

The Wolverhampton Children and Young People's Health Related Behaviour Survey 2023

Emotional Health and Wellbeing

Key Stage 2 Report

Wolverhampton Primary



Survey Report 2023

Produced by the
Schools Health Education Unit

The contents of this book are © SHEU 2023. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager
Schools Health Education Unit
9 Yeo Business Park
Axehayes Farm
Clyst St. Mary
Exeter EX5 1DP

Tel: 01392 667272

e-mail angela.balding@sheu.org.uk

Contents

	Page No.
FOREWORD	3
INTRODUCTION	4
<SG2>AT A GLANCE: YOUR SCHOOL RESULTS COMPARED WITH WOLVERHAMPTON 2023.....	5
YOUR SCHOOL COMPARED WITH WOLVERHAMPTON SNAPSHOT	7
</SG2>BACKGROUND	8
EMOTIONAL HEALTH AND WELLBEING	10
SAFETY.....	21
SCHOOL	29
APPENDIX 2: 2023/2022 COMPARISONS.....	37
APPENDIX 3: 2023/2022 HEADLINE TRENDS.....	38
YEAR 4 INEQUALITIES ANALYSIS	40
YEAR 6 INEQUALITIES ANALYSIS	41
APPENDIX 4: SIGNPOSTING FOR PUPILS	42
APPENDIX 5: LIST OF QUESTIONS	43

Foreword

I would like to thank you for participating in the 2023 Health Related Behaviour Survey (HRBS). The commitment and support from schools has once again been superb and has enabled us to collect views from over 8,500 children and young people across 51 settings. The 2023 survey was a shorter, thematic survey to explore the emotional health and wellbeing needs of our children and young people. In the context of society returning to normal following the Covid-19 pandemic, it is vitally important for us to continue to understand the views and experiences of our children and young people to ensure they live healthily and thrive within our city.

This individual report for your school contains valuable data on the emotional health and wellbeing of your pupils. The information will enable you to better understand the attitudes and behaviours of your children and young people. In addition, it will help you identify priorities and plan your provision and whole school approaches in relation to pupil emotional health and wellbeing and provide valuable evidence for Ofsted inspections.

I will also be using this data to help understand the ongoing emotional and mental health challenges our children and young people have reported in previous surveys and take the opportunity to use this survey data to work collaboratively with schools and our wider partners including the NHS to address some of these key challenges children and young people in our city face and to make a positive difference to the lives of children and young people.

Thank you once again for participating in the survey. Your setting's contribution to this valuable consultation tool is greatly appreciated, as are the efforts of your staff and pupils. This is the ninth time that the survey has run in Wolverhampton, and its continued success and longevity is very much down to the strong partnerships that we have in our city.

Should you require any further support or assistance in addressing any priorities or challenges raised by the data in your report, please contact the Wolverhampton Public Health team.



John Denley

Director of Public Health
City of Wolverhampton Council

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

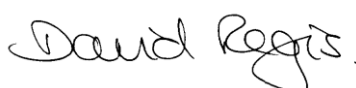
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Health Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 40 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

Your online results can be found on www.schoolsurveys.co.uk. Your username and password are on the 'Tutor's Guide' we sent you at the start of the survey process. Please email admin@sheu.org.uk from a school email address if you would like your instructions sent across again. Please refer to the 'After the Survey Manual' for step-by-step help in accessing your results or contact us directly.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers of boys and girls in each group are shown below.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	607	267	670
Girls	556	223	681

Please note that if the proportions of younger and older pupils, or boys or girls, are very different in your school sample compared with the wider sample, then you may need to consider this as a cause when looking at any differences between your school and the wider data. Many of the headline figures are broken by age and gender in the main body of the report, which will give more context for interpretation. Please contact SHEU if you would like to discuss.

Please note that 21 pupil(s) described themselves as questioning/unsure and 65 preferred not to say or didn't answer the question. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

<sg2>At a glance: your school results compared with Wolverhampton 2023

This table contains the numbers of pupils in each year group who completed the survey in your school compared with the numbers who completed in the wider Wolverhampton sample.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	607	267	670
Girls	556	223	681


Why the indicator chart?

An indicator chart offers a visual summary of the key topics from the survey. It allows your results to be more easily benchmarked to the Wolverhampton average.


How to read your indicator chart

Key:	Interpretation
<ul style="list-style-type: none"> ● - Better than Wolverhampton average ● - Not significantly different ● - Worse than Wolverhampton average 	<p>In the chart below a coloured circle represents Wolverhampton Primary's result, while the black line represents the mean for Wolves. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.</p> <p>The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green), negative (red) or if it is not statistically significant (yellow).</p> <p>The pale grey shows the 25% - 75% interquartile range, while the darker grey denotes the range between the best and worst scoring schools. Note that the interquartile range does not determine statistical significance; your school's result may be outside the interquartile range and not show as significantly different.</p> <p>The scale is reversed for negative responses, so that more positive outcomes are always on the right.</p>


Emotional Wellbeing and Safety

\$\$\$KQ	Wolves 2023	Wolves 2023	Worst		Best
Pupils who are 'happy' with their life at the moment.				HAPPY.0.X9.POS	
Pupils who had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.				SCWBSOG.4.5.X99.X888.POS	
Pupils who had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.				SCWBSEG.4.5.X99.X888.POS	
Pupils who had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.				SCWBSSDG.3.X99.X888.POS	
Pupils who had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.				SCWBSG.4.5.X99.X888.POS	
Pupils who scored 12 or higher on the Emotional Difficulties subscale, indicating clinically significant difficulties.				MMFEDG.3.X99.NEG	
Pupils who scored 7 or higher on the Behavioural Difficulties subscale, indicating clinically significant difficulties.				MMFBDG.3.X99.NEG	
Pupils who at least 'sometimes' feel lonely.				FLONELY.1.2.X888.NEG	
Pupils who worry about more than 5 of the issues listed 'quite a lot' or 'a lot'.				WRRYSCREG.3.X888.NEG	
Pupils who worry about schoolwork/homework 'quite a lot' or 'a lot'.				WYSCHOOL.2.3.X888.NEG	
Pupils who know someone who they could talk to if they were worried about something.				TRSTANY.2.X888.POS	

Safety

\$\$KQ	Wolves 2023	Wolves 2023	Worst		Best
Pupils who rate their safety going to and from school as 'good' or 'excellent'.				TOFROSAF.0.1.X888.POS	
Pupils who rate their safety at home as 'good' or 'excellent'.				HOMESAFE.0.1.X888.POS	
Pupils who rate their safety near where they live as 'good' or 'excellent'.				NEARSAFE.0.1.X888.POS	
Pupils who 'struggle to say no' or 'can never say no' when a friend wants them to do something they don't want to do.				PEERPRES.2.3.X9.NEG	
Pupils who have been bullied online.				CYBERBUL.2.X9.NEG	
Pupils who have been bullied in school in the last 6 months.				BULLSCH.2.X9.NEG	
Pupils who said their school deals with bullying 'very well'.				DEALBULY.0.X9.POS	
Pupils who think they have been picked on or bullied because of their size or weight.				BSIZE.1.X888.NEG	
Pupils who said there was violence between adults at home at least 'once or twice' in the month before the survey that frightened them.				ARGUEHME.1.2.3.X9.NEG	

School

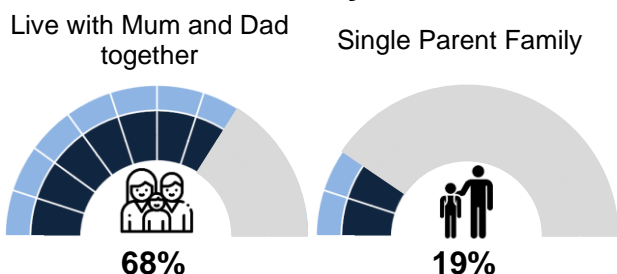
\$\$KQ	Wolves 2023	Wolves 2023	Worst		Best
Pupils who usually feel happy during lessons at school.				HAPLESS.2.X888.POS	
Pupils who know where to get help if they need help with friendships.				HELPFREN.2.X888.POS	
Pupils who feel safe in school.				SAFESCH.2.X888.POS	
Pupils who feel welcomed when they walk into school/their class.				WELCSCH.2.X888.POS	
Year 5+ pupils who have found the information and advice they have been given in school about managing emotions/feelings 'quite' or 'very' useful.				USEEMOT.4.5.X888.POS	
Year 5+ pupils who said their school encourages everyone to take part in decisions.				DECISCH.2.X888.POS	
Year 5+ pupils who said their school <u>doesn't</u> teach them to deal with their feelings positively.				FEELSCH.0.X888.NEG	

Your School compared with Wolverhampton Snapshot

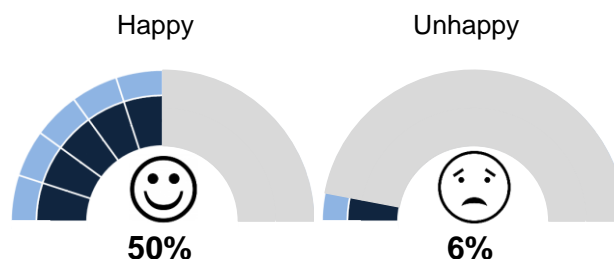
	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	607	267	670
Girls	556	223	681

The darker section of each chart represents the percentage for Wolverhampton Primary, while the mid-tone section represents No Data (figure shown in brackets). An arrow next to each percentage indicates whether the figure for Wolverhampton Primary is higher (↑) or lower (↓) than the figure for No Data. If there is no difference, ↔ is used.

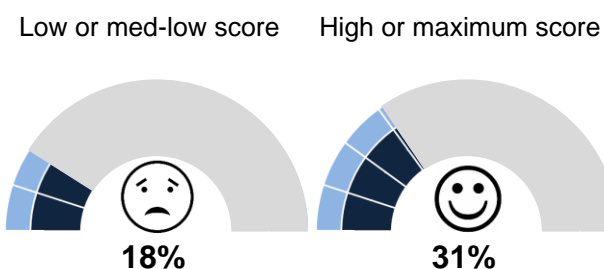
Family



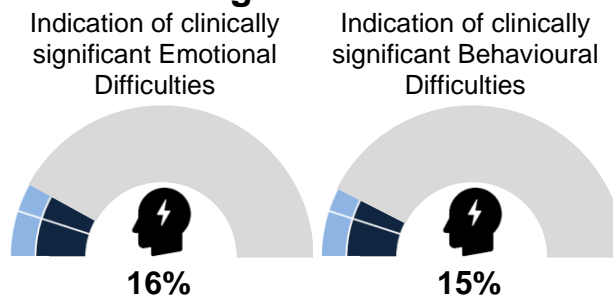
Happiness



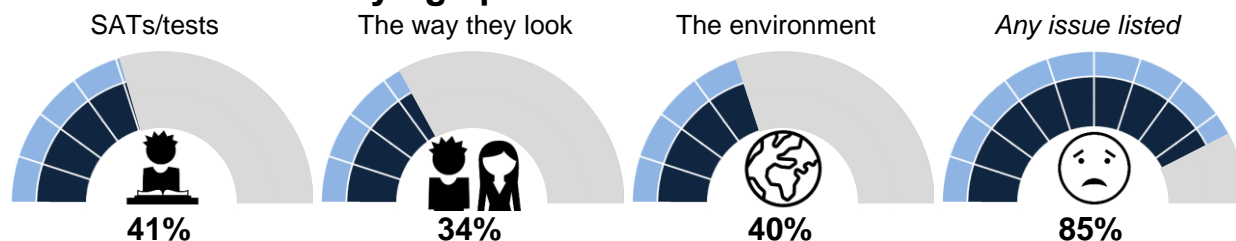
SCWBS



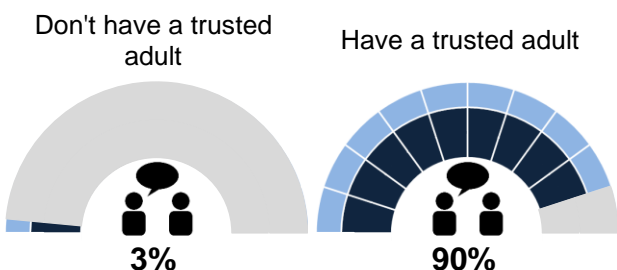
Feeling and emotions



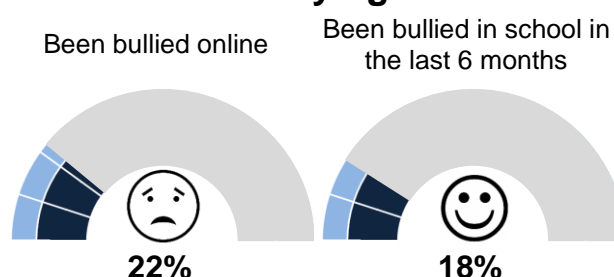
Worrying 'quite a lot' or 'a lot' about...:



Trusted adults



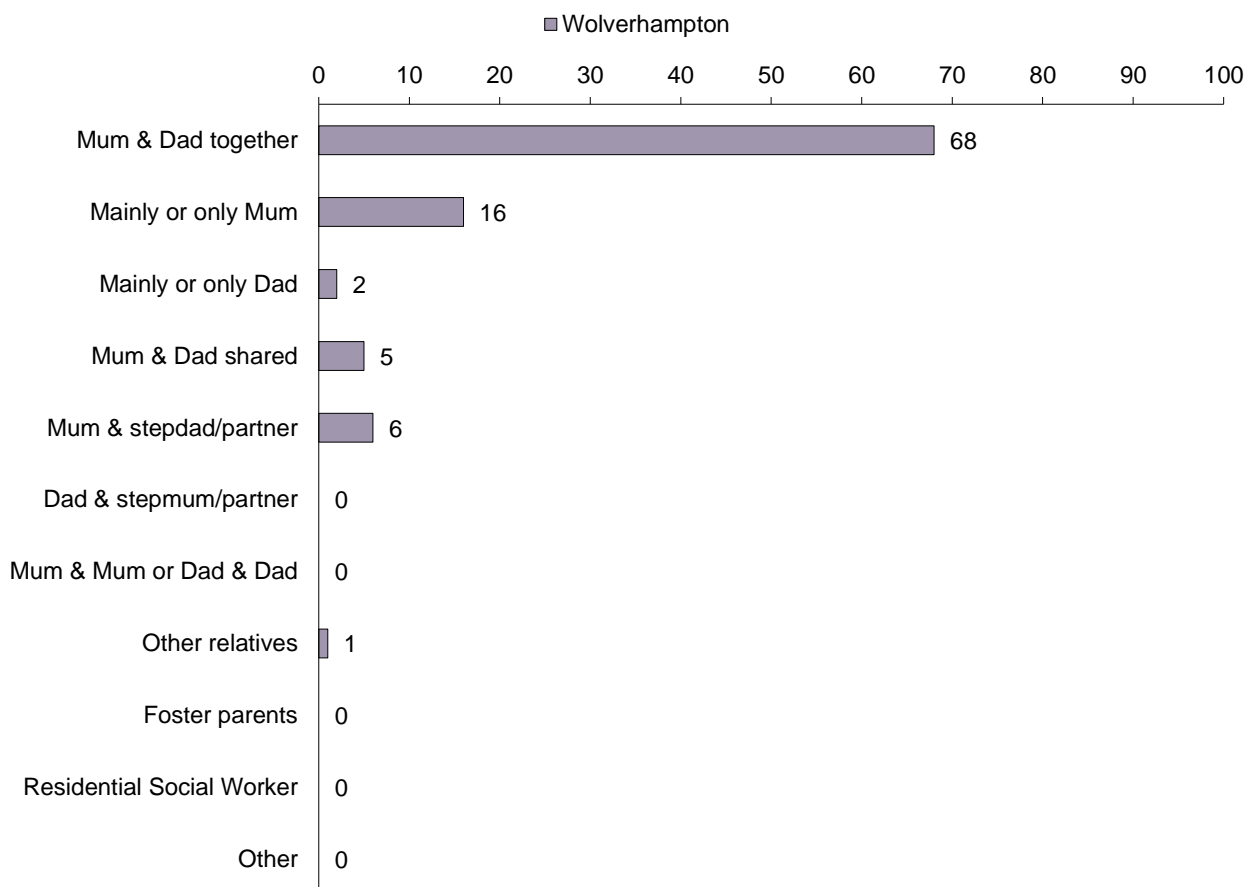
Bullying



</sg2>Background

Family

Q1. Which adults do you live with?



68% of pupils responded that they live with their Mum and Dad together.

16% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

Q1. Percentage answering that they live with their Mum and Dad together.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	70	71	63
Girls	71	62	67

Q1. Percentage answering that they live 'mainly or only' with their Mum.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	15	16	20
Girls	14	17	18

Young carers

18% of pupils responded that they regularly help to look after someone in their family because they are disabled, ill or are not able to look after themselves, while 30% said 'no, but I help my parents/carers to look after my brothers/sisters regularly'.

8% of pupils responded that they look after someone at home and their school knows they do, while 29% said they are 'not sure'.

Of the 1491 pupils who said they regularly help to look after someone at home, 17% said their school knows they do.

Q2a. Percentage answering that they are a 'young carer'.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	22	16	19
Girls	19	23	12

Q2b. Percentage answering that they look after someone at home and their school knows they do.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	9	9	8
Girls	8	7	8

Ethnicity

38% of pupils responded that they are White British.

Q3. Percentage responding that they are White British.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	39	35	36
Girls	42	43	38

Q3. Top 5 reported ethnic backgrounds:

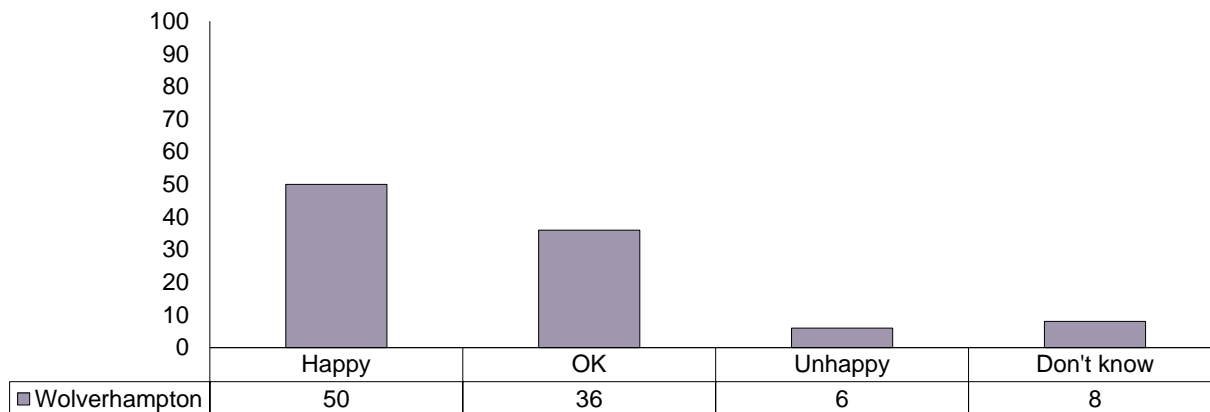
Boys		Girls	
1	White British	37	40
2	Asian or Asian British – Indian	13	12
3	Black or Black British – African	10	10
4	Don't want to say	8	6
5	Mixed White and Black Caribbean	5	5

Emotional Health and Wellbeing

Happiness

Q4. How happy are you with life at the moment?

Wolverhampton



50% of pupils responded that they are 'happy' with their life at the moment, while 36% said they are 'OK'.

Q4. Percentage answering that they are 'happy' with their life at the moment.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	52	54	49
Girls	53	56	47

6% of pupils responded that they are 'unhappy' with their life at the moment.

Q4. Percentage answering that they are 'unhappy' with their life at the moment.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	5	5	5
Girls	6	6	6

The Stirling Children's Wellbeing Scale

This scale has been devised by researchers interested in young people's Wellbeing. This scale comprises 15 questions, which are combined to make three separate sub-scales:

- Positive Outlook e.g. I think good things will happen in my life
- Positive Emotional State e.g. I've been in a good mood
- Social Desirability e.g. I have always told the truth

48% of pupils responding that they have been feeling or thinking that good things will happen in their life at least 'quite a lot of the time' over the past couple of weeks.

Q5. Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks:

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I think good things will happen in my life	50	50	54	54	45	44	48
I have always told the truth	44	54	38	45	36	47	44
I've been able to make choices easily	44	40	46	35	39	34	39
I can find lots of fun things to do	67	62	65	68	57	51	60
I feel that I am good at some things	69	61	74	63	68	53	63
I think lots of people care about me	68	69	73	70	60	59	64
I like everyone I have met	54	50	49	44	34	35	43
I think there are many things I can be proud of	70	69	73	69	65	59	66
I've been feeling calm	46	46	52	43	44	43	45
I've been in a good mood	53	55	62	57	51	46	52
I enjoy what each new day brings	58	58	51	53	43	41	49
I've been getting on well with people	62	61	61	60	56	50	57
I always share my sweets	42	45	41	41	37	41	41
I've been cheerful about things	65	60	60	65	50	50	56
I've been feeling relaxed	52	48	55	52	47	43	48

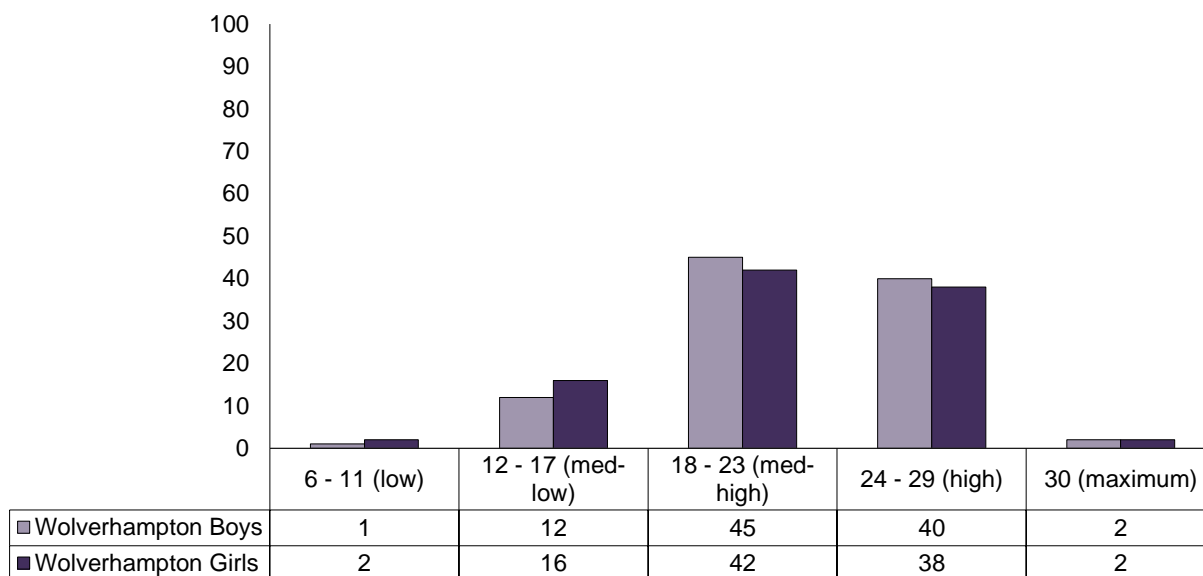
21% of pupils responded that, over the past couple of weeks, they have been feeling relaxed 'not much of the time' or 'never'.

Q5. Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks:

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I think good things will happen in my life	11	10	11	9	10	12	11
I have always told the truth	18	13	11	16	15	14	15
I've been able to make choices easily	24	26	24	30	27	31	27
I can find lots of fun things to do	14	17	13	12	16	22	17
I feel that I am good at some things	10	11	8	11	8	14	11
I think lots of people care about me	13	12	10	14	15	15	14
I like everyone I have met	15	16	19	23	25	29	21
I think there are many things I can be proud of	9	11	8	9	9	14	11
I've been feeling calm	21	20	13	17	19	21	20
I've been in a good mood	15	15	11	16	14	18	16
I enjoy what each new day brings	14	11	17	17	20	20	17
I've been getting on well with people	11	12	11	14	11	18	13
I always share my sweets	33	30	33	36	34	28	32
I've been cheerful about things	12	12	11	12	15	15	13
I've been feeling relaxed	18	18	18	20	22	25	21

Positive Outlook

Q5. Stirling Children's Wellbeing Scale: Positive Outlook Sub-Scale:



16% of pupils had a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.

Q5. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	13	11	15
Girls	14	14	23

40% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

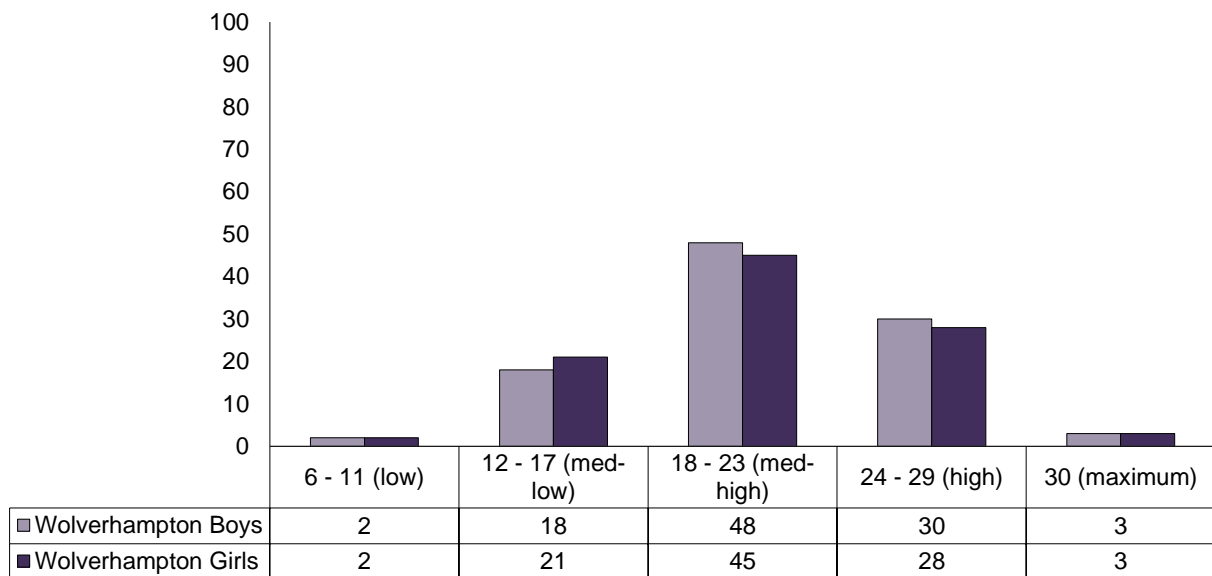
Q5. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	47	47	35
Girls	44	50	33

Positive Emotional State

Q5. Stirling Children's Wellbeing Scale: Positive Emotional State Sub-Scale:



22% of pupils had a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.

Q5. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	18	16	24
Girls	18	19	30

32% of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

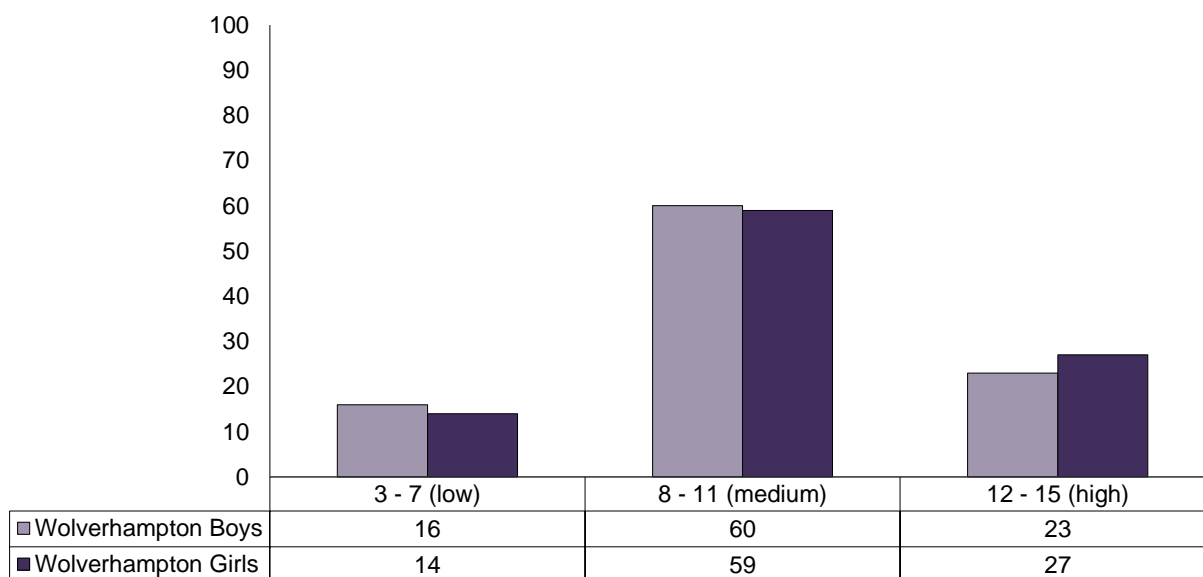
Q5. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	37	33	29
Girls	37	38	25

Social Desirability

It is suggested that pupils who answer 'all of the time' for all three Social Desirability items might be unreliable with their answers – trying too hard to please. They are given a score of 15 for this sub-scale and are not included in the combined scores.

Q5. Stirling Children's Wellbeing Scale: Social Desirability Sub-Scale:



15% of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

Q5. Percentage with a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	14	13	20
Girls	11	18	14

25% of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

Q5. Percentage with a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

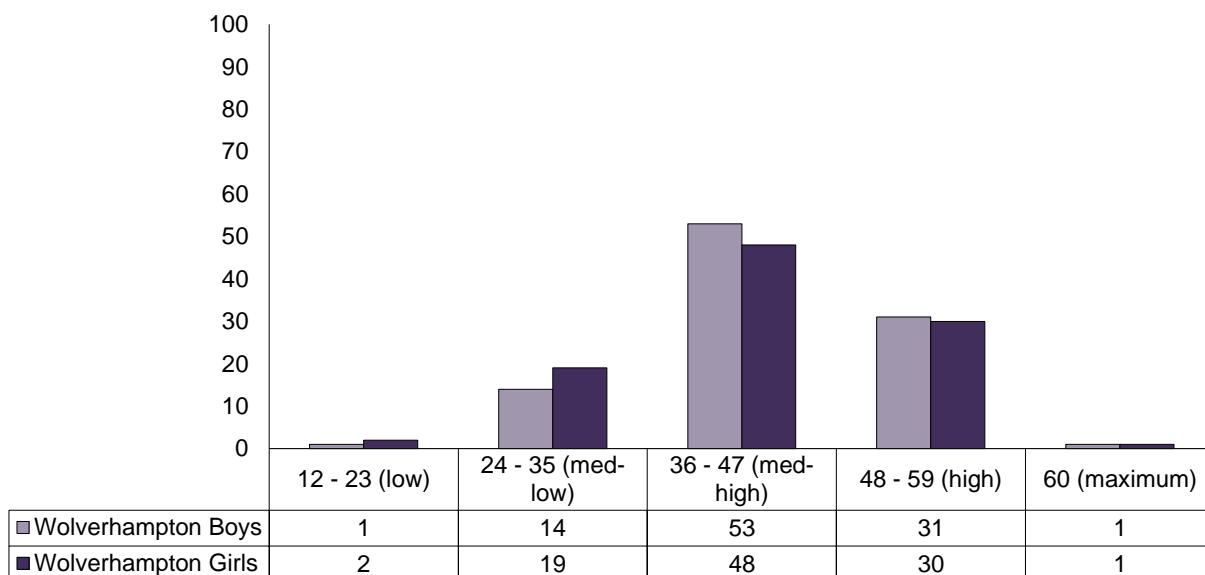
Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	30	24	17
Girls	34	30	21

2% of pupils scored exactly 15/15 on the Social Desirability Scale.

Combined Score

Q5. Stirling Children's Wellbeing Scale: Combined Score:



9% of pupils had a score of 12 – 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.

Q5. Percentage with a score 12 – 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	7	5	8
Girls	6	8	13

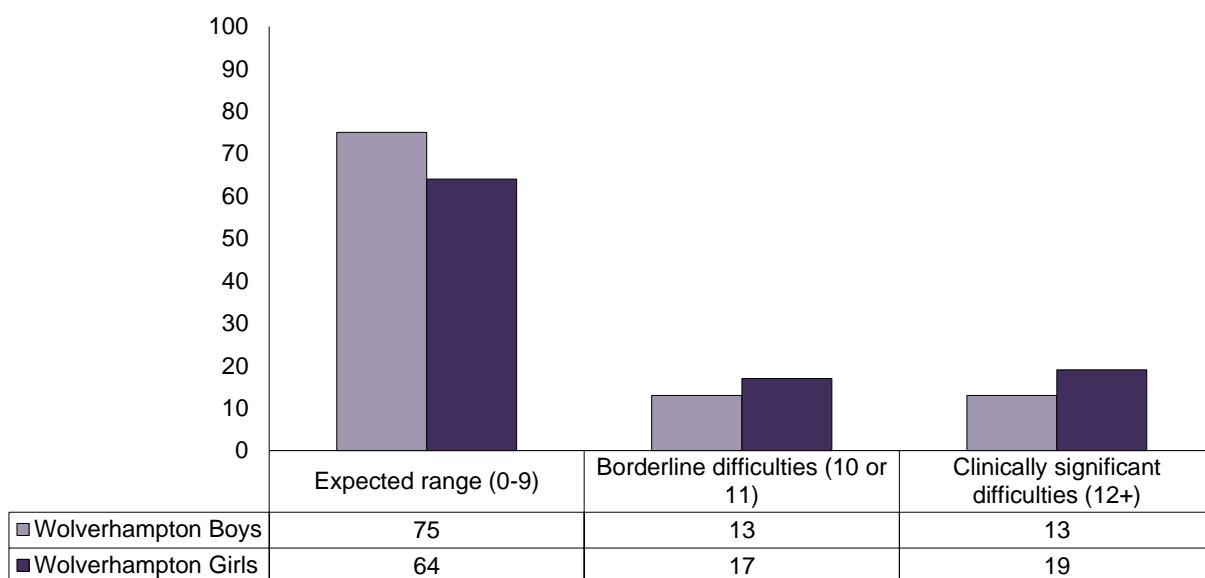
31% of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

Q5. Percentage with a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	37	33	28
Girls	36	41	25

Feelings and emotions

Q6. Emotional Difficulties subscale:

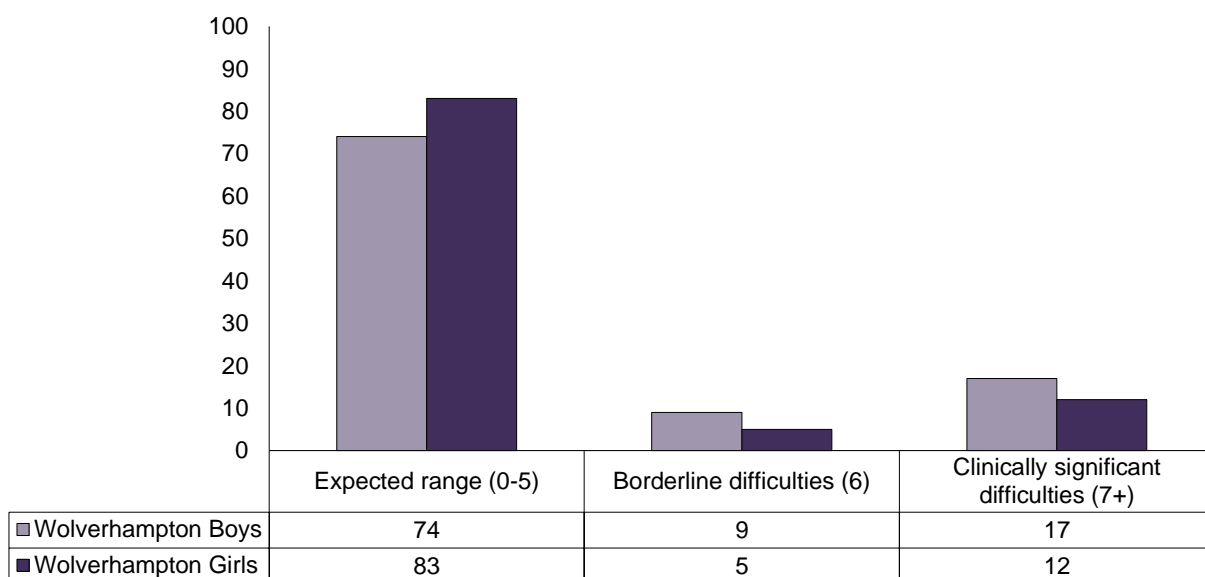


16% of pupils scored 12 or higher on the Emotional Difficulties subscale, indicating clinically significant difficulties; 15% scored 10 or 11 (borderline difficulties).

Q6. Percentage with a score of 12 or higher on the Emotional Difficulties subscale, indicating clinically significant difficulties.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	12	14	13
Girls	18	19	20

Q6. Behavioural Difficulties subscale:



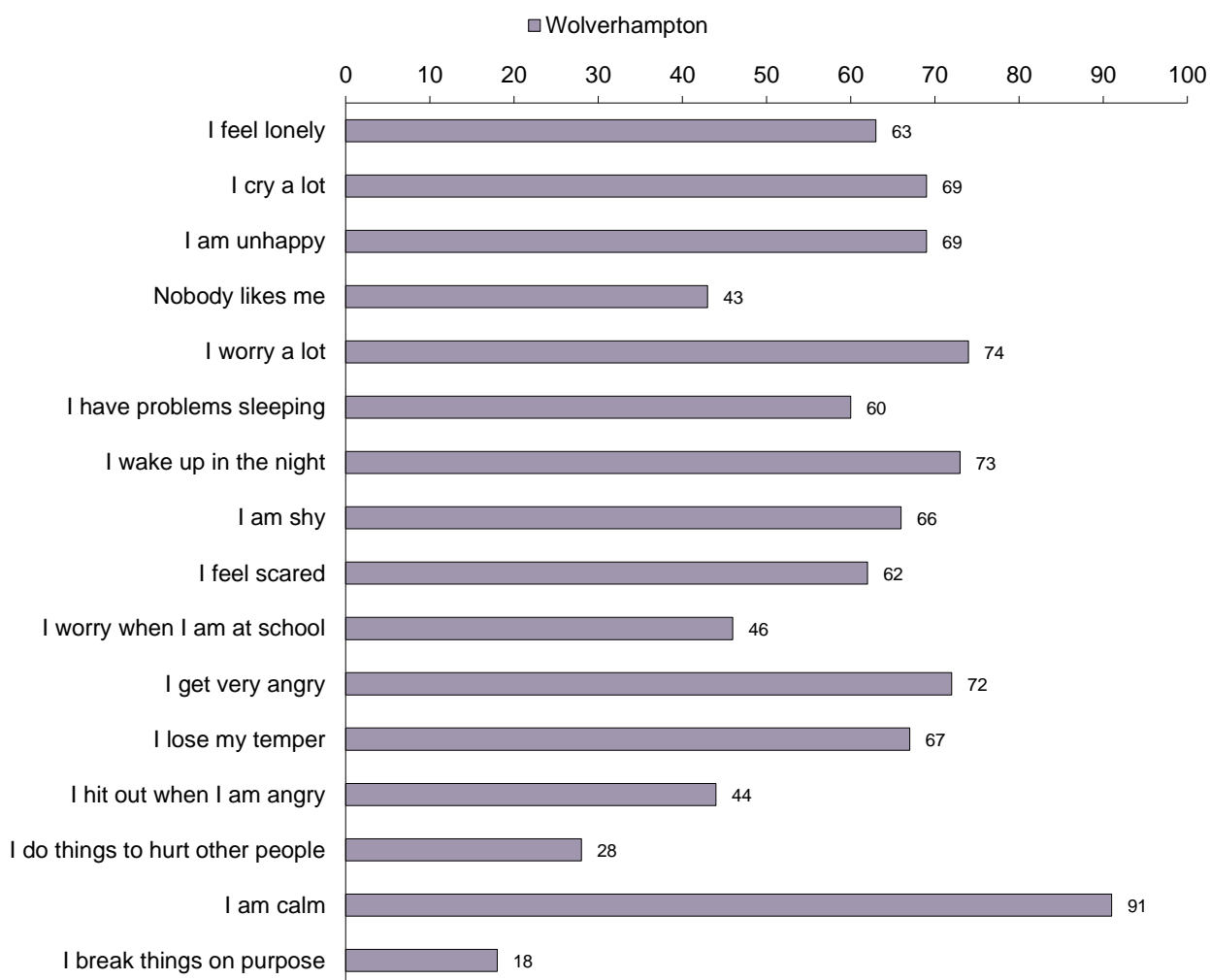
15% of pupils scored 7 or higher on the Behavioural Difficulties subscale, indicating clinically significant difficulties; 7% scored 6 (borderline difficulties).

Q6. Percentage with a score of 7 or higher on the Behavioural Difficulties subscale, indicating clinically significant difficulties.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	18	16	16
Girls	9	15	13

63% of pupils said they at least 'sometimes' feel lonely and 69% feel unhappy.

Q6. Percentage of pupils responding that they at least 'sometimes' feel the following:



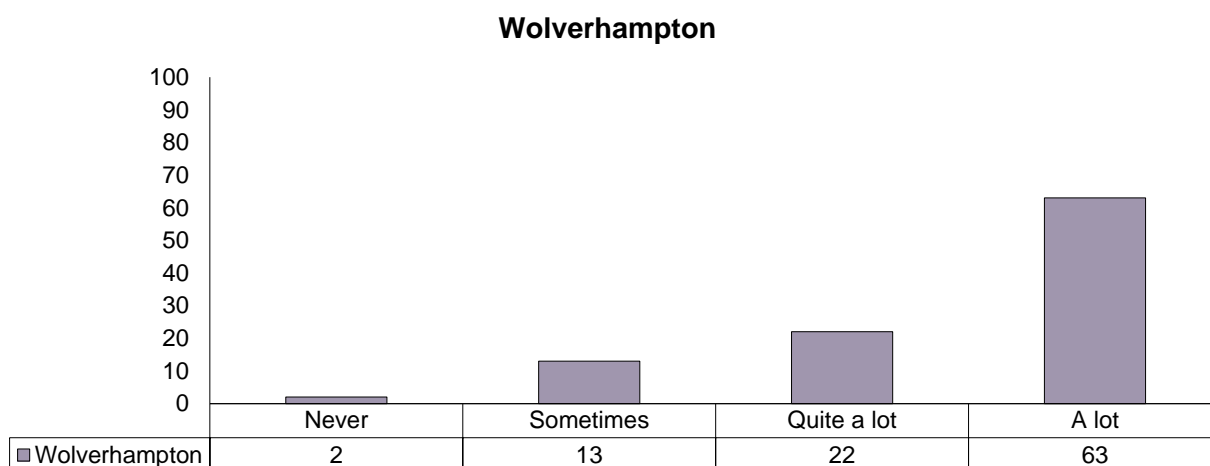
91% of pupils said they at least 'sometimes' feel calm and 60% have problems sleeping.

Q6. Percentage of pupils responding that they at least 'sometimes' feel the following (top 10):

Boys			Girls		
1	I am calm	90	1	I am calm	93
2	I get very angry	75	2	I worry a lot	80
3	I wake up in the night	74	3	I cry a lot	76
4	I lose my temper	71	4	I wake up in the night	72
5	I worry a lot	68	5	I am shy	72
6	I am unhappy	67	6	I am unhappy	71
7	I cry a lot	61	7	I get very angry	69
8	I am shy	60	8	I feel lonely	69
9	I feel lonely	58	9	I feel scared	67
10	I have problems sleeping	58	10	I lose my temper	62

Worrying

Q7. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



85% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'; 22% of boys and 26% of girls said they worry about more than 5 of them.

Q7. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

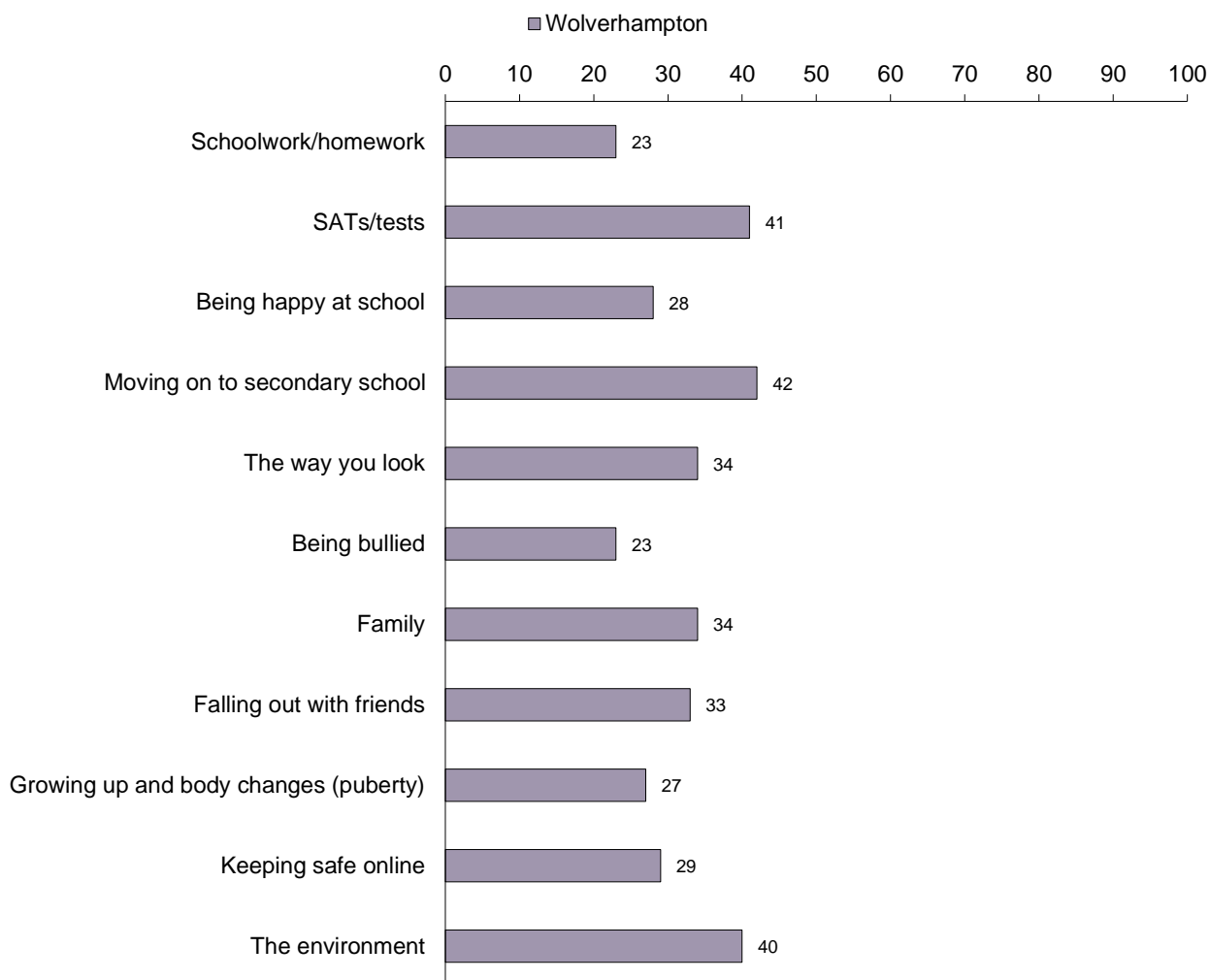
	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	85	84	79
Girls	91	86	88

23% of pupils responded that they worry about schoolwork/homework 'quite a lot' or 'a lot', while 33% worry about falling out with friends.

Q7. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':

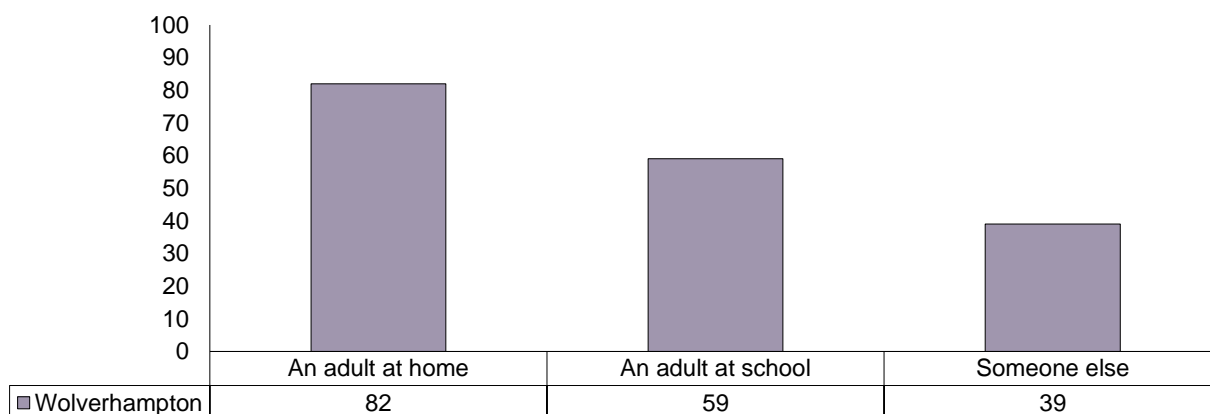
Boys			Girls		
1	The environment	40	1	Moving on to secondary school	46
2	Moving on to secondary school	39	2	SATs/tests	45
3	SATs/tests	38	3	Falling out with friends	40
4	Family	35	4	The way you look	39
5	Keeping safe online	29	5	The environment	39
6	Being happy at school	29	6	Growing up and body changes (puberty)	33
7	The way you look	29	7	Family	32
8	Falling out with friends	26	8	Keeping safe online	28
9	Schoolwork/homework	22	9	Being happy at school	27
10	Growing up and body changes (puberty)	22	10	Being bullied	25

Q7. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Q8. If you were worried about something, do you know an adult, or someone else you trust that you could talk to about this?

Wolverhampton



82% of pupils said they know an adult at home who they could talk to if they were worried about something, while 7% said they don't.

Q8. Percentage answering that they know an adult at home who they could talk to if they were worried about something.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	84	84	83
Girls	82	86	79

59% of pupils said they know an adult at school who they could talk to if they were worried about something, while 14% said they don't.

Q8. Percentage answering that they know an adult at school who they could talk to if they were worried about something.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	66	61	53
Girls	66	59	54

90% of pupils said they know someone who they could talk to if they were worried about something, while 3% said they don't.

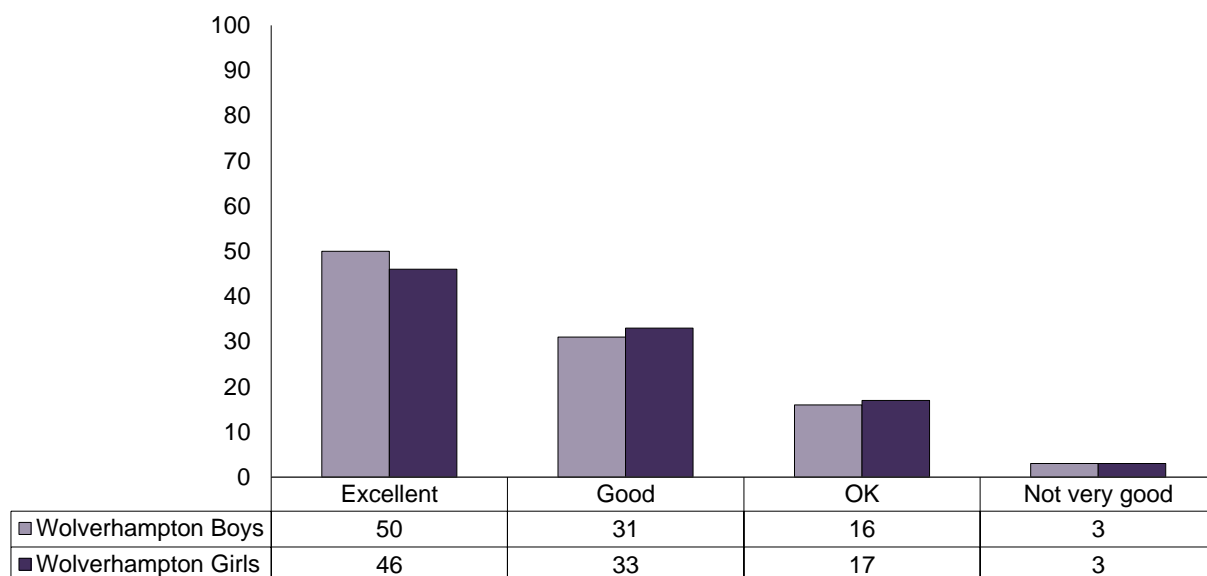
Q8. Percentage answering that they know someone who they could talk to if they were worried about something.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	90	91	89
Girls	89	93	89

Safety

Personal safety

Q9a. How do you rate your safety going to and from school?



80% of pupils responded that they rate their safety going to and from school as 'good' or 'excellent'.

Q9a. Percentage answering that they rate their safety going to and from school as 'good' or 'excellent'.

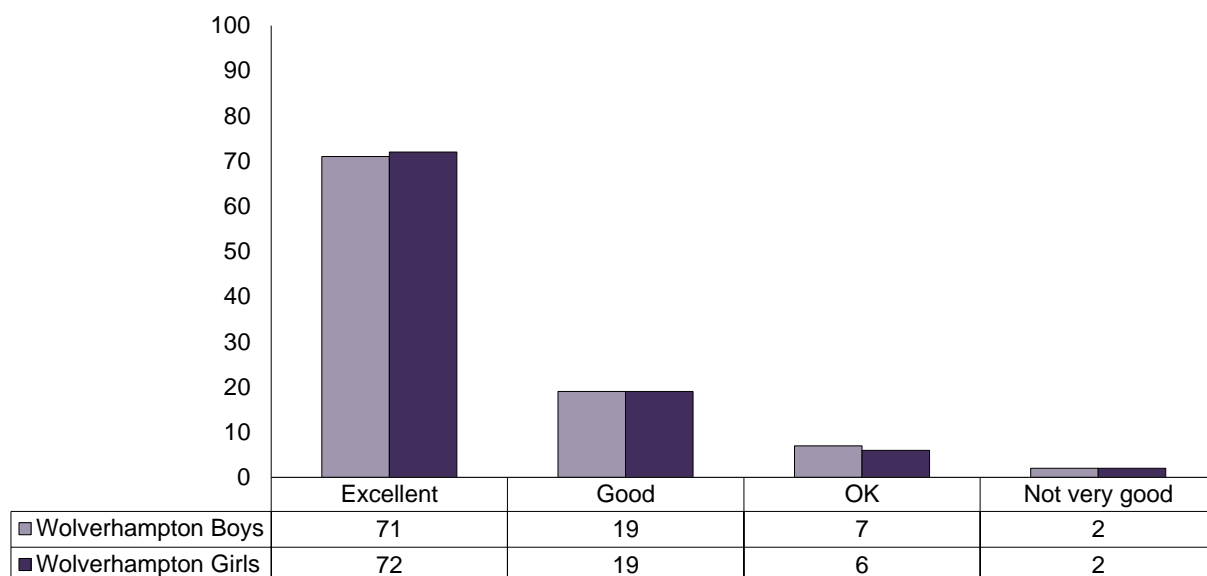
	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	81	82	83
Girls	76	81	82

3% of pupils responded that they rate their safety going to and from school as 'not very good'.

Q9a. Percentage answering that they rate their safety going to and from school as 'not very good'.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	3	3	2
Girls	4	5	2

Q9b. How do you rate your safety at home?



91% of pupils responded that they rate their safety at home as 'good' or 'excellent'.

Q9b. Percentage answering that they rate their safety at home as 'good' or 'excellent'.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	89	93	91
Girls	91	91	92

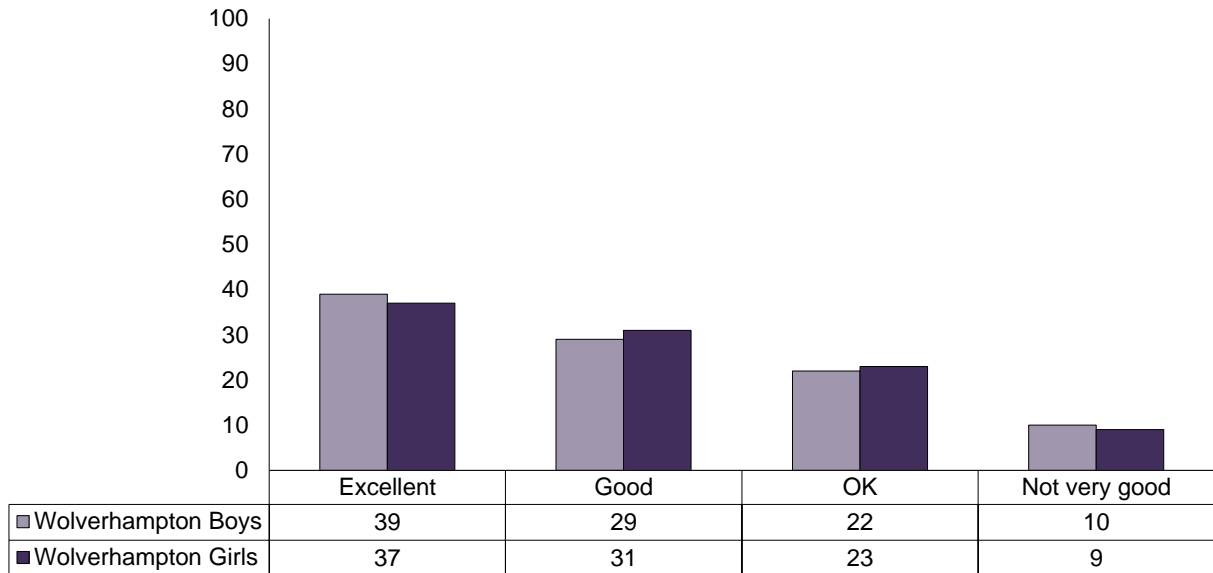
2% of pupils responded that they rate their safety at home as 'not very good'.

Q9b. Percentage answering that they rate their safety at home as 'not very good'.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	3	2	1
Girls	3	2	1

Q9c. How do you rate your safety near where you live?



68% of pupils responded that they rate their safety near where they live as 'good' or 'excellent'.

Q9c. Percentage answering that they rate their safety near where they live as 'good' or 'excellent'.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	68	66	69
Girls	66	69	69

10% of pupils responded that they rate their safety near where they live as 'not very good'.

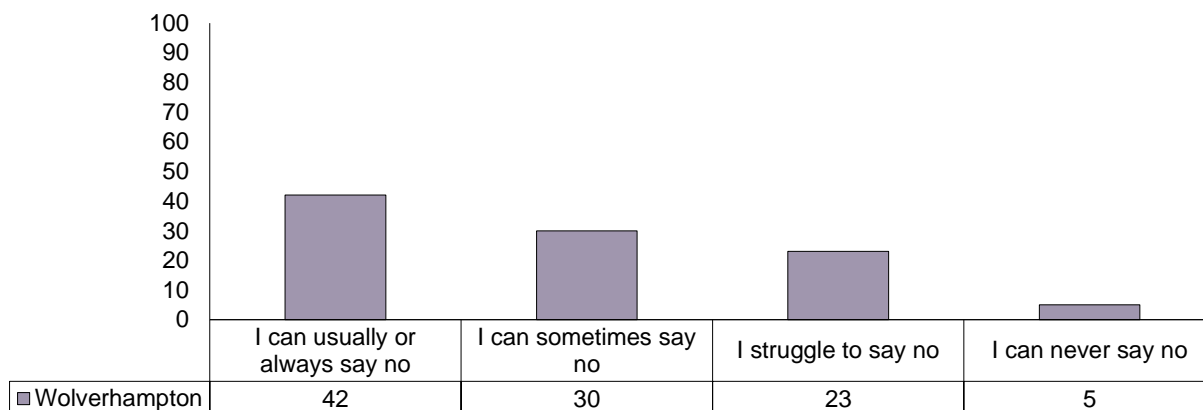
Q9c. Percentage answering that they rate their safety near where they live as 'not very good'.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	11	11	9
Girls	9	9	9

Peer pressure

Q10. When a friend wants me to do something I don't want to do...

Wolverhampton



42% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q10. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	39	48	51
Girls	36	34	43

28% of pupils responded that they 'struggle to say no' or 'can never say no' when a friend wants them to do something they don't want to do.

Q10. Percentage answering that they 'struggle to say no' or 'can never say no' when a friend wants them to do something they don't want to do.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	33	21	17
Girls	33	37	28

Bullying

22% of pupils responded that they have been bullied online, while 17% said they are 'not sure'.

Q11. Percentage answering that they have been bullied online.

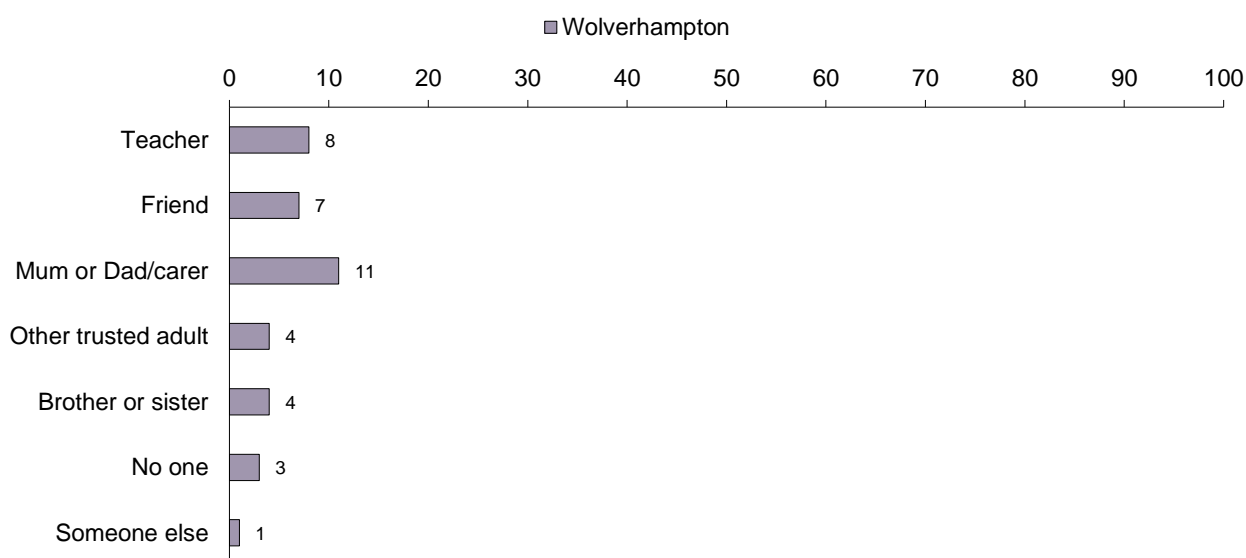
	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	23	20	22
Girls	21	19	22

18% of pupils responded that they have been bullied in school in the last 6 months, while 20% said they are 'not sure'.

Q12. Percentage answering that they have been bullied in school in the last 6 months

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	20	19	16
Girls	19	20	17

Q13. Percentage of pupils responding that they have been bullied in school in the last 6 months and told the following about it:



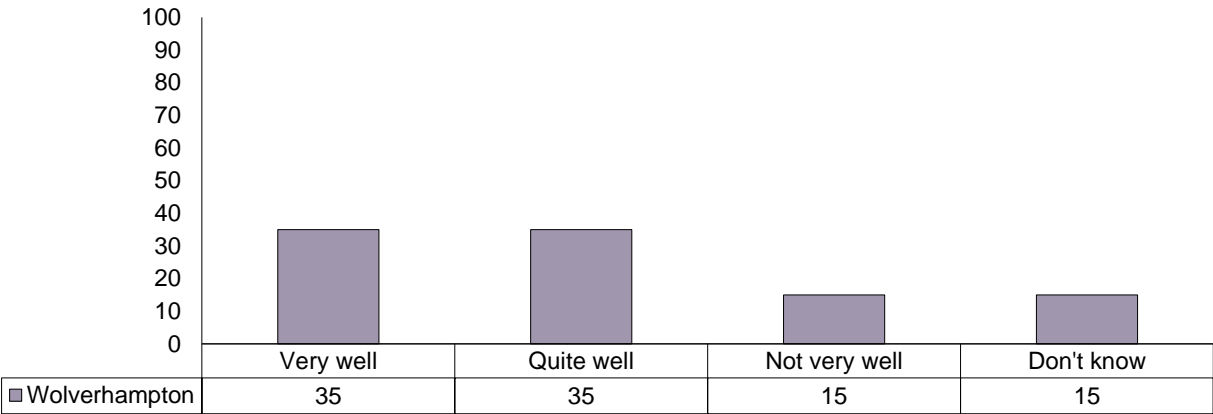
8% of pupils responded that they have been bullied in school in the last 6 months and told their teacher about it, while 3% said they didn't tell anyone.

Q13. Percentage of pupils responding that they have been bullied in school in the last 6 months and told the following about it:

Boys		Girls	
1	Mum or Dad/carers	11	1
2	Teacher	8	2
3	Friend	7	3
4	Other trusted adult	4	4
5	Brother or sister	3	5
6	No one	3	6

Q14. How well does your school deal with bullying?

Wolverhampton



35% of pupils responded that their school deals with bullying 'very well'.

Q14. Percentage answering that their school deals with bullying 'very well'.

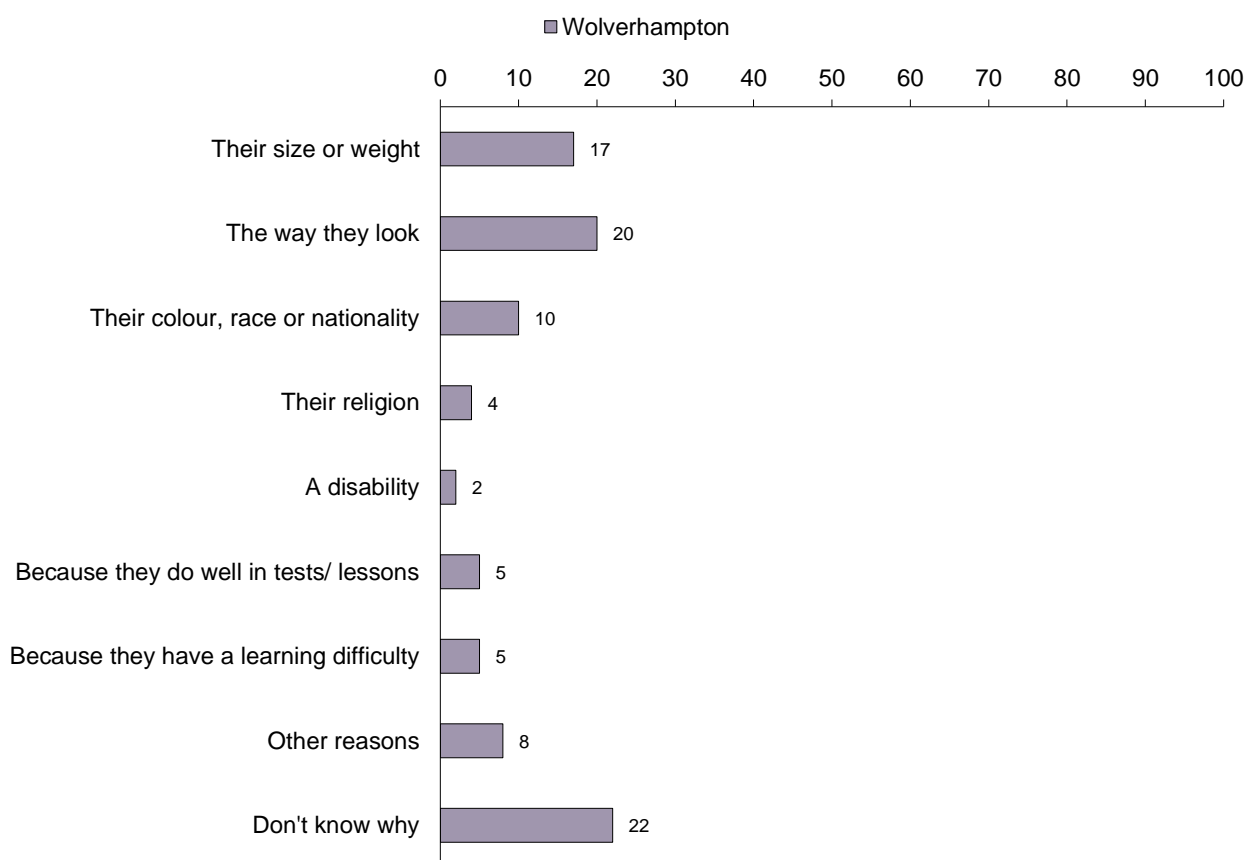
	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	41	42	28
Girls	42	39	28

15% of pupils responded that their school deals with bullying 'not very well'.

Q14. Percentage answering that their school deals with bullying 'not very well'.

	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	11	16	21
Girls	9	13	17

Q15. Percentage of pupils responding that they think they have been picked on or bullied because of the following reason:



17% of pupils responded that they think they have been picked on or bullied because of their size or weight, while 5% said that it was because they do well in tests/lessons.

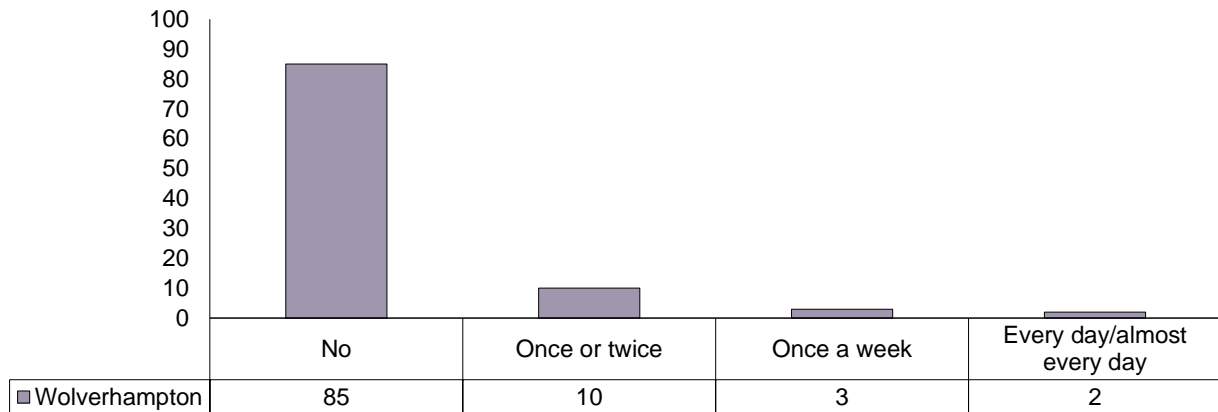
Q15. Percentage of pupils responding that they think they have been picked on or bullied because of the following reason (top 5):

Boys			Girls		
1	Don't know why	20	1	The way they look	25
2	The way they look	16	2	Don't know why	24
3	Their size or weight	15	3	Their size or weight	18
4	Their colour, race or nationality	10	4	Their colour, race or nationality	9
5	Other reasons	7	5	Other reasons	8

Home safety

Q16. Has there been any violence between adults (e.g. hitting, punching) at home in the last month that frightened you?

Wolverhampton



15% of pupils responded that there was violence between adults at home at least 'once or twice' in the month before the survey that frightened them; 5% said it happened at least 'once a week'.

Q16. Percentage answering that there was violence between adults at home at least 'once or twice' in the month before the survey that frightened them.

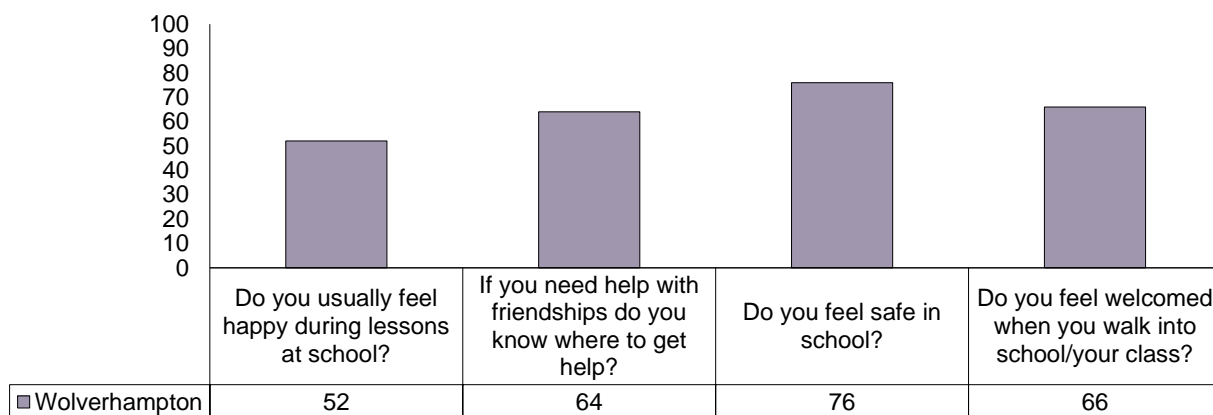
	Wolverhampton		
	Yr 4	Yr 5	Yr 6
Boys	24	17	12
Girls	14	11	9

School

Happiness at school

Q17. Percentage of pupils responding 'yes' to the following questions about being happy at school:

Wolverhampton



52% of pupils responded that they usually feel happy during lessons at school, while 15% said they aren't.

Q17. Percentage answering that they usually feel happy during lessons at school.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	57	57	46
Girls	60	55	45

64% of pupils responded that they know where to get help if they need help with friendships, while 14% said they don't.

Q17. Percentage answering that they know where to get help if they need help with relationships.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	68	66	63
Girls	65	63	64

76% of pupils responded that they feel safe in school, while 5% said they don't.

Q17. Percentage answering that they feel safe in school.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	78	77	73
Girls	80	79	74

66% of pupils responded that they feel welcomed when they walk into school/their class, while 10% said they don't.

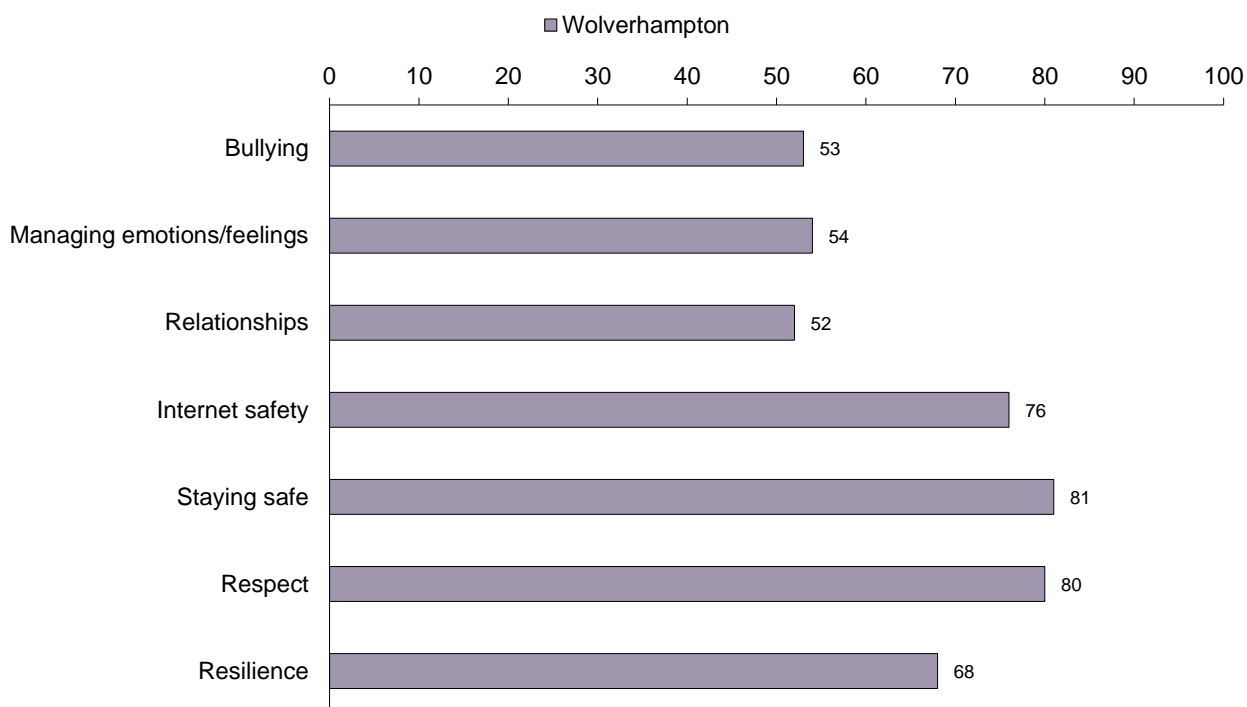
Q17. Percentage answering that they feel welcomed when they walk into school/their class.

Wolverhampton

	Yr 4	Yr 5	Yr 6
Boys	71	67	65
Girls	68	64	61

School lessons

Q18. Percentage of Year 5+ pupils responding that they found the information and advice they have been given in school about the following 'quite' or 'very' useful:

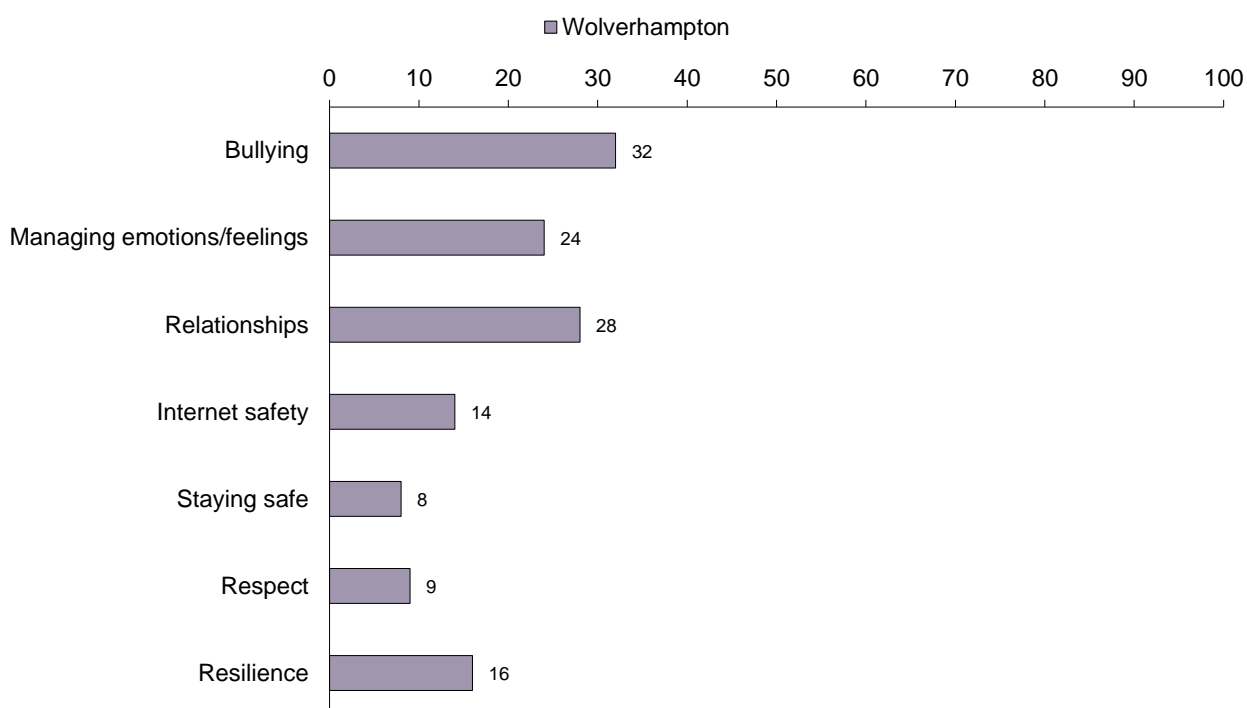


54% of Year 5+ pupils responded that they have found the information and advice they have been given in school about managing emotions/feelings 'quite' or 'very' useful, while 52% said the same of relationships.

Q18. Percentage of Year 5+ pupils responding that they found the information and advice they have been given in school about the following 'quite' or 'very' useful:

	Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	
Bullying	47	54	50	58	53
Managing emotions/feelings	59	58	54	53	54
Relationships	57	52	50	54	52
Internet safety	74	82	72	81	76
Staying safe	79	83	78	85	81
Respect	83	84	77	81	80
Resilience	68	69	68	68	68

Q18. Percentage of Year 5+ pupils responding that they either haven't had any information and advice about the following, or found it 'not useful':



14% of Year 5+ pupils responded that they have found the information and advice they have been given in school about bullying 'not useful'.

Q18. Percentage of Year 5+ pupils responding that they found the information and advice they have been given in school about the following 'not useful':

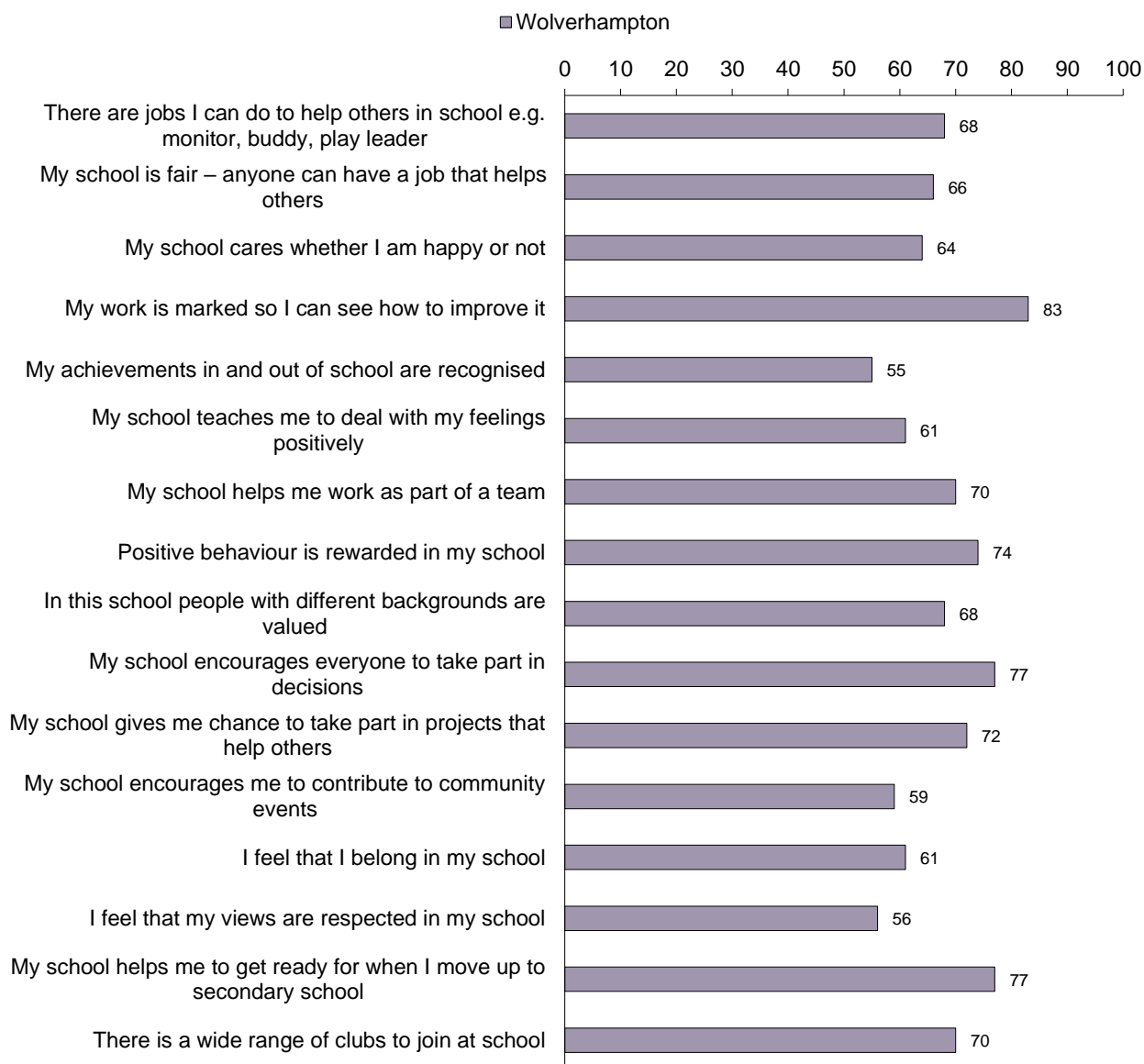
	Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	
Bullying	13	10	17	12	14
Managing emotions/feelings	12	11	15	16	14
Relationships	10	7	11	12	11
Internet safety	6	5	10	7	8
Staying safe	5	2	5	4	4
Respect	4	2	6	5	5
Resilience	6	4	7	8	7

18% of Year 5+ pupils responded that they haven't had any information and advice in school about bullying.

Q18. Percentage of Year 5+ pupils responding that they haven't had any information and advice about the following:

	Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	
Bullying	25	24	19	12	18
Managing emotions/feelings	14	13	10	6	10
Relationships	19	16	18	14	17
Internet safety	8	6	6	4	6
Staying safe	5	4	5	1	4
Respect	5	5	4	2	4
Resilience	10	11	9	6	8

Q19. Percentage of Year 5+ pupils responding that they 'agree' with the following statements:

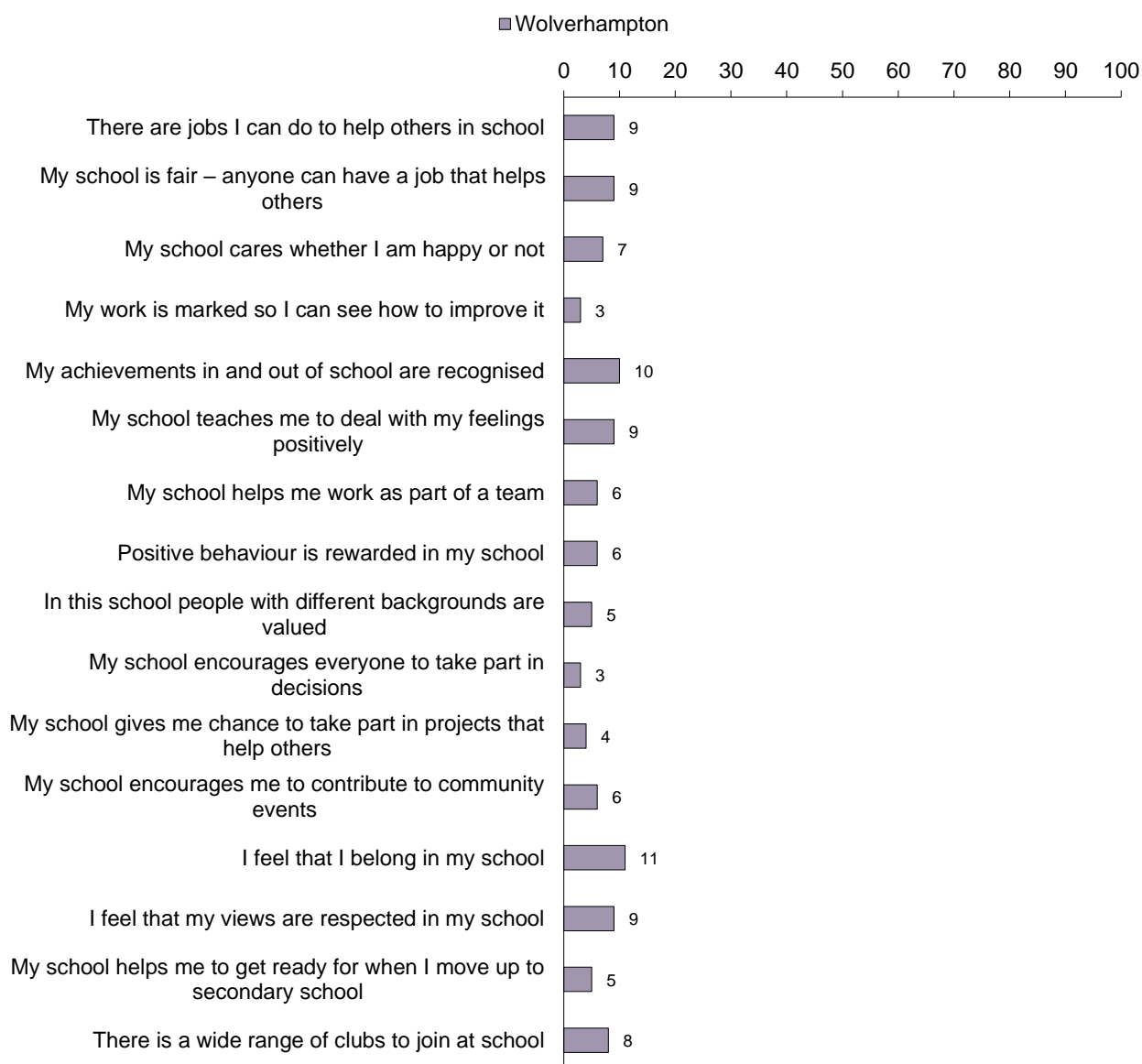


77% of Year 5+ pupils said their school encourages everyone to take part in decisions and 61% feel that they belong in their school.

Q19. Percentage of Year 5+ pupils responding that they 'agree' with the following statements:

	Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	
There are jobs I can do to help others in school	66	65	63	73	68
My school is fair – anyone can have a job that helps others	68	69	65	65	66
My school cares whether I am happy or not	66	71	61	64	64
My work is marked so I can see how to improve it	80	83	84	85	83
My achievements in and out of school are recognised	57	58	53	56	55
My school teaches me to deal with my feelings positively	64	68	60	60	61
My school helps me work as part of a team	71	75	68	71	70
Positive behaviour is rewarded in my school	77	75	73	76	74
In this school people with different backgrounds are valued	62	72	66	70	67
My school encourages everyone to take part in decisions	75	77	75	79	77
My school gives me chance to take part in projects that help others	73	76	70	71	72
My school encourages me to contribute to community events	57	61	60	58	59
I feel that I belong in my school	61	64	63	60	61
I feel that my views are respected in my school	67	60	53	53	56
My school helps me to get ready for when I move up to secondary school	72	73	77	80	77
There is a wide range of clubs to join at school	76	73	72	66	70

Q19. Percentage of Year 5+ pupils responding that they 'disagree' with the following statements:

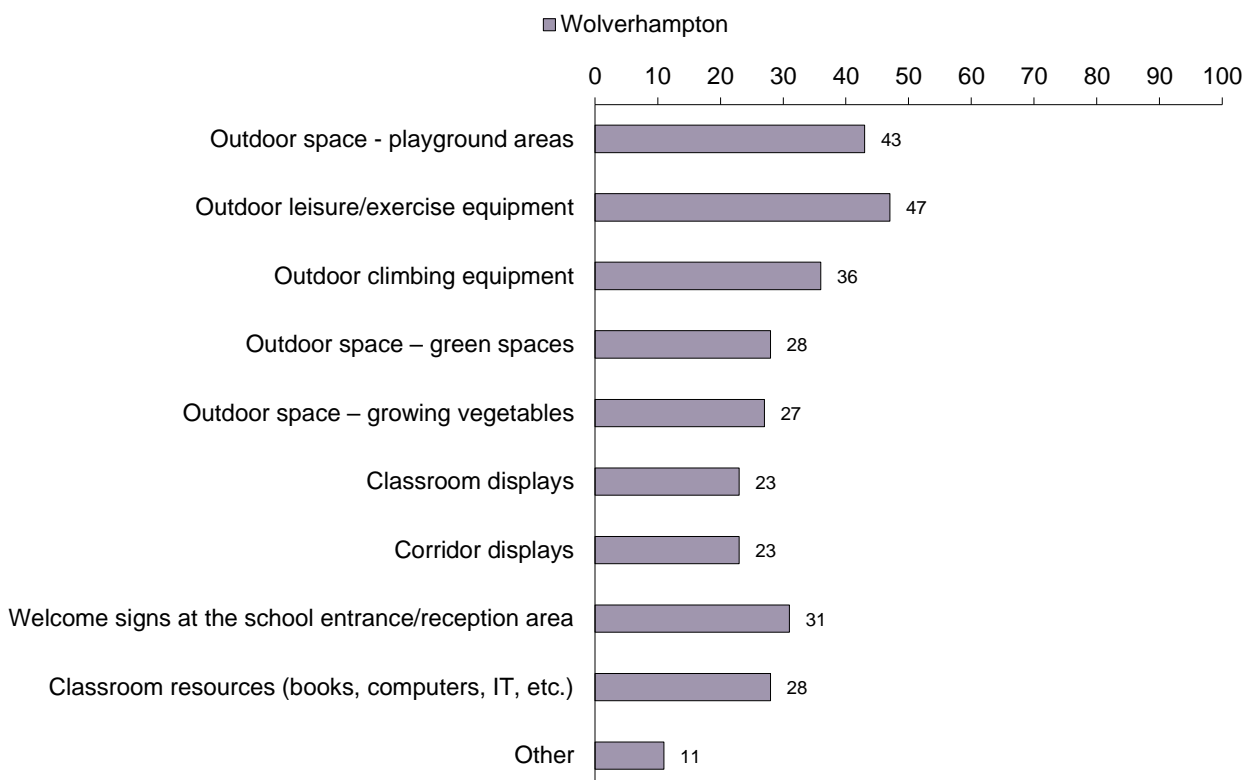


9% of Year 5+ pupils said their school doesn't teach them to deal with their feelings positively and 9% feel that their views aren't respected in their school.

Q19. Percentage of pupils responding that they 'disagree' with the following statements:

	Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	
There are jobs I can do to help others in school	11	7	13	5	9
My school is fair – anyone can have a job that helps others	10	5	10	7	9
My school cares whether I am happy or not	11	5	7	6	7
My work is marked so I can see how to improve it	3	3	2	2	3
My achievements in and out of school are recognised	8	5	12	9	10
My school teaches me to deal with my feelings positively	8	5	9	8	9
My school helps me work as part of a team	6	2	7	5	6
Positive behaviour is rewarded in my school	7	3	7	5	6
In this school people with different backgrounds are valued	8	1	5	3	5
My school encourages everyone to take part in decisions	4	1	5	3	3
My school gives me chance to take part in projects that help others	3	3	5	4	4
My school encourages me to contribute to community events	7	3	7	6	6
I feel that I belong in my school	9	11	11	11	11
I feel that my views are respected in my school	7	11	10	8	9
My school helps me to get ready for when I move up to secondary school	7	5	5	5	5
There is a wide range of clubs to join at school	5	5	9	8	8

Q20. Percentage of pupils responding that they would like to change the following in school to improve the school environment:



43% of pupils said they would like to change the outdoor space/playground areas in school to improve the school environment, while 28% would like to change classroom resources (books, computers, IT etc.).

Q20. Percentage of pupils responding that they would like to change the following in school to improve the school environment:

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Outdoor space - playground areas	47	38	41	41	47	41	43
Outdoor leisure/exercise equipment	45	44	43	45	51	48	47
Outdoor climbing equipment	35	33	33	39	34	40	36
Outdoor space – green spaces	28	26	31	31	28	25	28
Outdoor space – growing vegetables	25	27	30	31	25	30	27
Classroom displays	23	24	28	28	22	19	23
Corridor displays	22	22	29	26	23	20	23
Welcome signs at the school entrance/reception area	26	29	33	41	28	36	31
Classroom resources (books, computers, IT, etc.)	27	25	28	29	29	27	28
Other	11	14	10	9	11	11	11

Appendix 2: 2023/2022 Comparisons

Significant differences between Your School's 2023 and 2022 data

If your school surveyed in 2022 we have compared both sets of results to look for any changes in pupils' behaviour. Not all questions in the 2023 survey were also used in the 2022 survey. The following is a selection of questions that were identical in both surveys. The sample size in this table represents the numbers who surveyed in your school in 2023 and 2022.

Below we have listed some statistically significant differences between the data collected in 2023 and that collected in 2022.

	2023			2022		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	607	267	670	702	169	801
Girls	556	223	681	714	168	827

Sig	2023	2022	Question
↓***	54%	63%	of Year 5+ pupils responded that they have found the information and advice they have been given in school about managing emotions/feelings 'quite' or 'very' useful.
↓***	50%	57%	of pupils responded that they are 'happy' with their life at the moment.
↓***	35%	41%	of pupils responded that their school deals with bullying 'very well'.
↓***	48%	53%	of pupils responding that they have been feeling or thinking that good things will happen in their life at least 'quite a lot of the time' over the past couple of weeks.
↓***	22%	26%	of pupils responded that they have been bullied online.
↓***	8%	10%	of pupils responded that they have been bullied in school in the last 6 months and told their teacher about it.
↓***	32%	36%	of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.
↑***	91%	89%	of pupils said they at least 'sometimes' feel calm.
↑***	17%	14%	of pupils responded that they think they have been picked on or bullied because of their size or weight.
↑***	2%	1%	of pupils responded that they live 'mainly or only' with their Dad.
↑***	15%	13%	of pupils scored 7 or higher on the Behavioural Difficulties subscale, indicating clinically significant difficulties.
↓*	25%	28%	of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.
↓*	23%	25%	of pupils responded that they worry about schoolwork/homework 'quite a lot' or 'a lot'.
↓*	32%	35%	of Year 5+ pupils responded that they either haven't had any information and advice in school about bullying, or they found it 'not useful'.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Appendix 3: 2023/2022 Headline Trends

	2023			2022		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	607	267	670	702	169	801
Girls	556	223	681	714	168	827

Your School's data for 2023 compared with your 2022 data in brackets; see notes on interpreting differences.

Background

HOME LIFE

- ❑ 68% (70%) of pupils responded that they live with their Mum and Dad together.
- ❑ 16% (17%) of pupils responded that they live 'mainly or only' with their Mum, while 2% (1%) said they live 'mainly or only' with their Dad.

YOUNG CARERS

- ❑ 18% (18%) of pupils responded that they regularly help to look after someone in their family because they are disabled, ill or are not able to look after themselves, while 30% (28%) said 'no, but I help my parents/carers to look after my brothers/sisters regularly'.
- ❑ 8% (6%) of pupils responded that they look after someone at home and their school knows they do, while 29% (29%) said they are 'not sure'.
- ❑ Of the 1491 (1594) pupils who said they regularly help to look after someone at home, 17% (14%) said their school knows they do.

ETHNICITY

- ❑ 38% (39%) of pupils responded that they are White British.

Emotional Health and Wellbeing

HAPPINESS

- ❑ 50% (57%) of pupils responded that they are 'happy' with their life at the moment, while 36% (28%) said they are 'OK'.
- ❑ 6% (7%) of pupils responded that they are 'unhappy' with their life at the moment.

SCWBS

- ❑ 48% (53%) of pupils responding that they have been feeling or thinking that good things will happen in their life at least 'quite a lot of the time' over the past couple of weeks.
- ❑ 21% (21%) of pupils responded that, over the past couple of weeks, they have been feeling relaxed 'not much of the time' or 'never'.
- ❑ 16% (18%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.
- ❑ 40% (41%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.
- ❑ 22% (23%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.
- ❑ 32% (36%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

- ❑ 15% (16%) of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.
- ❑ 25% (28%) of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.
- ❑ 2% (4%) of pupils scored exactly 15/15 on the Social Desirability Scale.
- ❑ 9% (10%) of pupils had a score of 12 – 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.
- ❑ 31% (35%) of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

FEELING AND EMOTIONS

- ❑ 16% (16%) of pupils scored 12 or higher on the Emotional Difficulties subscale, indicating clinically significant difficulties; 15% (14%) scored 10 or 11 (borderline difficulties).
- ❑ 15% (13%) of pupils scored 7 or higher on the Behavioural Difficulties subscale, indicating clinically significant difficulties; 7% (7%) scored 6 (borderline difficulties).
- ❑ 63% (63%) of pupils said they at least 'sometimes' feel lonely and 69% (63%) feel unhappy.
- ❑ 91% (89%) of pupils said they at least 'sometimes' feel calm and 60% (60%) have problems sleeping.

WORRYING

- ❑ 85% (89%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'; 22% (38%) of boys and 26% (48%) of girls said they worry about more than 5 of them.
- ❑ 23% (25%) of pupils responded that they worry about schoolwork/homework 'quite a lot' or 'a lot', while 33% (34%) worry about falling out with friends.

Safety

PERSONAL SAFETY

- ❑ 80% (79%) of pupils responded that they rate their safety going to and from school as 'good' or 'excellent'.
- ❑ 3% (4%) of pupils responded that they rate their safety going to and from school as 'not very good'.
- ❑ 91% (90%) of pupils responded that they rate their safety at home as 'good' or 'excellent'.
- ❑ 2% (2%) of pupils responded that they rate their safety at home as 'not very good'.
- ❑ 68% (69%) of pupils responded that they rate their safety near where they live as 'good' or 'excellent'.
- ❑ 10% (9%) of pupils responded that they rate their safety near where they live as 'not very good'.

PEER PRESSURE

- ❑ 42% (43%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 28% (30%) of pupils responded that they 'struggle to say no' or 'can never say no' when a friend wants them to do something they don't want to do.

BULLYING

- ❑ 22% (26%) of pupils responded that they have been bullied online, while 17% (17%) said they are 'not sure'.
- ❑ 18% (18%) of pupils responded that they have been bullied in school in the last 6 months, while 20% (18%) said they are 'not sure'.
- ❑ 8% (10%) of pupils responded that they have been bullied in school in the last 6 months and told their teacher about it, while 3% (12%) said they didn't tell anyone.
- ❑ 35% (41%) of pupils responded that their school deals with bullying 'very well'.
- ❑ 15% (14%) of pupils responded that their school deals with bullying 'not very well'.
- ❑ 17% (14%) of pupils responded that they think they have been picked on or bullied because of their

size or weight, while 5% (6%) said that it was because they do well in tests/lessons.

HOME SAFETY

- ❑ 15% (14%) of pupils responded that there was violence between adults at home at least 'once or twice' in the month before the survey that frightened them; 5% (4%) said it happened at least 'once a week'.

School

SCHOOL LESSONS

- ❑ 54% (63%) of Year 5+ pupils responded that they have found the information and advice they have been given in school about managing emotions/feelings 'quite' or 'very' useful.
- ❑ 14% (9%) of Year 5+ pupils responded that they have found the information and advice they have been given in school about bullying 'not useful'.
- ❑ 18% (25%) of Year 5+ pupils responded that they haven't had any information and advice in school about bullying.
- ❑ 77% (74%) of Year 5+ pupils said their school encourages everyone to take part in decisions.
- ❑ 9% (8%) of Year 5+ pupils said their school doesn't teach them to deal with their feelings positively.

Year 4 Inequalities Analysis

The table below shows percentages for selected criteria for the whole year group sample and selected sub-samples of young people who may be vulnerable.

The table shows significance testing; the tests were performed using actual numbers of respondents for each criterion, not the overall sample size shown.

No correction has been attempted for multiple comparisons, so we could expect 1 in 20 cells to show an apparently significant difference by chance alone. However, there are 96 cells, 34 of which show a significant result, 18 at $p < 0.01$; this greatly exceeds expectations.

Significant differences are shown in green if desirable, orange if undesirable

99	99	$p < 0.05$	Green=Higher on a positive criterion or lower on a negative one
99	99	$p < 0.01$	Orange=Lower on a positive criterion or higher on a negative one

	All	Girls	Single-parent family	Young carer	Most deprived quintile	White British	White non-British	Mixed	Black	Asian	Middle East/West Asian	Had help completing the survey
Sample	1,203	556	204	253	263	475	44	118	153	215	60	59
Happy with their life	51	53	45	48	51	54	57	51	40	52	53	61
Have been in a good mood at least quite a lot of the time over the past couple of weeks	53	55	49	46	49	56	43	53	47	52	64	51
At least sometimes feel lonely	62	69	68	69	64	61	75	63	64	61	59	77
At least sometimes feel like nobody likes them	40	41	48	46	41	35	48	47	42	42	33	46
At least sometimes worry a lot	73	78	76	75	77	76	70	69	81	69	64	75
At least sometimes get very angry	72	68	77	76	73	71	77	75	79	70	55	79
At least sometimes lose their temper	66	59	70	63	63	67	70	71	71	57	57	66
At least sometimes do things to hurt other people	27	18	34	28	30	27	27	27	32	25	24	41
At least sometimes break things on purpose	17	13	18	21	20	15	23	18	17	20	21	18
Scored 12+ on the 'Me & My Feelings' emotional difficulties subscale (clinically significant difficulties)	15	18	20	17	19	15	19	13	17	14	9	15
Scored 7+ on the 'Me & My Feelings' behavioural difficulties subscale (clinically significant difficulties)	14	9	18	17	16	14	7	12	15	13	18	20
Worry at least quite a lot about growing up and body changes (puberty)	32	36	37	39	39	31	35	26	36	30	33	36
Worry at least quite a lot about more than 5 listed items	28	27	31	36	36	26	30	24	28	30	32	31
If they were worried they have someone (at home/school/elsewhere) that they trust to talk with about it	90	89	92	91	88	90	89	89	89	89	95	89
Rate their safety at home as good/excellent	90	91	86	86	88	91	86	89	85	89	93	91
Rate their safety near where they live as not very good	11	9	15	13	9	10	18	9	12	7	11	18
Can usually or always say no when a friend wants them to do something they don't want to do	37	36	42	31	37	38	35	45	47	29	35	35
Ever bullied online	23	21	25	28	23	21	39	22	25	17	22	31
Bullied in school in the last 6 months	20	19	20	23	23	18	34	28	19	19	20	26
School deals with bullying not very well	11	9	16	11	11	10	9	15	15	8	4	11
Have been bullied because of the way they look	15	16	19	16	16	11	34	17	17	13	20	12
Have been bullied because of their colour, race or nationality	8	6	12	8	12	2	5	17	16	9	10	6

Year 6 Inequalities Analysis

The table below shows percentages for selected criteria for the whole year group sample and selected sub-samples of young people who may be vulnerable.

The table shows significance testing; the tests were performed using actual numbers of respondents for each criterion, not the overall sample size shown.

No correction has been attempted for multiple comparisons, so we could expect 1 in 20 cells to show an apparently significant difference by chance alone. However, there are 96 cells, 34 of which show a significant result, 18 at $p < 0.01$; this greatly exceeds expectations.

Significant differences are shown in green if desirable, orange if undesirable

99	99	$p < 0.05$	Green=Higher on a positive criterion or lower on a negative one
99	99	$p < 0.01$	Orange=Lower on a positive criterion or higher on a negative one

	All	Girls	SPF	Young carer	Most deprived quintile	White British	White non-British	Mixed	Black	Asian	Middle East/West Asian	Had help completing the survey
Sample	1,390	681	276	223	403	512	92	168	206	267	34	28
Happy with their life	47	47	41	42	46	48	45	45	46	52	53	63
Have been thinking good things will happen in their life at least quite a lot of the time over the past couple of weeks	44	44	40	39	45	41	43	45	53	46	44	39
High or maximum score (48 - 60) on the Stirling Children's Wellbeing Scale	26	25	24	23	28	24	20	28	30	30	34	32
At least sometimes feel lonely	64	68	66	67	66	69	66	61	60	58	68	75
At least sometimes feel like nobody likes them	47	50	49	55	49	48	51	46	49	41	41	57
At least sometimes worry a lot	75	82	78	76	73	80	71	75	71	71	68	75
At least sometimes get very angry	73	69	75	78	74	73	75	75	69	70	76	57
At least sometimes lose their temper	70	66	71	76	69	74	76	72	66	63	65	54
At least sometimes do things to hurt other people	29	22	30	29	32	28	35	34	28	22	24	11
At least sometimes break things on purpose	19	16	25	19	22	16	23	24	23	17	15	21
Scored 12+ on the 'Me & My Feelings' emotional difficulties subscale (clinically significant difficulties)	17	20	21	22	21	18	14	20	18	10	12	31
Scored 7+ on the 'Me & My Feelings' behavioural difficulties subscale (clinically significant difficulties)	15	13	18	15	17	14	19	22	15	11	12	16
Worry at least quite a lot about growing up and body changes (puberty)	22	28	26	27	23	21	24	24	19	21	24	19
Worry at least quite a lot about more than 5 listed items	19	22	20	25	19	19	18	24	20	16	18	22
If they were worried they have someone (at home/school/elsewhere) that they trust to talk with about it	89	89	87	90	89	91	98	85	84	91	74	78
Rate their safety at home as good/excellent	91	92	91	88	90	93	92	89	89	92	91	89
Rate their safety near where they live as good/excellent	69	69	70	63	65	68	68	69	69	72	59	56
Can usually or always say no when a friend wants them to do something they don't want to do	47	43	50	39	52	44	48	50	49	48	44	23
Ever bullied online	22	22	32	31	22	22	19	30	21	16	18	33
Bullied in school in the last 6 months	17	17	16	21	16	18	15	17	16	14	9	15
School deals with bullying not very well	19	17	24	22	17	15	24	22	24	18	26	11
Have been bullied because of the way they look	25	30	26	29	28	22	29	35	28	19	22	26
Have been bullied because of their colour, race or nationality	11	11	18	13	12	3	8	19	27	12	6	0

Appendix 4: Signposting for pupils

At the end of the survey pupils were given the following suggestions for support if they had any concerns after completing the questionnaire:

- You could speak to an adult you trust, like your parents/carers or a teacher. Your school nurse may also be able to help you - ask your teacher for more details.
- If you want to speak to someone about something that is worrying you, you can call Childline on 0800 1111 or visit their website: www.childline.org.uk
- If you want more information about healthy eating or keeping fit for you or your family you can visit www.change4life.co.uk
- [If you want more information on bullying the](#) Anti-bullying Alliance is working together to stop bullying: www.anti-bullyingalliance.org.uk
- For Internet safety: www.thinkuknow.co.uk Keeping yourself safe and keeping the internet fun for you and your friends.

Appendix 5: List of Questions

Page no.:

1. Which adults do you live with?	8
2a. Do you regularly help to look after someone in your family because they are disabled, ill or are not able to look after themselves?	9
2b. Does your school know you look after someone at home?	9
3. Which of these groups would you consider yourself?	9
4. How happy are you with your life at the moment?	10
5. The Stirling Children's Wellbeing Scale.....	11
41. These questions are about how you feel.....	16
7. How often do you worry about the issues listed below?	18
8. If you were worried about something, do you know an adult, or someone else you trust that you could talk to about this?	20
44. How do you rate the following?	21
10. When a friend wants me to do something I don't want to do.....	24
11. Have you ever been bullied online (cyberbullying)?	25
12. Have you been bullied in school in the last 6 months?	25
13. If yes, did you tell anyone about it?	25
14. How well does your school deal with bullying?	26
15. Have you been picked on or bullied for any of the reasons below?	27
16. Has there been any violence between adults (e.g. hitting, punching) at home in the last month that frightened you?	28
17. Do you usually feel happy during lessons at school?.....	29
17. If you need help with friendships do you know where to get help?	29
17. Do you feel safe in school?	29
17. Do you feel welcomed when you walk into school/your class?	29
19. Please think about each of the following statements:	32
20. What would you change in school to improve the school environment?	36

Howard Jobber
Senior Public Health Specialist
Tel: 01902 555928
Email: Howard.Jobber@wolverhampton.gov.uk

The Schools Health Education Unit
www.sheu.org.uk



wolverhampton.gov.uk 01902 551155

 WolverhamptonToday  @WolvesCouncil  WolverhamptonToday

City of Wolverhampton Council, Civic Centre, St. Peter's Square,
Wolverhampton WV1 1SH