

PARENTING COURSES

THE EMOTIONAL HEALTH ACADEMY IS
RUNNING A NUMBER OF SESSIONS TO
HELP YOU SUPPORT YOUR CHILD OR
YOUNG PERSON

ANXIETY

Weds 10th February
5.30pm, via Zoom



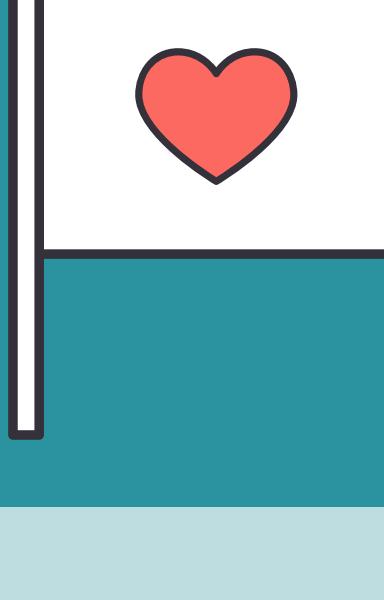
RESILIENCE



Weds 17th February
5.30pm , via Zoom

POSITIVE BEHAVIOUR

Weds 24th February
5.30pm, via Zoom



TICKETS £5 FOR EACH SESSION

BOOK YOUR PLACE
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FOR MORE INFO SEE
[WWW. WESTBERKS.GOV.UK/EHA](http://www.westberks.gov.uk/eha)