



All About Me

A new course starting at the
Chichester Children and Family
Centre on 6th February 2018
09:30 - 11.30 x 10 sessions
term time only



Some of the things we will start looking at are:

- Where you are now and where you want to be
- The skills and qualities you already have
- Identify and work toward the ones you need to improve upon
- Identify and work toward the ones you need to gain

Moving on to the next steps we will:

- Explore the rights of parents in work and education
- Look at working relationships and childcare options
- How we can fit time for ourselves around family life

We will then:

- Find out about the local opportunities available
- Look at different ways to apply
- Prepare for interviews/ applications

You can move onto:

- An IT qualification
- A Childcare qualification
- Helping in Schools
- Another course with Aspire
- Volunteering

Find out more session
30th January 09:30-11:30
Call to book: 01243 642950

FREE to anyone who is unemployed and in receipt of JSA/ESA, WRAG or anyone who wants to work and earns less than £330/month.