



## Welcome to Leadership 360

We wanted to facilitate an opportunity for some reading and reflection time and have sourced and bookmarked some key articles, podcasts, and resources for you, your governors, and members of staff to review and consider regarding **Relationships, Sex and Health Education (RSHE)**. We hope you find them useful.

### Sex Education Forum

The sex education forum is a charity that brings together a range of stakeholders that share best practice, research, monitor the provision of RSHE, explore and respond to new themes and identify gaps. The charity and [website](#) provide a source of knowledge and support for educators of RSHE.

### Training and Support

Alice Hoyle is an RSHE advisory teacher providing a range of services across all phases that can be bespoke to schools. Her [website](#) provides further information.

### Sex Ed Diaries

The Sex Ed Diaries is a [series](#) that aims to encourage critical thinking and stimulate debate about what good RSHE looks like, as well as helping to support teachers and schools in implementing their RSHE curriculum.

### School of Sexuality Education Secondary Phase

Their approach is rights-based, sex-positive, non binary and trauma informed. The charity supports schools in providing an age-appropriate, inclusive, trauma informed RSHE programme. A range of materials are available through their [blog](#) and website.

### PSHE Talks

PSHE Talks by the PSHE association is a [podcast](#) which explores key considerations and actions for schools to take when implementing statutory RSHE and features leading voices from across the education sector.

### Ofsted Rapid Review of Sexual Abuse in Schools & Colleges

This [blog](#) post provides the key headlines of the review and what this means for schools.



### Education 4 Safeguarding

West Sussex Education for Safeguarding ([E4S](#)) is a suite of tools and approaches to enable schools to develop a needs-based curriculum for all pupils whilst also ensuring that the national expectations for RSHE are fully addressed.