

24 April 2023

Dear Colleague

### **Health Related Behaviour Survey (HRBS) 2023 – Short Thematic Survey**

I am writing to inform you that The City of Wolverhampton Council is once again supporting the delivery of the on-line Health Related Behaviour Survey (HRBS) - the local children and young people's on-line consultation tool which provides valuable data on the knowledge, attitudes and behaviour of children and young people across many health and wellbeing themes.

For 2023 Public Health are funding all settings to participate in a **shorter thematic survey** to further explore the **emotional health and wellbeing** needs of our children and young people. Pupils in Key Stage 1 to Key Stage 5 are invited to participate in the survey. We would like to ask settings to survey children and young people in years 2, 4, 6, 8, 10 and 12 but it is possible to survey other years in addition this, should you wish. It is anticipated that the survey will take a maximum of 20 minutes to complete.

The survey will take place during summer term 2023, opening on **Monday 5<sup>th</sup> June for a period of 4 weeks**. Further information about the survey and how it is administered can be found with this letter.




**To register your school to participate in HRBS 2023 please use the following link:**  
<http://sheu.org.uk/registerw>

The quality of the data collected by the survey is considered very robust and the history of its use by individual schools and by local authorities is extensive – in 2022, just under 8000 children and young people participated. The survey has been running in Wolverhampton since 2006 and is our local version of an established questionnaire developed by the provider, School Health Education Unit (SHEU).

Participating settings will receive an individual report with exclusive information about their pupils, which has previously been used to support school improvement, curriculum planning and pupil engagement. Data is also used by the local authority and other partners to inform and monitor wider health-related work and programmes within Wolverhampton, so school participation is vital to the continued success of the survey and supporting outcomes for children and young people.

If you require any further information about the survey itself or the process for taking part, please contact:

**Angela Balding, Survey Manager, SHEU. Tel: 01392 667272 [angela.balding@sheu.org.uk](mailto:angela.balding@sheu.org.uk)**

-  wolverhampton.gov.uk
-  @WolvesCouncil
-  WolverhamptonToday

Schools who sign-up to take part will be contacted by SHEU and will receive full instructions and support on how to administer the survey in school before the survey begins in June 2023.

Thank you again for your support with this important survey of the children and young people in our city.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'J Denley', with a stylized flourish at the end.

**John Denley**  
**Director of Public Health**

## WOLVERHAMPTONHEALTH RELATED BEHAVIOUR SURVEY 2023 – Short Thematic Survey

### HEALTH-RELATED BEHAVIOUR SURVEY (HRBS) INFORMATION SHEET

#### What is it?

The HRBS is our local version of an established questionnaire developed by SHEU. The quality of the data collected is considered very robust and the history of its use by individual schools and by local authorities is extensive. The survey is administered by schools, on-line

#### What topics are included?

For the summer of 2023 we are running a shorter thematic survey on emotional health and wellbeing. This theme has been chosen to provide schools and the city with a picture of how children and young people are responding following the Covid-19 pandemic. This survey will provide valuable data for identifying needs and planning responses when compared to the findings of the full survey which took place in 2022. This thematic survey should take no longer than 20 minutes for pupils to complete.

#### Who is involved?

We are inviting all local primary and secondary phase schools and F.E. settings, including all special schools and PRUs, to take part in the survey.

#### Which year groups are involved?

There are different, age-appropriate versions of the survey for different age groups. As a minimum, we ask that participating schools survey pupils as follows:

Key Stage One survey – Year 2.

Key Stage Two survey – Years 4 & 6.

Secondary phase survey – Years 8 & 10 & 12.

Schools are also invited to include pupils from other year groups in the appropriate Key Stage versions of the surveys, although the survey is not suitable for Years 3 and 7 to be included.

#### Are our results confidential?

The online survey is anonymous and individual pupils cannot be identified. Pupil-level information is not disclosed, although the school will be alerted to any information raising child protection concerns.

The local authority will receive the city-wide headline figures and analysis with national comparisons. Only selected officers of the local authority and of the NHS 0-19 team (school nursing) will have access to school-level figures.

## What does a participating school need to do?

### The school will:

- identify a member of staff to manage and supervise the completion of the survey; the nominated person will contact SHEU if they need any additional support beyond the training materials;
- identify the classes/forms in the target year groups providing a balance of gender, ability and community background reflecting the school's community;
- allocate up to 20 minutes of lesson time for pupils in their school to complete the questionnaire;
- brief colleagues, parents/carers, and the pupils, in advance of the survey.

### The school will receive:

- all the materials needed to carry out the survey, including model information letters for parents/carers, briefing notes for staff, questionnaires and feedback forms;
- a report containing a summary of key aspects of the data, including a comparison with the overall city-wide picture;
- guidance on using the final results;
- access to the results service online.