

A FIVE-WEEK HANDS ON COOKERY COURSE FOR MEN



**MAN
WITH A
PAN**

COOKERY COURSE SUITABLE FOR
BEGINNERS
& CONFIDENT COOKS
£10 ONLY
FOR 5 SESSIONS

Learn to prepare delicious and simple meals in a friendly and supportive environment. This is a wonderful opportunity to meet new people, learn new skills, have fun and eat together. All ingredients and cookware are supplied, so all you need to do is turn up!

10:45am - 2pm, every Wednesday
starting 4th March 2020
at Barnham Community Hall



**COMMUNITY
CHEF**

good food for all



LOTTERY FUNDED

**PLACES ARE LIMITED!
PRE BOOKING AND
COMMITMENT ARE
ESSENTIAL**

0300 028 8888
communitychef.org.uk
carerssupport.org.uk



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