
28 September 2017

Dear Colleague

0-19 (up to 25 years for SEND) Integrated Prevention and Earliest Help (IPEH) Offer

Since 1 April 2017 the Healthy Child Programme (HCP) has been working within the Integrated Prevention and Earliest Help (IPEH) service. The HCP is led by public health nurses (health visitors, family nurses and school nurses) who, together with staff from across the rest of IPEH have been considering ways in which we can integrate effectively. Integration is essential to ensure that we give the best possible services to children and families, because no one professional can meet the whole of a family's needs.

We are delighted to be in a position to share some of the work that we have been undertaking to develop an integrated 0-19 (up to 25 years for SEND) service that is based on the HCP commissioned services and IPEH service commitments. The offer is a progressive universal offer, meaning that some services are open to all children and families, while other elements of the offer are more targeted and specialist.

In future, children aged 0-5 and their families, and those that work with them, will have access to the following services which will be led by and implemented by, staff from either HCP or IPEH:

- Holistic assessments led by HCP teams for all parents at 5 points (antenatal, post-natal, 6-8 weeks, 1 year and 2 years). The last review, at two years, will increasingly be an integrated health and early education review.
- Support to breastfeed and access to clear and consistent information about healthy eating and physical activity.
- Identification and support for perinatal mental health issues and positive infant mental health using 5 to Thrive, and other evidence based approaches.
- The development of a new integrated review for all children in the 9 months before they start school.
- A named HCP and IPEH lead for each early years setting.
- The development of an offer of a termly conversation to all settings to discuss individual families and provide advice on referral pathways and early help assessments.
- Access to an information advice and guidance offer (delivered through Family Assist, WSCC website and contact centre, access to libraries, Find

it Out Centres and Children and Family Centres, outreach provided to parent groups and drop-ins). To include help and advice with childcare and early education activities and support for parents and carers.

- Support to access Family Assist, a new web-based information system for pregnant women and parents of under-5s in West Sussex.
- The continuation of training for all staff on the effective management of Anaphylaxis and Asthma.
- Continuation of 1-1 or small group advice or support on an identified health or social need.
- Provision of evidence based parenting support programmes.
- Development of clear integrated referral pathways to other agencies / services.
- Development of public health support for vulnerable children, young people and families with complex child development, health, emotional, and social needs from the Healthy Futures team.
- Multi agency support using Early Help assessments and plans.
- 1-1 support or intervention with a child, young person or family where there is an identified safeguarding need.

The service offer is evolving and will develop following further stakeholder engagement, emerging evidence, data and evaluation. It is designed to be flexible and responsive to local need.

Please share any feedback or comments that you have regarding the offer with me on the details above. The service can only be successful with the effective engagement of schools, academies and alternative provision colleges; any contribution that you can provide will be invaluable.

I am sure that you will agree that this is an exciting opportunity to build on two successful services and work to develop a stronger, sustainable service that effectively responds to national outcomes as well as local need.

I will continue to keep you informed regarding the developing service offer as we move through the school year.

Yours faithfully

TANYA PROCTER

Healthy Child Programme Leader