



Carer Support Furness

Get in touch!

Please let us know if you need to cancel or change appointments or if your circumstances or details change whether it be a name change, new mobile number, or new address, please keep us informed so we can keep our records and you up to date with the latest information from Carer Support Furness.

Statement of Intent

“Carer Support Furness is committed to identifying and eliminating prejudice and all forms of discrimination, direct and indirect, which restrict or hinder the promotion of equal opportunities, the provision of equal treatment and the positive valuing or diversity throughout all areas of its work and activities.”

Carer Support Furness welcomes any comments, suggestions, or criticisms about their work as a means of giving good service. Comments should be sent to the CEO of Carer Support Furness in the first instance.

Accessibility: Carer Support Furness will do what is reasonable to provide information in alternative formats on request. If we encounter difficulties meeting your request, we will discuss the best solution for you. Please contact the Administrator on 01229 822822 or email admin@carersupportfurness.co.uk

Carer Support Furness
Hindpool Community Centre, Nelson Street,
Barrow-in-Furness, Cumbria, LA14 1NF
01229 822822
admin@furnesscarers.co.uk
Registered Charity No: 1114029 Company No: 5724307

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Carer Support Furness

30th Anniversary Newsletter

Spring 2024



1994 - 2024
30 years of supporting Unpaid Carers

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Craig's News



Welcome to the Spring 2024 Edition of our Newsletter.

Hello everyone and welcome to our Spring Newsletter. As normal you will see that there are some great things happening over the coming months, all with our aim of supporting Unpaid Carers of all ages.

2024 sees us reach another milestone in our long history, we were set up in 1994 as Furness Carers Association and now as Carer Support Furness we will reach 30 years of supporting Unpaid Carers across Furness. I'd be lying if I said the journey has always been a smooth one, there have been many ups and downs but we have continued to maintain our aims and passionate drive to support Unpaid Carers to the best of our ability and will always try our best to support you.

So as part of our celebrations why not come along to the centre on 14th June where we can have a cuppa and a chat as part of our Carers Week 2024 events and we will cut an anniversary cake and celebrate the work we have done over the years in 'Putting Carers on the map'. We are also hoping that "Foxy" our new Carer Support Furness Mascot will be making an appearance.

As always please remember we are here for you, and if we don't answer the phone straight away, please leave us a message so we can get back in touch.

Craig Backhouse CEO Carer Support Furness

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Free Support & Services for Adult and Young Carers in the Furness & Ulverston Area

Carers are family, friends or neighbours who help someone with some aspect of daily living due to illness, frailty, physical or mental health problems. This could be help with personal care, shopping and household tasks or emotional support. We support All age Carers to maintain their own health and wellbeing whilst caring for others.

Carers Supported Self Assessments and Support plans for Adults and Young Carers to discuss the caring role and decide on any support or services needed. Young Carers are age 5-18 years.

Adult Carers Budgets to purchase something which will help to maintain the health and wellbeing of a Carer over 18 whilst caring (eligibility criteria must be met following a Carers Assessment before a Carers Budget application can be made to Health and Care Services).

Adult Carers Emergency Contingency Plan & Card Scheme to ensure replacement care or family/friends are contacted if a Carer has an emergency (over 18 yrs. only).

Referrals and support to access services from other local and national organisations that may be able to offer additional support if required.

Activities including Young Carers After School Clubs on Wednesdays and Thursdays each week and during school holidays, Adult Carers Cafes, Drop-ins and other activities each Friday morning and at other times. Yoga & Mindfulness classes, Forums, and consultations with Carers on the planning of future services. Places on all activities are open to Carers registered with Carer Support Furness but must be prebooked.

Carer Champion Training for any organisation, business, or individuals on how to identify, advise and refer unpaid Carers (staff or service users) to ensure they receive the support they may need now or in the future. On completion Carer Champions will receive a metal badge and certificate of achievement and will receive updates and ongoing training as part of Carer Support Furness Champion network.

For more information or to arrange an appointment with one of our Carers Support Advisers please ring 01229 822822 if there is no reply please leave a message, or email admin@carersupportfurness.co.uk



VOLUNTEERS' WEEK
3rd June–9th June

Carer Support Furness

would like to say

Thank You

To our volunteers, your commitment and contribution really makes a difference to our Carers activities which we would not be able to run without your continued support!



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Carer Support Furness & Westmorland & Furness Council Consultation with Parents

Carer Support Furness

would like to invite parents to a meeting

on Friday 10th May 2024 9.30am - 11.30am

at Carer Support Furness, Hindpool Community Centre,

Nelson Street, Barrow-in-Furness, Cumbria, LA14 1NF

with Westmorland and Furness Council Managers

to share their views on the offer of parenting support

across the Westmorland and Furness area.

We want to know what parents actually require compared to what's available.

The council would also like to form a group of parents who could be part of a more regular group meeting to give the council their views on a range of services.

If you would like to come along and get involved in this consultation meeting email admin@carersupportfurness.co.uk or call 01229 822822 and leave a message.

Free tea, coffee, cakes, and biscuits will be available to help the discussion!



If you would like to have your views included in this consultation but can't attend this meeting, please complete the attached form, and return to Carer Support Furness by post or email to admin@carersupportfurness.co.uk before 10th May 2024.

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Carers Week 10th-16th June 2024

'Putting Carers on the map'

Monday 10th June:

12.30pm to 2pm Carers Champion Training for organisations or businesses with an interest in supporting unpaid Carers at Carer Support Furness, Hindpool Community Centre, Nelson Street, Barrow. To book a place please email admin@carersupportfurness.co.uk

Tuesday 11th June:

1pm to 4pm Carers Yoga and Mindfulness Classes Coffee and cakes afterwards in Carer Support Furness Meeting Room . To book a place please email admin@carersupportfurness.co.uk

Wednesday 12th June:

4pm to 5pm Young Carers After School Club Carers Week celebration including the launch of our Carer Support Furness mascot 'Foxy' as designed by our YC and used in the Theatre Factory Young Carer production we did last year.

Thursday 13th June:

1pm to 3pm Carers Week Awareness Raising Session in Ulverston at the 'Memory Lane café' for people with Dementia run by Janice McKenna, Admiral Nurse Assistant at St Marys Hospice, Ulverston.

4.30pm to 6pm Young Carers After School Club Carers Week Celebration

Friday 14th June:

10.30am to 12.30pm Free Community Health and Wellbeing Information Event Celebrating our 30th Anniversary at Carer Support Furness, Hindpool Community Centre. Unpaid Carers, their families and anyone else with an interest in support for unpaid Carers are welcome to come along anytime between 10.30 – 12.30 and see what free support is available from local organisations. There will be café style seating in the hall for FREE tea, coffee, refreshments and Pie and Peas (until they run out).

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Carer Champions in Schools

Furness and Ulverston



Working with





Carer Champions in Schools Furness and Ulverston



Carer Support Furness

Have launched a campaign to have a

'Carer Champion in all Furness and Ulverston Schools'!

As many as 1 in 5 pupils in the UK are Young Carers, most of these children are caring for relatives without their teacher's knowledge.

FREE Carer Champion Training is offered to each school so they have at least one staff member who can help to identify pupils who are Young Carers, and ensure they are offered the support they are eligible for under the Children and Families & Care Act 2014.

Following these short training sessions, Carer Champions in Schools will be confident in identifying, referring, or signposting any age Carer to Carer Support Furness for free support. Young Carers should be recognised in school as soon as possible, so they can access free support and services whenever they need it. Children and Adults looking after someone shouldn't have to wait until their wellbeing is affected before support is offered.



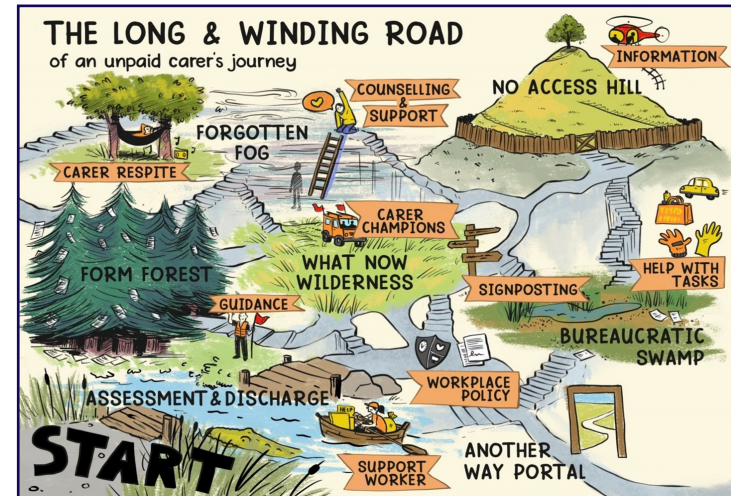
Carer Support Furness is the All Age Carers service provider for the Furness and Ulverston area on behalf of Westmorland and Furness Council, Health and Care Services.

Email or call to book this free training for one or more staff in your school.

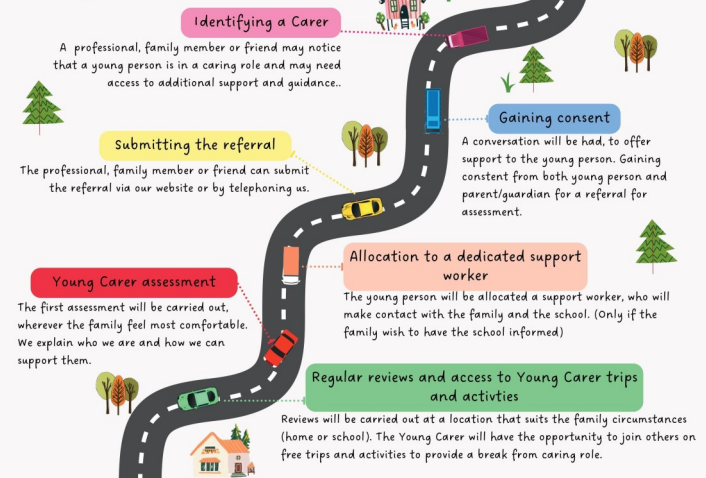
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Carers Week 10th-16th June 2024 'Putting Carers on the map'



Young Carers Referral Road



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Carers Trip

Carers Trip to Liverpool Saturday 15th June 2024



**Coaches Depart Barrow 8.30am,
leaving Liverpool at 5pm prompt.**

**If any Adult Carer and one companion would like to go on
this trip, please complete the enclosed booking form and
return it to Carer Support Furness (at our Reception 1st
Floor) Hindpool Community Centre, Nelson Street,
Barrow-in-Furness., Cumbria, LA14 1NF.**

**A non-refundable deposit of £5 per person is required at the
time of booking (if this would cause hardship speak to your
Carers Support Services Adviser). Please make sure all
information on the booking form is completed.**

**Pick-ups: 8.30am Ramsden Square, Barrow
8.35am The Strawberry, Barrow
8.40am Tudor Square, Dalton
8.50am Drill Hall, Victoria Road, Ulverston.**

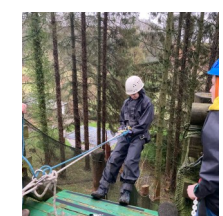
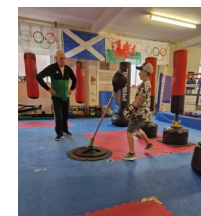
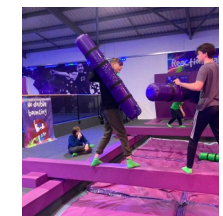
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Carer Support Furness Young Carers

Kindly supported by Sir John Fisher Foundation

Some of our recent Young Carers holiday activities



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