

Art
& Crafts
Advice sessions
and themed talks
Relaxation and wellbeing
activities
Refreshments!
Chair Yoga

Ageing Creatively Community Café

Every Monday 1pm - 4pm

Theale Library

Starting on Monday 3rd June 2024.

With a changing programme of activities tailored to the over 55s.

No need to book, just drop-in.

Hosted by Theale Library in association with Corn Exchange, Newbury.

www.westberks.gov.uk/library-events

CORN EXCHANGE  **NEWBURY**

