

# The Wolverhampton Children and Young People's Health Related Behaviour Survey 2023

## *Emotional Health and Wellbeing*

Key Stage 1 Report

Wolverhampton KS1





# **School Survey Report 2023**

Produced by the  
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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## Foreword

I would like to thank you for participating in the 2023 Health Related Behaviour Survey (HRBS). The commitment and support from schools has once again been superb and has enabled us to collect views from over 8,500 children and young people across 51 settings. The 2023 survey was a shorter, thematic survey to explore the emotional health and wellbeing needs of our children and young people. In the context of society returning to normal following the Covid-19 pandemic, it is vitally important for us to continue to understand the views and experiences of our children and young people to ensure they live healthily and thrive within our city.

This individual report for your school contains valuable data on the emotional health and wellbeing of your pupils. The information will enable you to better understand the attitudes and behaviours of your children and young people. In addition, it will help you identify priorities and plan your provision and whole school approaches in relation to pupil emotional health and wellbeing and provide valuable evidence for Ofsted inspections.

I will also be using this data to help understand the ongoing emotional and mental health challenges our children and young people have reported in previous surveys and take the opportunity to use this survey data to work collaboratively with schools and our wider partners including the NHS to address some of these key challenges children and young people in our city face and to make a positive difference to the lives of children and young people.

Thank you once again for participating in the survey. Your setting's contribution to this valuable consultation tool is greatly appreciated, as are the efforts of your staff and pupils. This is the ninth time that the survey has run in Wolverhampton, and its continued success and longevity is very much down to the strong partnerships that we have in our city.

Should you require any further support or assistance in addressing any priorities or challenges raised by the data in your report, please contact the Wolverhampton Public Health team.



**John Denley**

Director of Public Health  
City of Wolverhampton Council

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

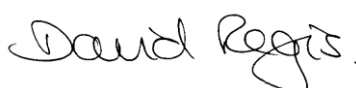
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



**Angela Balding**

Survey Manager  
Schools Health Education Unit



**Dr. David Regis**

Research Manager  
Schools Health Education Unit

## Introduction

The Health Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 40 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report, you will have had access to the survey results tables or online results for your school, which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

Your online results can be found on [www.schoolsurveys.co.uk](http://www.schoolsurveys.co.uk). Your username and password are on the 'Tutor's Guide' we sent you at the start of the survey process. Please email [admin@sheu.org.uk](mailto:admin@sheu.org.uk) from a school email address if you would like your instructions sent across again. Please refer to the 'After the Survey Manual' for step-by-step help in accessing your results or contact us directly.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

### The sample

This table contains the numbers of boys and girls in each year group who completed the survey in your school compared with the numbers who completed in the wider Wolverhampton sample.

	Wolverhampton
	Yr 2
Boys	387
Girls	399

Please note that if the proportions of younger and older pupils, or boys or girls, are very different in your school sample compared with the wider sample, then you may need to consider this as a cause when looking at any differences between your school and the wider data. Many of the headlines figures are broken by age and gender in the main body of the report, which will give more context for interpretation. Please contact SHEU if you would like to discuss.

Please note that when asked if they are a boy or a girl, 7 pupil(s) preferred not to say and 0 didn't answer the question. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

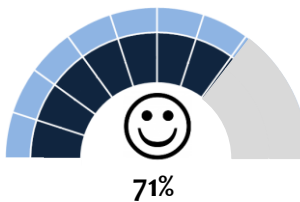
# Your School compared with Wolverhampton Snapshot

Wolverhampton  
 Yr 2  
 Boys 387  
 Girls 399

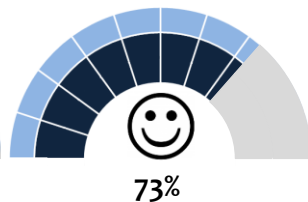
## Happiness

Happy at school

Happy at home



71%

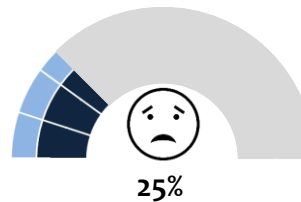


73%

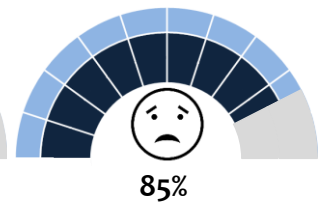
## Worrying 'a lot'

About school work

About any issue listed



25%

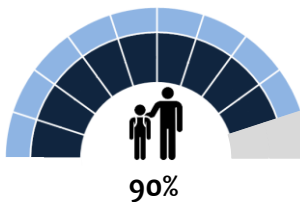


85%

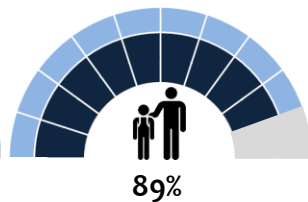
## Trusted adults

Have a trusted adult at home

Have a trusted adult at school



90%

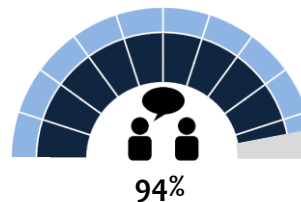


89%

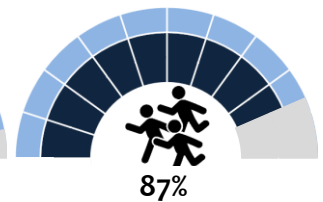
## Activities at school breaktimes

Chat/talk

Play tag/run/skip



94%



87%

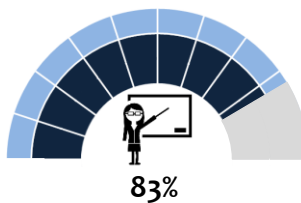
## School does the following...:

Rewards good behaviour

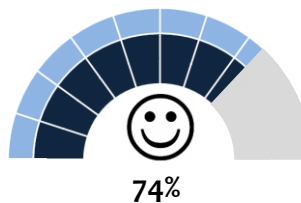
Helps them take turns

Helps them if they are upset

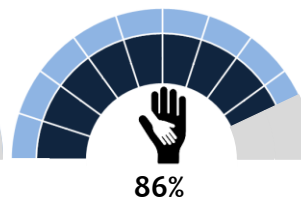
Gives them time to play



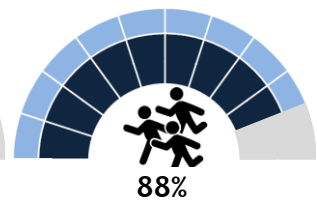
83%



74%



86%



88%

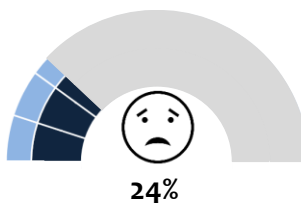
## Bullying

Feel scared to go to school because of other children

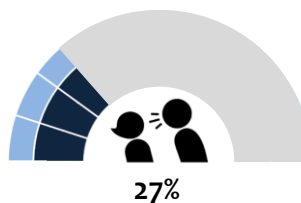
Been teased/made fun of last week

Pushed/hit for no reason last week

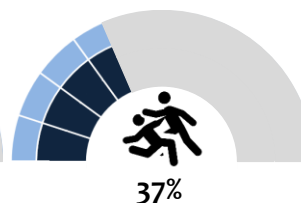
Left out by friends last week



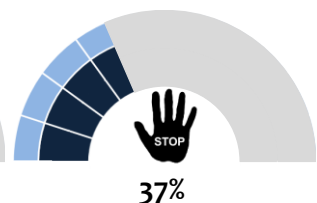
24%



27%



37%



37%



# Your 2023 HRBS Results

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## Background

### Ethnicity

41% of pupils responded that they are White British.

**Q13.** Percentage responding that they are White British.

Wolverhampton

Yr 2

Boys 40

Girls 42

**Q13.** Percentage of pupils responding that they consider themselves as the following (top 5):

Boys		Girls			
1	White British	40	1	White British	42
2	Asian or Asian British – Indian	15	2	Don't want to say	11
3	Don't want to say	10	3	Asian or Asian British – Indian	11
4	Black or Black British – African	8	4	Black or Black British – African	8
5	Asian or Asian British – Pakistani	5	5	Asian or Asian British – Pakistani	4

# Emotional Health and Wellbeing

## Happiness

**Q3.** How happy are you at school?

### Wolverhampton



2% of pupils said they aren't happy at school.

**Q3.** Percentage answering that they aren't happy at school.

Wolverhampton

Yr 2

Boys 2

Girls 2

71% of pupils said they are happy at school.

**Q3.** Percentage answering that they are happy at school.

Wolverhampton

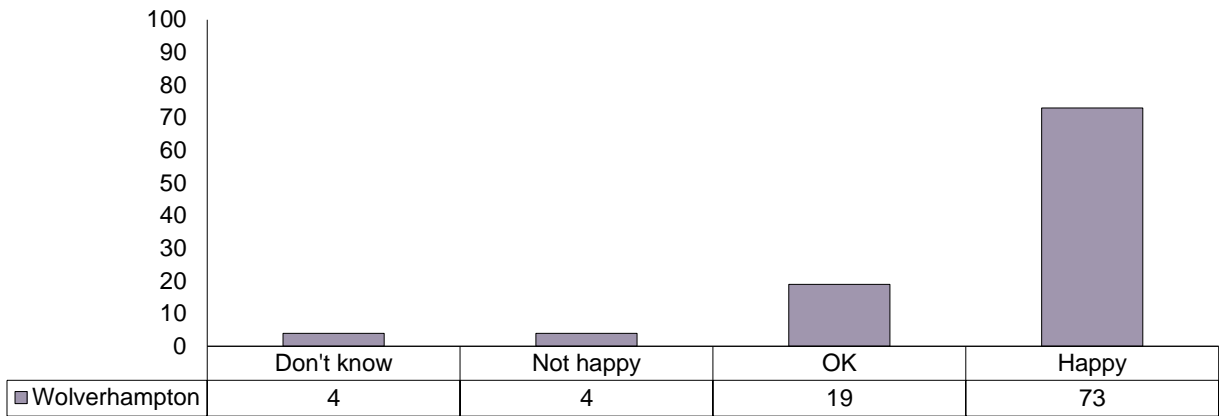
Yr 2

Boys 71

Girls 71

**Q4. How happy are you at home?**

**Wolverhampton**



4% of pupils said they aren't happy at home.

**Q4.** Percentage answering that they aren't happy at home.

Wolverhampton	
Yr 2	
Boys	5
Girls	3

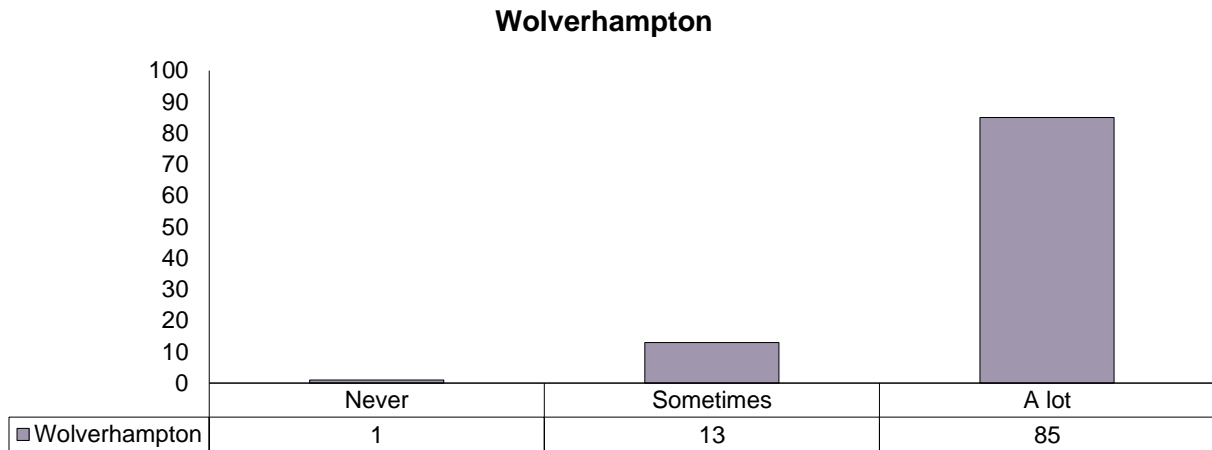
73% of pupils said they are happy at home.

**Q4.** Percentage answering that they are happy at home.

Wolverhampton	
Yr 2	
Boys	74
Girls	73

## Worrying

Q7. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



98% of pupils responded that they at least 'sometimes' worry about one or more of the issues listed; 85% said they worry 'a lot'.

Q7. Percentage answering that they worry about at least one of the issues listed 'a lot'.

Wolverhampton	
Yr 2	
Boys	86
Girls	83

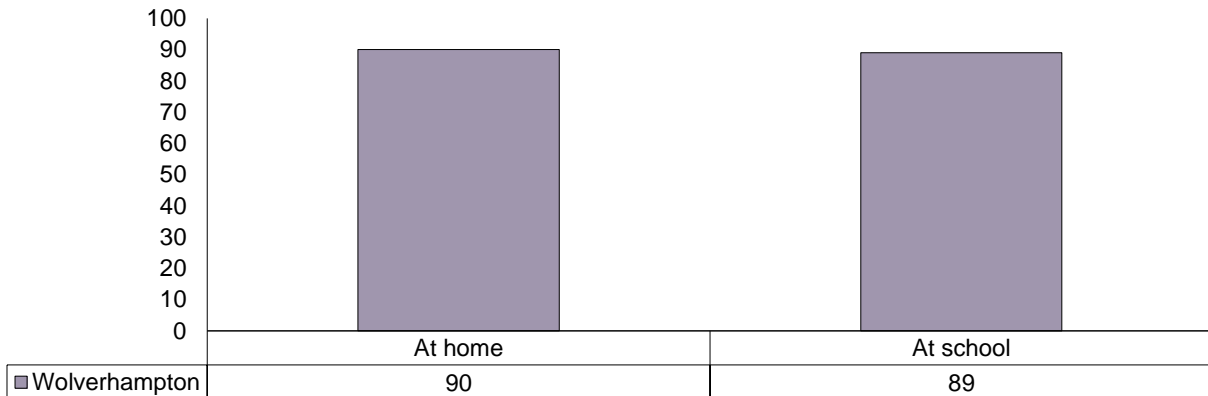
24% of pupils responded that they worry about bullying 'a lot', while 30% said they worry about family problems.

Q7. Percentage answering that they worry about the following 'a lot':

Boys		Girls			
1	Friendships	45	1	Their safety	40
2	Their safety	38	2	Friendships	39
3	Tests	31	3	Family problems	33
4	Being ill	29	4	Tests	28
5	School-work	28	5	Being ill	26
6	Family problems	27	6	Bullying	26
7	The way they look	23	7	School-work	22
8	Bullying	21	8	The way they look	20

**Q8a&b.** If you were worried about something, do you know an adult you trust that you can talk to about this?  
% responding 'yes'

**Wolverhampton**



90% of pupils said they know an adult they trust at home who they can talk to if they were worried about something, while 3% said they don't.

**Q8a.** Percentage answering that, if they were worried about something, they know an adult at home they can talk to about it.

Wolverhampton  
Yr 2  
Boys 89  
Girls 92

89% of pupils said they know an adult they trust at school who they can talk to if they were worried about something, while 2% said they don't.

**Q8b.** Percentage answering that, if they were worried about something, they know an adult at school they can talk to about it.

Wolverhampton  
Yr 2  
Boys 90  
Girls 88

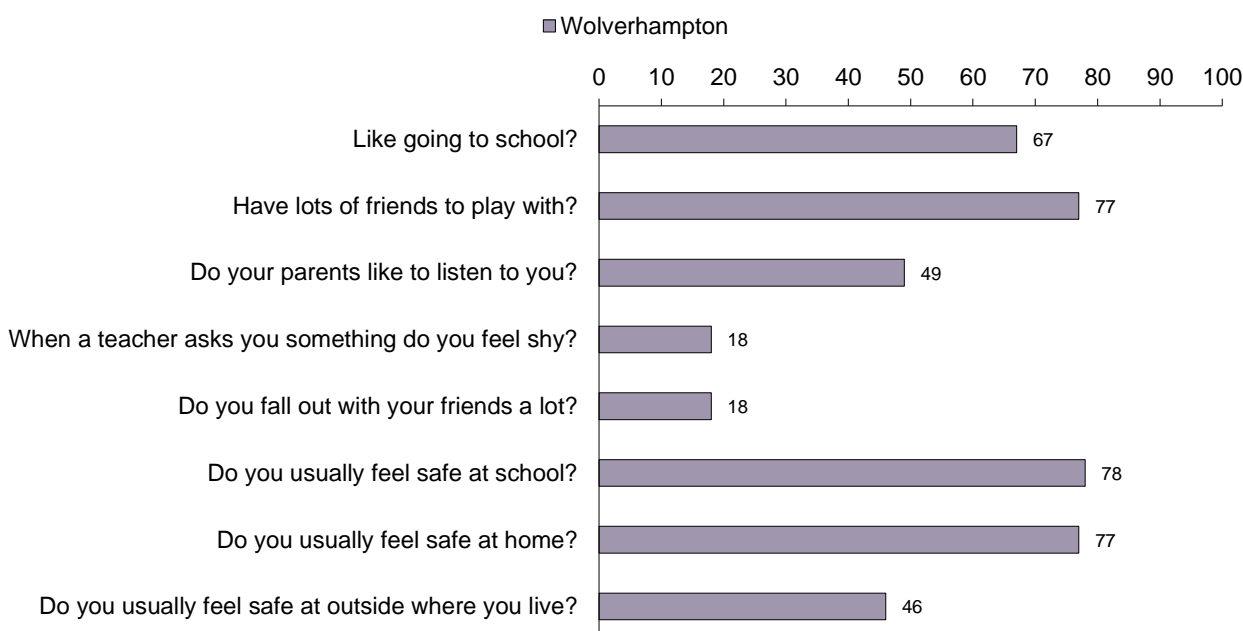
97% of pupils said they know an adult they trust at home or at school who they can talk to if they were worried about something, while 1% said they don't.

**Q8a&b.** Percentage answering that, if they were worried about something, they know an adult they can talk to about it.

Wolverhampton  
Yr 2  
Boys 96  
Girls 97

## Self-esteem

Q9. Percentage of pupils responding 'yes' to the following questions:



67% of pupils responded that they like going to school.

Q9. Percentage of pupils responding 'yes' to the following questions:

	Year 2		Total
	Boys	Girls	
Like going to school?	65	68	67
Have lots of friends to play with?	78	76	77
Do your parents like to listen to you?	47	52	49
When a teacher asks you something do you feel shy?	15	21	18
Do you fall out with your friends a lot?	15	21	18
Do you usually feel safe at school?	78	78	78
Do you usually feel safe at home?	75	79	77
Do you usually feel safe at outside where you live?	48	44	46

11% of pupils responded that they don't like going to school.

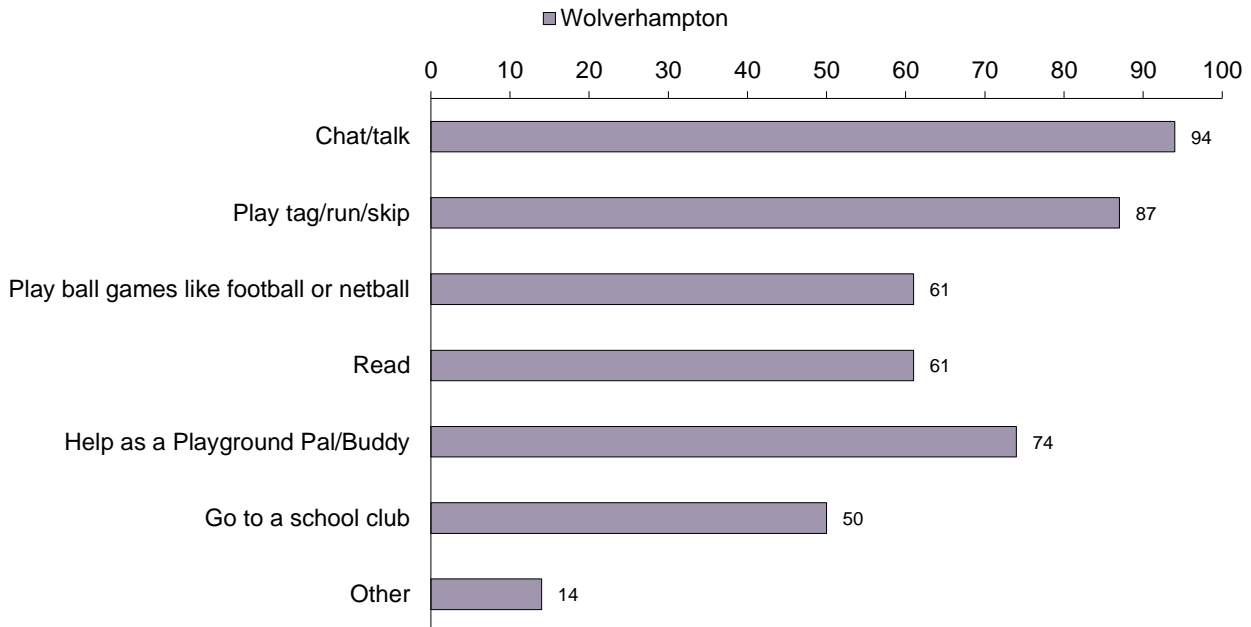
Q9. Percentage of pupils responding 'no' to the following questions:

	Year 2		Total
	Boys	Girls	
Like going to school?	13	9	11
Have lots of friends to play with?	8	7	7
Do your parents like to listen to you?	14	9	11
When a teacher asks you something do you feel shy?	55	44	50
Do you fall out with your friends a lot?	41	33	37
Do you usually feel safe at school?	7	6	7
Do you usually feel safe at home?	8	6	7
Do you usually feel safe at outside where you live?	23	24	23

# School

## School playtimes

**Q5.** Percentage of pupils responding that they at least 'sometimes' do the following during school playtimes/dinner times:



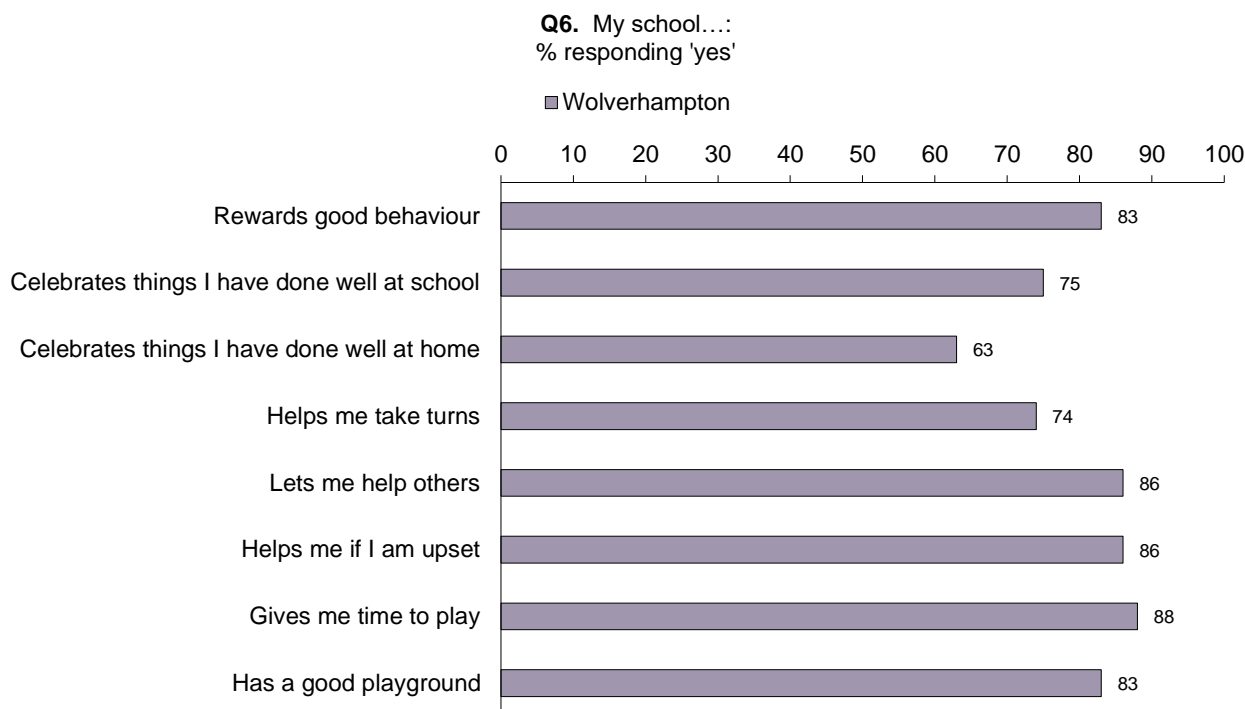
87% of pupils responded that they at least 'sometimes' play tag/run/skip during school playtimes/dinner times.

**Q5.** Percentage of pupils responding that they at least 'sometimes' do the following during school playtimes/dinner times:

Boys		Girls			
1	Chat/talk	93	1	Chat/talk	95
2	Play tag/run/skip	86	2	Play tag/run/skip	89
3	Play ball games like football or netball	79	3	Help as a Playground Pal/Buddy	75
4	Help as a Playground Pal/Buddy	72	4	Read	66
5	Read	56	5	Go to a school club	49
6	Go to a school club	51	6	Play ball games like football or netball	43
7	Other	13	7	Other	15



## Support



83% of pupils said their school rewards good behaviour and 86% said their school helps them if they are upset.

**Q6. My school...:**  
% responding 'yes':

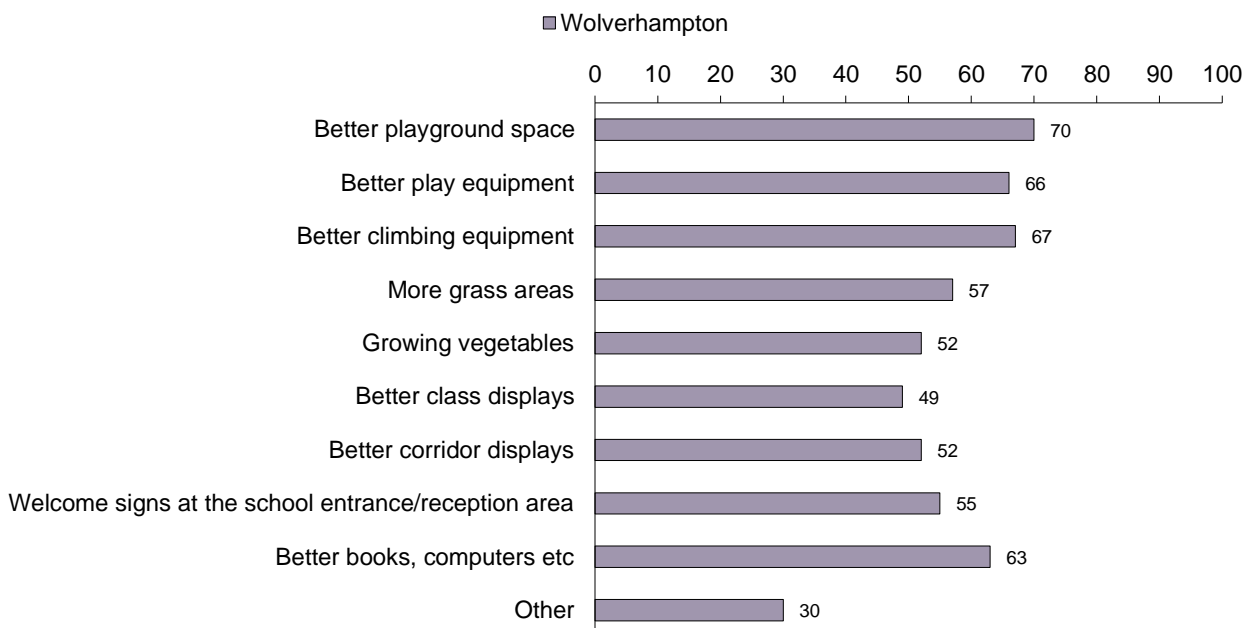
	Year 2		Total
	Boys	Girls	
Rewards good behaviour	84	83	83
Celebrates things I have done well at school	74	76	75
Celebrates things I have done well at home	64	61	63
Helps me take turns	72	76	74
Lets me help others	83	89	86
Helps me if I am upset	84	87	86
Gives me time to play	88	87	88
Has a good playground	82	84	83

**Q6. My school...:**  
% responding 'no':

	Year 2		Total
	Boys	Girls	
Rewards good behaviour	3	2	3
Celebrates things I have done well at school	10	10	10
Celebrates things I have done well at home	19	18	18
Helps me take turns	7	7	7
Lets me help others	5	3	4
Helps me if I am upset	6	3	5
Gives me time to play	3	3	3
Has a good playground	6	4	5

## Changes

Q12. Percentage of pupils responding that the following changes in school would make things better:



Q12. Percentage of pupils responding that the following changes in school would make things better :

Boys		Girls			
1	Better playground space	78	1	Better climbing equipment	63
2	Better play equipment	73	2	Better playground space	63
3	Better climbing equipment	71	3	Better play equipment	59
4	Better books, computers etc	67	4	Better books, computers etc	58
5	More grass areas	64	5	Welcome signs at the school entrance/reception area	54
6	Better corridor displays	58	6	Growing vegetables	50
7	Welcome signs at the school entrance/reception area	57	7	More grass areas	50

## Bullying

24% of pupils responded that they feel scared to go to school because of other children.

**Q10.** Percentage answering that they feel scared to go to school because of other children.

Wolverhampton

Yr 2

Boys 19

Girls 28

27% of pupils responded that they were teased/made fun of in the week before the survey.

**Q11.** Percentage of pupils responding that the following things happened to them in the week before the survey:

	Year 2		Total
	Boys	Girls	
Been teased/made fun of	27	27	27
Called nasty names	24	26	25
Pushed/hit for no reason	40	34	37
Left out by friends	33	40	37

## Appendix 2: 2023/2022 Comparisons

### Significant differences between Your School's 2023 and 2022 data

If your school surveyed in 2022 we have compared both sets of results to look for any changes in pupils' behaviour. Not all questions in the 2023 survey were also used in the 2022 survey. The following is a selection of questions that were identical in both surveys. The sample size in this table represents the numbers who surveyed in your school in 2023 and 2022.

Below we have listed some statistically significant differences between the data collected in 2023 and that collected in 2022.

	2023		2022	
	Yr 2		Yr 2	
Boys	387		479	
Girls	399		505	

Sig	2023	2022	Question
↑***	61%	51%	of pupils responded that they at least 'sometimes' play ball games like football or netball during school playtimes/dinner times.
↓***	24%	31%	of pupils responded that they worry about bullying 'a lot'.
↑***	41%	34%	of pupils responded that they are White British.
↑***	77%	71%	of pupils responded that they have lots of friends to play with.
↑***	94%	91%	of pupils responded that they at least 'sometimes' chat/talk during school playtimes/dinner times.
↓*	29%	34%	of pupils said they worry about tests 'a lot'.

Tests: Chi-squared ( $\chi^2$ ).

KEY: \* =  $p < 0.05$  (5%) \*\* =  $p < 0.01$  (1%)

\*\*\* =  $p < 0.001$  (0.1%).

## Appendix 3: 2023/2022 Headline Trends

If your school surveyed in 2022 we have compared both sets of results to look for any changes in pupils' behaviour. Not all questions in the 2023 survey were also used in the 2022 survey. The following is a selection of questions that were identical in both surveys. The sample size in this table represents the numbers who surveyed in your school in 2023 and 2022.

	2023	2022
	Yr 2	Yr 2
Boys	387	479
Girls	399	505

Your School's data for 2023 compared with your 2022 data in brackets; see notes on interpreting differences.

### Background

#### ETHNICITY

- 41% (34%) of pupils responded that they are White British.

### Emotional Health and Wellbeing

#### WORRYING

- 98% (97%) of pupils responded that they at least 'sometimes' worry about one or more of the issues listed; 85% (84%) said they worry 'a lot'.
- 24% (31%) of pupils responded that they worry about bullying 'a lot', while 30% (32%) said they worry about family problems.
- 25% (26%) of pupils said they worry about school-work 'a lot', while 29% (34%) said they worry about tests.

#### SELF-ESTEEM

- 77% (71%) of pupils responded that they have lots of friends to play with.
- 49% (52%) of pupils responded that their parents like to listen to them.
- 18% (20%) of pupils responded that when a teacher asks them something they feel shy.

### School

#### SCHOOL PLAYTIMES

- 87% (90%) of pupils responded that they at least 'sometimes' play tag/run/skip during school playtimes/dinner times, while 94% (91%) said they chat/talk and 61% (51%) play ball games like football or netball.

### Bullying

- 24% (25%) of pupils responded that they feel scared to go to school because of other children.

## Appendix 4: Signposting for pupils

At the end of the survey pupils were given the following suggestions for support if they had any concerns after completing the questionnaire:

- You could speak to an adult you trust, like your parents/carer or a teacher. Your school nurse may also be able to help you - ask your teacher for more details.
- If you want to speak to someone about something that is worrying you, you can call Childline on 0800 1111 or visit their website: [www.childline.org.uk](http://www.childline.org.uk)
- If you want more information about healthy eating or keeping fit for you or your family you can visit [www.change4life.co.uk](http://www.change4life.co.uk)
- [If you want more information on bullying the](#) Anti-bullying Alliance is working together to stop bullying: [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)
- For Internet safety: [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) Keeping yourself safe and keeping the internet fun for you and your friends.

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Q7. Percentage answering that they worry about the following 'a lot':.....	9
Q8a&b. If you were worried about something, do you know an adult you trust that you can talk to about this? % responding 'yes' .....	10
Q8a. Percentage answering that, if they were worried about something, they know an adult at home they can talk to about it.....	10
Q8b. Percentage answering that, if they were worried about something, they know an adult at school they can talk to about it.....	10
Q8a&b. Percentage answering that, if they were worried about something, they know an adult they can talk to about it.	10
Q9. Percentage of pupils responding 'yes' to the following questions: .....	11
Q9. Percentage of pupils responding 'yes' to the following questions: .....	11
Q9. Percentage of pupils responding 'no' to the following questions:.....	11
Q5. Percentage of pupils responding that they at least 'sometimes' do the following during school playtimes/dinner times: .....	12
Q5. Percentage of pupils responding that they at least 'sometimes' do the following during school playtimes/dinner times: .....	12
Q6. My school...: % responding 'yes' .....	13
Q6. My school...: % responding 'yes': .....	13
Q6. My school...: % responding 'no': .....	13
Q12. Percentage of pupils responding that the following changes in school would make things better:.....	14
Q12. Percentage of pupils responding that the following changes in school would make things better :.....	14
Q10. Percentage answering that they feel scared to go to school because of other children.....	15
Q11. Percentage of pupils responding that the following things happened to them in the week before the survey: .....	15





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