## Watermill Wellbeing Walk



## Join us for once a week walk through the countryside around the Watermill Theatre

## Starting on the 23 May then every Thursday, from 10:45am until 11:45am

It's a circular walk, starting and finishing at the Theatre, and taking in green lanes, valley views and beautiful woodland. At the end of the walk there's an opportunity to have tea/coffee at the Watermill – and to continue chatting!

The route is fairly level, with one slight incline up, and then down through the woods. It is not fully accessible, but off-road buggies may be fine.

The walk may be muddy in wet weather and appropriate footwear is required.

Meet at the Watermill Theatre, Bagnor, Newbury RG20 8AE (Please use the overflow car park.)

Toilets are available in the Theatre





For more information email walking@westberks.gov.uk Tel: 01635 503437

