to others more vulnerable.

If your child is aged 2 or 3 before September, book their flu vaccination now with your GP surgery.



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Children aged 2 or 3 before September are eligible for a free flu nasal spray vaccine.

The vaccine is quick and painless and provides the best protection against illness and spreading the virus.

[Book an appointment now with your GP surgery.](#)



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**Protect yourself and your baby
from flu and COVID-19.**



**These viruses can cause harm to both mother and unborn baby.
Vaccination is free and is the best protection.**

Don't delay, book your appointments now.



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BOOST YOUR IMMUNITY THIS WINTER

Flu and COVID-19 can cause complications during pregnancy that could harm you and your baby. The flu and COVID-19 vaccines offer the best protection against these dangerous viruses.

Book your appointments now with your GP surgery or pharmacist, or ask your maternity services.



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Top up your immunity this winter.



Vaccines are the best protection we have against dangerous viruses like flu and COVID-19. Find out if you're eligible for these two essential vaccines now at nhs.uk/wintervaccinations