

1

What is stammering?

It varies in different situations.

It is more likely when the child is talking spontaneously, so professionals may not hear stammering.

If a parent sees a child stammer you should refer.

Onset is usually between 2-5 years but can be earlier or later.

2

When should I refer and to who?

Prompt referral of all children who stammer is important as intervention at the right time can:

- Help minimise the impact of the stammer. Stop it from becoming a life-long condition.
- Support the child or young person and their family.

3

How to refer?

Health and education professionals can refer directly to the local SCT speech and language therapy service.

Sussex Community NHS Trust has a specialist Speech and Language Therapy Service for children and young people who stammer.

4

Contact your local service:

Worthing locality
Tel: 01273 696011 ext.6131
Email: sandy.peters@nhs.net

Chichester locality
Tel: 01273 696011 ext.5108

Crawley, Horsham and Mid Sussex locality
Tel: 01403 227000 ext.7165
Email: Julie.walker17@nhs.net

