

HOLIDAY ACTIVITY PROGRAMME

WHAT'S ON GUIDE - SUMMER 2019



Waltham Forest

INTRODUCTION

Summer is here and in Waltham Forest we have a host of fun opportunities for you and your family to enjoy during the school holidays.

As a Council we are all too aware that finding activities and the money to keep children entertained at this time of year can be a challenge.

As part of the Council's commitment to helping families, our Holiday Activities Programme aims to provide opportunities for all children, young people and families to take part in activities that we hope will enable hidden talents and interests to be found.

Our Summer Holiday Activities Programme offers free activities and events for all the family continuing our ever popular half day drop-in family play sessions in schools and parks.

As part of the new Munch Bunch club this summer, we will be offering children a free hot meal after taking part in the activities across a number of selected sites.

We are also continuing our offer of exciting week long activities for 11-19 year olds; we have new things for young people to try including video game making at William Morris Gallery and cookery classes, alongside all of the popular courses from last summer. In addition to this we continue to part-fund holiday schemes run by schools across the borough.

As part of the London Borough of Culture 2019 Waltham Forest also has a wide range of free activities that are on offer throughout the year, listed online at <https://wfculture19.co.uk>

You will find all the activities provided in schools, the 11-19 activities programme and a list of our Get Together events on the following pages, with additional local holiday activities and childcare listed online at www.walthamforest.gov.uk/holidays



A handwritten signature in black ink, appearing to read 'Claire Coghill'.

Cllr Claire Coghill

Leader,
Waltham Forest Council

EVENT AND BOOKING INFORMATION

Check the icons next to each listing to find out key event information:



Free event



Suitable for children 5-11 and families



Suitable for 11-19 year olds



Arts and crafts



Performing Arts



Arts Award



Sports



Music



No booking required, just come along on the day



Environment



Suitable for 0-5 year olds



Booking required. To book go to <http://wfholidayactivities.eventbrite.co.uk>

BE THE FIRST TO KNOW!

For further details about all family events, activities for 0-19 year olds and to find local childcare visit www.walthamforest.gov.uk/holidays

For queries please call **020 8496 3000** and ask for Waltham Forest Holiday Activity Programme.

FOLLOW US ON TWITTER



@wfcouncil

All information correct at time of print.

PLAN YOUR FAMILY'S SUMMER

WITH HUNDREDS OF
EXCITING ACTIVITIES
BEING DELIVERED BY
LOCAL ORGANISATIONS
ACROSS THE BOROUGH
THIS SUMMER THERE WILL
ALWAYS BE SOMETHING
FUN TO DO NEAR YOU:
FROM CREATING YOUR
OWN CANVAS TO CIRCUS
SKILLS; FILM SCREENINGS
TO WATERSPORTS.



LONDON BOROUGH OF CULTURE



Waltham Forest is the Mayor's first ever London Borough of Culture. The unfolding programme puts culture at the heart of the local community and will be a year-long celebration of the real cultures of London by the people who live here.

For the full programme of events please visit www.wfculture19.co.uk

DURING SUMMER THE FOLLOWING EVENTS WILL BE TAKING PLACE FOR YOU TO ENJOY:

WALTHAMSTOW GARDEN PARTY

14-15 July Lloyd Park, E17

East London's biggest free community-powered festival.

WILD ABOUT HIGHAMS PARK

All Summer, Highams Park, E4

A new sculpture trail invites families to explore and enjoy the area and natural surroundings in new ways. Along the trail, you will find wooden sculptural carvings, street art, murals and more. What will you discover?

THE BIG BAGAGA

13-22 September 2019, Chestnuts Field, 588 Forest Rd, Walthamstow, E17 3ED

Taking place in their big top circus tent, The Big Bagaga show is a celebration of failure through theatre, acrobatics, aerial performance and juggling. Expect a show that is absurd and awesome, intimate and ridiculous! Experience a new kind of circus.

£2 for Waltham Forest residents / £12 full price / £8 kids

LONDON BOROUGH OF CULTURE ARTS AWARD

Throughout the summer holidays, we will be offering children aged 5–19 the opportunity to gain an Arts Award by participating in a wide range of activities including arts, performing arts and music.

- **Discover Award** (5–11) take part in cultural activities, research artists and share their art discoveries. Registration for the award will take place at the family sessions
- **Bronze Award** (11–19) undertake 40 hours in any art form, visit and review at least one arts event, research the career and work of an artist of interest and pass on an arts skill. Registration for the award will be provided when booking on participating courses.

To participate in the award look out for the arts award logo throughout the booklet.

There will be a small fee to register and graduate for both awards.

More information about the Arts Award qualification from Trinity College London www.artsaward.org.uk/site/?id=64

HOLIDAY CLUB PROVIDERS IN WALTHAM FOREST

If you are looking for all day childcare, there are many Holiday Clubs open across the borough during the holidays. These clubs are open all day Monday to Friday. A full list of Holiday Club providers can be found on the Waltham Forest Directory www.walthamforest.gov.uk/directory

Don't forget, if you use an Ofsted registered Holiday Club you can receive help with you childcare costs if you are eligible. Further information about tax credits, tax-free childcare, childcare vouchers and other support can be found at www.childcarechoices.gov.uk

WHAT'S ON AT YOUR LOCAL CHILDREN'S CENTRE FOR UNDER 5'S

Children's Centres are a great place to learn, play and enjoy. Every family with children under five in Waltham Forest is invited to register at their nearest Children's Centre to take advantage of the many services and activities being offered. This Summer, all Children's Centres in Waltham Forest are offering an exciting range of free and chargeable activities such as baby clinics, rhyme time and parent toddler groups which can be accessed from the Waltham Forest Directory: www.walthamforest.gov.uk/directory

SUNTRAP ON TOUR



From July 2019–April 2020, Suntrap Forest Centre will be closed for major refurbishment. The Suntrap team will be on tour – visiting schools, green spaces and community events. Bringing nature nearer to you.

Come and meet the Suntrap animals on Saturday 13th to Sunday 14th July on Grandad's Island at the Walthamstow Garden Party in Lloyd's Park.

Further afield the animals will be at the Beastly Street Party in Smithfield Market EC1A 9PS on Sunday 25 August. If you want to get crafty, the team will be running an inspirational hands-on workshop for all ages to produce their own piece of art at the Lloyd Park festival on Saturday 31 August. Find out more about pollination on Saturday 21 September at a free family workshop at the Swarm Exhibition at the Vestry House Museum E17. Try on beekeeping suits, learn about the life of a beekeeper, complete a trail in the garden and have the chance to extract some honey.

FAMILY FUN

5-11 YEAR OLDS



“

The best part of the holiday programme was learning about different animals! We even got to hold them!

”

THIS SUMMER WE HAVE A WIDE RANGE OF FREE EXCITING ACTIVITIES ACROSS THE BOROUGH AVAILABLE FOR YOU TO ENJOY WITH YOUR FAMILY. THE SESSIONS WILL PROVIDE OPPORTUNITIES FOR CHILDREN TO TRY NEW ACTIVITIES AND LEARN NEW SKILLS, WHILST HAVING FUN AND MAKING NEW FRIENDS.

All sessions are led by Waltham Forest Play Workers, with specialist workshops provided by professionals from a variety of local organisations.

Children aged 5–7 must be accompanied by an adult throughout the sessions. Children aged 8–11 may attend the session independently, however a parent, guardian or carer must attend the first session to complete the relevant paperwork.

Family sessions are limited to 60 children per session and will be offered on a first come first served basis.

Details of the dates and times of these activities are on the following pages so you can plan your time throughout Summer.

Activities that are taking place over the Summer include:

MARY POPPINS WORKSHOP

'In every jobs that must be done, there is an element of fun. You find the fun, and SNAP – that job's a game! During the workshop you will get to decorate your own kite and then explore the story of Mary Poppins through dancing, group sings, games and a theatre show.

ALADDIN THEATRE WORKSHOP

Step inside a 'whole new world' and discover the magic that lies within the genies lamp! Create your own magical lamp before embarking on a magical journey through Agrabah.

MAKE YOUR OWN BATHBOMBS

In this exciting workshop, you will make a bath both using organic ingredients and essential oils to take home. When added to a bath or water, they create an explosion of creative colours and smells.

PIRATE TRAINING ACADEMY

Every thought about what it takes to become a pirate? Undertake games and missions to become part of your very own crew through a pirate adventure story. Create and design your very own pirate hook or hat and you will be ready to be a pirate and find the hidden treasure.

MAD HATTERS TEA PARTY

It's your very merry unbirthday! Come and join our mad hatter's tea party. Alice and friends will show you some magic and take you on a wonderland adventure to find the missing Cheshire cat. Whilst you are here in Wonderland you are officially invited to the Queen of Hearts dance contest and you could even make it on the Queens winners list. Get involved in our crazy crafts and make your very own pocket watch. Don't be late, late, late for a very important date.

YOU'VE BEEN SLIMED

Come along and get slimey with our fantastic slime making workshop. Come and join us and have a slimetastic time at our slime bar where you can choose lots of goodies to add to your slime. Get gooey and them make your way over to our slime pot station where you get to decorate your own pot.

CARIBBEAN STEEL PANS

You will be joined by a range of experts in a dynamic and fun Caribbean steel pans workshop. During the session you will learn how to play both traditional calypso music and a contemporary pop song on the instruments.

SAVVY SCIENCE

Ever wondered how our food is digested and turns into poop?! Wonder no more with our sassy science club! A practical hands, on session where you will go through stages from the first chew to down the loo! Come and have a blast and learn about the stinky stuff.

SCHOOL FOR SUPER HEROES

Calling all superheroes in the making! Could you be the next Wonder Women or Spider Man? Are you as strong as The Hulk? Put your super powers to the test at our superhero school. Can you dodge the Kryptonite or be a super thinker like Batman and help find the missing jewels? All hero's will get the chance make their own mask.

DIY LAVA LAMPS

Let's go back to the 60's and get groovy at our funky lava lamp making workshop! Would you like to make you very own lava lamp which you can take home. Plastic bottles will be available but if you have some that you would like to bring please do so.

GRAFFITI WORKSHOP

During the workshop you will be as creative by designing and making your own t-shirt using creative stencils and spray paints.

BECOME A PUPPETEER

Discover the world of a puppetry as you create and learn to move your very own rod puppet with E17 Puppet expert performers. Take inspiration from your pet, your favourite superhero or anything in between, then craft your puppet and get ready to perform.

THE SPACE CRAFT

An ASTRONomical craft activity! Design aliens from the furthest reaches of the galaxy, craft a tiny rocket, and a channel your inner astronaut by making your own space helmet mask.

SHADOW CINEMA WORKSHOPS

Come along and create your own mini version of big-screen favourites! You will recreate scenes and characters from your favourite films to make into your own shadow min-theatre.

CIRCUS SKILLS

Ever fancied joining the circus? Learn these important circus skills where experts will be on hand to teach you juggling, plate spinning, uni-cycling and many other exciting talents.

BALLOON SCIENCE

Interactive show full of spills thrills explosions and pops! Learn about chemical reactions, molecules, centripetal force all done with balloons.

KUNG FU WORKSHOP

Session to learn a range of kung fu techniques including pad work, footwork and kicking.

LEYTON ORIENT MULTI SPORTS

Leyton Orient coaches will provide a multi-sport programme in which children can play sports including athletics, netball, basketball, uni hockey and football.

FACE PAINTING

Come and have your face painted by a local expert face painter.

AFRICAN DRUMMING

A high energy session using traditional African drums, clapping, stepping, songs and other percussion to learn catchy rhythms through the musical heritage of West Africa.

AFRICAN MASK MAKING

Come along and make an African-inspired mask with a futuristic edge.

RECYCLED ARTS

Come and make art to take home made from found objects or why not bring your own objects to make into pieces of art.

PLANT, PRINT AND PLAY!

An opportunity to create colourful edible flower planters and kitchen herb packs, make seed bombs and screen print using found objects from the outdoors.

WEST ESSEX COMMUNITY SPORT

Learn football skills with a 3 to 5 day football camp led by qualified coaches for **8–11 year olds**.

MEET THE ANIMALS

Come meet and learn about the animals from Waltham Forest Suntrap Centre

STREET DANCE

Come along and enjoy a wide range of street dance including; hip hop, locking, popping and waving.

MUSICAL THEATRE JAZZ DANCE

Come and learn some original dance moves that are often found on the West End stage.

RAP WORKSHOP

Write, Create, Rap and watch your lyrics, poetry or rap come alive, take one small step to start something big, in these fun upbeat creative sessions.

AFRICAN DRUMMING WITH YOGA

Here the rhythm of the drum meets the rhythm of yoga. A fun intro to yoga for kids and a great family learning session. Gentle drumming will accompany easy yoga poses. Kids get to have a go on the drums too.

MAGIC MASTERCLASS

Come along and learn to do Magic with a working professional Magician. The session will include a short magic show by the artist who will then teach you how to perform and present simple Magic Tricks

BALLOON MAKING WORKSHOP

Come along and learn how to make balloon models which they can keep and take home.

TREASURE HUNT

It's Pirates Day, come along in your pirate Fancy Dress Pirate Music and a few Pirate Games will set the scene. Ship ahoy we are off on a Treasure Hunt. Follow the clues, complete challenges and then find the Treasure ... It just happens to be a Treasure Chest Piñata.

THE CRAFT KITCHEN

During this workshop children will get creative painting and decorating their own special plate or mug to take home at the end of the session.

THE QUEST FOR FAFNIR

Based on William Morris' Icelandic Sagas, this immersive theatre experience will introduce children to puppetry and drama through play and exploration as they become the characters in our story. You will enter a world of Vikings, Dragons and Treasure then work as a team, training to become brave warriors, solving riddles and finding clues along the way.

SHADOW CINEMAS WORKSHOP

Create your own mini version of big-screen favourites! A shadow box theatre workshop where families will recreate scenes and characters from their favourite family films old and new into shadow puppets, and take home their own mini-theatre.

INDIAN DHOL DANCING

In this workshop, our highly experienced workshop leaders will lead the participants in a dynamic and fun Indian dhol drumming workshop. Every participant will play authentic Indian drums for the full duration of the session, will learn bhangra music on the drum and some simple accompanying Bollywood dance moves!

PRINTING WITH NATURE

Celebrate Morris's love of nature by creating gelatin (vegetarian) prints, working directly with plants and leaves.

WONDERFUL WEAVING

Inspired by William Morris' have a go at this ancient craft and make your own mini-tapestry to take home and weave in threads and ribbons to tell your story.

TEXTILE SELF-PORTRAITS

Make a self-portrait using re-cycled fabric inspired by William Morris patterns, for the background of your digitally printed 'Vintage' image wearing hats from different cultures – one per child!

TRADITIONAL BLOCK PRINTING

Explore the art of block printing that influenced Morris's fabric and wallpaper designs. Make your own print block and use a traditional press to create beautiful prints inspired by nature.

MARVELLOUS MARBLING

Learn how to paper-marble and make a Victorian themed book cover for your own summer scrapbook.



LOCATIONS

The free drop-in sessions will take place across 8 schools in Waltham Forest. Look out for the banners and signs directing you to the entrance of the sessions which are usually through the playground gates.

MORNING SESSION 10AM TO 12.30PM	AFTERNOON SESSION 1.30PM TO 4:30PM
Handsworth Primary School, Handsworth Avenue, E4 9PJ	St Marys RC Primary School, Station Road, E4 7BJ
Chapel End Infants School, 4 Roberts Road, E17 4LS	Coppermill Primary School, Edward Road, E17 6PB
Greenleaf Primary School, 80 Greenleaf Road, E17 6QW	Chapel End Infants School, 4 Roberts Road, E17 4LS
Edinburgh Primary School 97 Queens Rd, E17 8QR	George Tomlinson Primary School, Harrington Road, E11 4QN

WEEK 1

29 JULY-2 AUGUST

MORNING SESSION 10AM-12.30PM



EDINBURGH PRIMARY SCHOOL			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Meet the Animals	Arts and Crafts	Playground Activities
Tues	Leyton Orient Multi Sports	Recycled Arts	Playground Activities
Weds	Mary Poppins Workshop	Arts and Crafts	Playground Activities
Thurs	The Quest of Fafnir	Arts and Crafts	Playground Activities
Fri	African Mask Making	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Punch & Judy	Face Painting	Playground Activities
Tues	You've been slimed	Arts and Crafts	Playground Activities
Weds	Become a puppeteer	Arts and Crafts	Playground Activities
Thurs	Meet the Animals	Arts and Crafts	Leyton Orient Multi Sports
Fri	Yoga with African Drumming	Arts and Crafts	Playground Activities

GREENLEAF PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Plant, Print and Play	Arts and Crafts	West Essex Community Sport
Tues	Make your own bathbombs	Arts and Crafts	West Essex Community Sport
Weds	Street Dance	Arts and Crafts	West Essex Community Sport
Thurs	Super Hero School	Arts and Crafts	West Essex Community Sport
Fri	Magic Roman	Arts and Crafts	Playground Activities

HANDSWORTH PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Magic Masterclass	Arts and Crafts	Playground Activities
Tues	Traditional Block Making	Arts and Crafts	Playground Activities
Weds	Arts and Crafts	Face Painting	Playground Activities
Thurs	African Drumming with Dance	Arts and Crafts	Playground Activities
Fri	Circus Skills	Arts and Crafts	Playground Activities

WEEK 1

29 JULY-2 AUGUST

AFTERNOON SESSION 1:30PM-4PM



GEORGE TOMLINSON			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Balloon Making & Flea Circus	Arts and Crafts	Playground Activities
Tues	Leyton Orient Multi Sports	Face Painting	Playground Activities
Weds	DIY Lava Lamps	Arts and Crafts	Playground Activities
Thurs	African Drumming with Dance	Arts and Crafts	Playground Activities
Fri	Shadow Cinema Workshops	Arts and Crafts	Playground Activities

COPPERMILL PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Meet the Animals	Arts and Crafts	West Essex Community Sport
Tues	Mary Poppins Workshop	Arts and Crafts	West Essex Community Sport
Weds	Musical Theatre and Jazz Dance	Arts and Crafts	West Essex Community Sport
Thurs	Mythical Marionettes	Arts and Crafts	West Essex Community Sport
Fri	Circus Skills	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Magic Masterclass	Arts and Crafts	Playground Activities
Tues	Recycled Arts	Arts and Crafts	Playground Activities
Weds	The Craft Kitchen	Arts and Crafts	Playground Activities
Thurs	Caribbean Steel Pans	Arts and Crafts	Playground Activities
Fri	Arts and Crafts	Face Painting	Playground Activities

ST MARY'S CATHOLIC PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Graffiti Workshops	Arts and Crafts	Playground Activities
Tues	You've been slimed	Arts and Crafts	Playground Activities
Weds	Yoga with African Drumming	Arts and Crafts	Playground Activities
Thurs	Meet the Animals	Arts and Crafts	Leyton Orient Multi Sports
Fri	Magic Roman	Arts and Crafts	Playground Activities

WEEK 2

5 AUGUST-9 AUGUST
MORNING SESSION 10AM-12:30PM



EDINBURGH PRIMARY SCHOOL			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Face Painting	3D Sculpture Making	West Essex Community Sport
Tues	You've been slimed	Arts and Crafts	West Essex Community Sport
Weds	Meet the Animals	Arts and Crafts	West Essex Community Sport
Thurs	African Mask Making	Arts and Crafts	West Essex Community Sport
Fri	Tresure Hunt	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Make your own bathbombs	Arts and Crafts	Playground Activities
Tues	Plant, Print and Play	Arts and Crafts	Leyton Orient Multi Sports
Weds	Magic Masterclass	Arts and Crafts	Playground Activities
Thurs	Mrs Bubbles	Arts and Crafts	Leyton Orient Multi Sports
Fri	Aladdin Workshop	Arts and Crafts	Playground Activities

GREENLEAF PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Meet the Animals	Arts and Crafts	Playground Activities
Tues	Mrs Bubbles	Arts and Crafts	Playground Activities
Weds	Arts and Crafts	Face Painting	Playground Activities
Thurs	Graffiti T-Shirts	Arts and Crafts	Playground Activities
Fri	Talent Show	Arts and Crafts	Playground Activities

HANDSWORTH PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Treasure Hunt	Arts and Crafts	Playground Activities
Tues	Meet the Animals	Arts and Crafts	Playground Activities
Weds	Mad Hatter Tea Party	Arts and Crafts	Leyton Orient Multi Sports
Thurs	Marvellous Marbelling	Arts and Crafts	Playground Activities
Fri	Caribbean Drums	Arts and Crafts	Playground Activities

WEEK 2

5 AUGUST-9 AUGUST
AFTERNOON SESSION 1:30PM-4PM



GEORGE TOMLINSON			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Meet the Animals	Arts and Crafts	Football Skills
Tues	Marvellous Marbeling	Arts and Crafts	Football Skills
Weds	Magic Roman	Arts and Crafts	Football Skills
Thurs	Mary Poppins Workshop	Arts and Crafts	Football Skills
Fri	Street Dance	Arts and Crafts	Football Skills

COPPERMILL PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	African Drumming and Dancing	Arts and Crafts	Playground Activities
Tues	Leyton Orient Multi Sports	Face Painting	Playground Activities
Weds	Meet the Animals	Arts and Crafts	Playground Activities
Thurs	Wonderful Weaving	Arts and Crafts	Leyton Orient Multi Sports
Fri	Treasure Hunt	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Treasure Hunt	Arts and Crafts	West Essex Community Sport
Tues	Meet the Animals	Arts and Crafts	West Essex Community Sport
Weds	Recycled Arts	Arts and Crafts	West Essex Community Sport
Thurs	Mrs Bubbles	Arts and Crafts	West Essex Community Sport
Fri	You've been slimed	Arts and Crafts	Playground Games

ST MARY'S CATHOLIC PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Aladdin Workshop	Arts and Crafts	Playground Activities
Tues	Circus Skills	Arts and Crafts	Playground Activities
Weds	Make your own bathbombs	Arts and Crafts	Leyton Orient Multi Sports
Thurs	Street Dance	Face Painting	Playground Activities
Fri	Talent Show	Arts and Crafts	Playground Activities

WEEK 3

12 AUGUST-16 AUGUST

MORNING SESSION 10AM-12:30PM



EDINBURGH SCHOOL			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	African Drumming with Yoga	Arts and Crafts	Leyton Orient Multi Sports
Tues	Wonderful Weaving	Arts and Crafts	Playground Activities
Weds	Magic Masterclass	Face Painting	Playground Activities
Thurs	Street Dance	Arts and Crafts	Playground Activities
Fri	Savvy Science	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Kung Fu	Arts and Crafts	Playground Activities
Tues	Pirate Training Academy	Arts and Crafts	Leyton Orient Multi Sports
Weds	Block Painting	Arts and Crafts	Leyton Orient Multi Sports
Thurs	Caribbean Steel Pans	Arts and Crafts	Playground Activities
Fri	Kung Fu	Arts and Crafts	Playground Activities

GREENLEAF PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Alladin Workshop	Arts and Crafts	Football Skills
Tues	Textiles Self Portrait	Arts and Crafts	Football Skills
Weds	Street Dance	Arts and Crafts	Football Skills
Thurs	Punch & Judy	Arts and Crafts	Football Skills
Fri	Wonderful Weaving	Arts and Crafts	Football Skills

HANDSWORTH PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Balloon Making	Arts and Crafts	West Essex Community Sport
Tues	African Mask Making	Face Painting	West Essex Community Sport
Weds	You've been slimed	Arts and Crafts	West Essex Community Sport
Thurs	Recycled Arts	Arts and Crafts	West Essex Community Sport
Fri	Talent Show	Arts and Crafts	Playground Activities

WEEK 3

12 AUGUST-16 AUGUST

AFTERNOON SESSION 1:30PM-4PM



GEORGE TOMLINSON			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Kung Fu	Face Painting	Football Skills
Tues	Indian Dhol Drumming	Arts and Crafts	Football Skills
Weds	Leyton Orient Multi Sports	Arts and Crafts	Football Skills
Thurs	Magic Roman	Arts and Crafts	Football Skills
Fri	Textiles Self Portrait	Arts and Crafts	Football Skills

COPPERMILL PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	DIY Lava Lamp	Arts and Crafts	West Essex Community Sport
Tues	Mrs Bubbles	Arts and Crafts	West Essex Community Sport
Weds	African Drumming with Yoga	Arts and Crafts	West Essex Community Sport
Thurs	Become a puppeteer	Arts and Crafts	West Essex Community Sport
Fri	Talent Show	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Balloon Making Workshop	Arts and Crafts	Leyton Orient Multi Sports
Tues	Street Dance	Arts and Crafts	Leyton Orient Multi Sports
Weds	Super Hero School	Arts and Crafts	Playground Activities
Thurs	Make your own bathbombs	Face Painting	Playground Activities
Fri	African Mask Making	Arts and Crafts	Playground Activities

ST MARY'S CATHOLIC PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	African Storytelling	Arts and Crafts	Playground Activities
Tues	Kung Fu	Arts and Crafts	Playground Activities
Weds	Magic Masterclass	Arts and Crafts	Leyton Orient Multi Sports
Thurs	You've been slimed	Arts and Crafts	Playground Activities
Fri	Mary Poppins Workshop	Arts and Crafts	Playground Activities

WEEK 4

19 AUGUST-23 AUGUST
MORNING SESSION 10AM-12:30PM



EDINBURGH			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Kung Fu	Arts and Crafts	Playground Activities
Tues	Graffiti T-shirts	Arts and Crafts	Leyton Orient Multi Sports
Weds	Plant, Print and Play	Arts and Crafts	Playground Activities
Thurs	Circus Skills	Arts and Crafts	Leyton Orient Multi Sports
Fri	Shadow Cinema Workshop	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Balloon Science	Arts and Crafts	West Essex Community Sport
Tues	The Space Craft	Arts and Crafts	West Essex Community Sport
Weds	African Mask Making	Arts and Crafts	West Essex Community Sport
Thurs	Face Painting	Arts and Crafts	West Essex Community Sport
Fri	Talent Show	Arts and Crafts	Playground Activities

GREENLEAF PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Circus Skills	Arts and Crafts	Leyton Orient Multi Sports
Tues	African Storytelling	Face Painting	Playground Activities
Weds	Balloon Science	Arts and Crafts	Leyton Orient Multi Sports
Thurs	Kung Fu	Arts and Crafts	Playground Activities
Fri	Caribbean Steel Pans	Arts and Crafts	Playground Activities

HANDSWORTH PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	African Drumming with yoga	Arts and Crafts	Football Skills
Tues	Savvy Science	Arts and Crafts	Football Skills
Weds	Singing Workshop	Arts and Crafts	Football Skills
Thurs	Printing with Nature	Arts and Crafts	Football Skills
Fri	Street Dance	Arts and Crafts	Football Skills

WEEK 4

19 AUGUST-23 AUGUST
AFTERNOON SESSION 1:30PM-4PM



GEORGE TOMLINSON			
	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Circus Skills	Arts and Crafts	West Essex Community Sport
Tues	African Mask Making	Arts and Crafts	West Essex Community Sport
Weds	Graffiti T-Shirts	Arts and Crafts	West Essex Community Sport
Thurs	Shadow Cinema Workshop	Arts and Crafts	West Essex Community Sport
Fri	Talent Show	Arts and Crafts	Playground Activities

COPPERMILL PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Balloon Making	Face Painting	Playground Activities
Tues	Textiles Self Portrait	Arts and Crafts	Leyton Orient Multi Sports
Weds	Super Hero School	Arts and Crafts	Playground Activities
Thurs	Circus Skills	Arts and Crafts	Playground Activities
Fri	The Craft Kitchen	Arts and Crafts	Playground Activities

CHAPEL END INFANTS SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	African Drumming	Arts and Crafts	Football Skills
Tues	Printing with Nature	Arts and Crafts	Football Skills
Weds	Balloon Science	Arts and Crafts	Football Skills
Thurs	Mary Poppins Workshop	Arts and Crafts	Football Skills
Fri	Savvy Science	Arts and Crafts	Football Skills

ST MARY'S CATHOLIC PRIMARY SCHOOL

	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
Mon	Marvellous Marbelling	Arts and Crafts	Leyton Orient Multi Sports
Tues	African Drumming	Arts and Crafts	Playground Activities
Weds	Singing Workshop	Arts and Crafts	Leyton Orient Multi Sports
Thurs	Mad Hatters Tea Party	Arts and Crafts	Playground Activities
Fri	Leyton Orient Multi Sports	Face Painting	Playground Activities

FUN IN THE PARK



Come and enjoy our beautiful parks, fun play equipment, and get involved in games and activities at the Play Bus.

Park Locations and times:

PARK	TIME AND DATE	TIME AND DATE
Jubilee Park (Marsh Lane entrance), E10	Thursday 25th July 10am-12pm	Friday 23rd August 2pm-4pm
Acacia Road Play Area, E11	Friday 9th August 10am-12pm	Thursday 25th July 2pm-4pm
Cat hall Green (opposite E11 Leisure Centre)	Thursday 1st August 10am-12pm	Friday 16th August 2pm-4pm
Henry Reynolds Park, E11	Friday 16th August 10am-12pm	Thursday 1st August 2pm-4pm
Thomas Gamuel Park E17	Thursday 8th August 10am-12pm	Friday 26th July 2pm-4pm
St James Park, E17	Friday 26th July 10am-12pm	Thursday 15th August 2pm-4pm
Arnett Square, (Chingford Hall) E4	Thursday 22nd August 10am-12pm	Friday 9th August 2pm-4pm
Pimp Hall, E4	Thursday 15th August 10am-12pm	Friday 2nd August 2pm-4pm
Higham Hill Recreation Ground E17	Friday 2nd August 10am-12pm	Thursday 22nd August 2pm-4pm
Cheney Row Park, Higham Hill, E17	Friday 23rd August 10am-12pm	Thursday 8th August 2pm-4pm

FREE



ACTIVITIES

FOR 11-19 YEAR OLDS

**ARE YOU LOOKING FOR SOME FUN ACTIVITIES
TO TRY DURING THE SUMMER HOLIDAYS?
THIS SUMMER WE HAVE A WIDE RANGE OF
FREE EXCITING ACTIVITIES ACROSS THE
BOROUGH AVAILABLE FOR YOU TO ENJOY.**

The courses will provide an opportunity to learn new skills, try new activities and meet new friends.



Booking is essential on the programme so please book early to avoid disappointment.




All activities are inclusive, however if your child does have special education needs and disabilities please contact us on **020 8496 3000** so we can ensure the provider can meet the needs of your child.




Bookings can be made here –
<http://wfholidayactivities.eventbrite.co.uk>










NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Acting and Improvisation</p> <p>Beartuza Theatre Company</p>   Bronze	11–19	Monday 12 August–Friday 16 August 2019	Gnome House, 7 Blackhorse Ln, Walthamstow, E17 6DS	10am–3pm	<p>Over five days, you will learn the key aspects of ‘Playback Theatre’, an improvised form of performance where audience members share stories that are then “played back” by a group of four actors on stage. You will learn the various forms that stories can be played back in and then work on developing your improvisational skills. The week will focus on, performance skills, characterisation, being confident when putting ideas forward, collaborating with others and finding the key/ interesting details in a story. You will showcase the skills you’ve learnt in an end of week performance to an audience of friends and family.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>




NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Badminton 	11-19	Monday 29 July–Thursday 1 August 2019	Pastures Youth Centre, Davies Lane, Leytonstone, E11 3DR	2pm -4:30pm	<p>Fun, energetic sessions learning the fundamentals of Badminton.</p> <p>Racquets will be provided</p> <p>Participants need to bring plenty of soft drinks and wear suitable sporty clothing.</p>
Bushcraft The Suntrap Centre 	12-14	Monday 12 August–Tuesday 13 August 2019 Monday 19 August–Tuesday 20 August 2019	Epping Forest, Chingford	10:15am- 3:30pm	<p>Come and spend a fun two days learning the art of Bushcraft. You will spend 2 days in Epping Forest lighting fires, discovering wild foods, making food by camp fire and building you very own shelter.</p> <p>Day 1 Meet at Chingford Station 10am, all day outdoors in Epping Forest</p> <p>Day 2 Meet at Highams Park Station, E4 9LA at 10am or make your own way to Mallinson Scout Centre, The Charter Rd, IG8 6RE for 10.15am</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>
Business 4 Life: Young Entrepreneurs Masterclass – Wipers Youth 	11-16	Wednesday 14 August–Thursday 14 August 2019	Frederick Bremer School, Siddeley Rd, Walthamstow, E17 4EY	10am- 12:30pm 1pm-3pm	<p>A creative and innovative fun-filled two day workshop for young people interested in starting their own business.</p> <p>The workshops involve fun interactive games and activities that will give participants a basic understanding in starting and running a business.</p>


NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Canoeing, Kayaking and Off Road Biking – The Leaside Trust</p> 	11–16	<p>Monday 29 July–Friday 2 August 2019</p> <p>Monday 5 August–Friday 9 August 2019</p> <p>Monday 12 August–Friday 16 August 2019</p> <p>Monday 19 August–Friday 23 August 2019</p>	The Leaside Trust, 34 Spring Lane, E5 9HQ	10am-3:30pm	<p>Come along for a fun week of activities taking place along the River Lea. Every morning you will spend mountain biking and then in the afternoon you will spend your time canoeing and kayaking along the River Lea.</p> <p>Participants will need a packed lunch, plenty of soft drinks and wear suitable clothing for taking part in cycling and canoeing and kayaking.</p> <p>Participants will be picked up from Coppermill Field Car Park, Coppermill Lane, E17 at 10am and will be dropped back to Coppermill Field Car Park at 3:30pm.</p> <p>Participants will need to bring a spare change of clothing and be a confident cyclist.</p>
<p>Comic Workshop MVP Workshops</p>  <p>Bronze</p> 	11–16	Monday 19 August–Friday 23 August 2019	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am-3pm	<p>Do you want to learn how to make comic books? Want to team up with your friends and take cool pictures? Want to learn how to edit them with the latest software? Then attend the MVP Comic Book Design workshop!</p> <p>Learners will learn key skills using latest graphic editing software. Learners will gain story telling skills, as well as character development techniques. Learners will leave the course with their very own comic book.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>





NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Cricket – Leyton Wicketz CC 	11–19	Monday 29 July– Wednesday 31 July 2019 Monday 5 August– Wednesday 7 August 2019 Monday 12 August– Wednesday 15 August 2019 Monday 19 August– Wednesday 21 August 2019	Leyton Sports Ground, High Road Leyton, E10 6PY	2:30pm–5:30pm	<p>Cricket in London has never been bigger! With the Cricket World Cup taking place across the UK, a home Ashes Series and the ECB's first ever Urban Cricket Hub opening in Leyton. Why not get involved and join our summer cricket camp at Leyton Sports Ground?</p> <p>Fun cricket coaching sessions led by qualified coaches teaching bowling, batting and fielding skills as well as playing lots of matches.</p> <p>Participants need to bring plenty of soft drinks and wear suitable sporty clothing.</p>
East Side Story Active London   Bronze	11–16	Monday 29 July– Friday 2 August 2019	Walthamstow community hub, 18A Orford road, Walthamstow, E17 9LN	10am–3pm Friday 11am–4pm	<p>An urban edge musical based in Waltham Forest about a youth with big dreams. We will be learning this edgy, funny but tragic musical in one week. Learn to sing, dance and act and get to be part of a cast of a musical that has never been performed before! Working with West end industry professionals we will produce a spectacular show that parents and carers are invited to watch for the first time ever.</p> <p>We welcome all, from experienced performers to beginners!</p> <p>Please wear comfortable clothes to move around in, a packed lunch and a refillable bottle of water.</p>





NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Eco Camp – Mbilla Arts and Organic Lea 	11–16	Thursday 1 August–Friday 2 August 2019	Hawkwood Plant Nursery, 115 Hawkwood Crescent, Chingford, E4 7UH	10am–4pm	<p>Come along to a 2 day course where you will join a range of activities in horticulture, wildlife, cooking and arts.</p> <p>During the course you will undertake tasks in the garden including growing, composting, mulching, planting and lots more. Using Organiclea produce you will cook lunch to prepare a delicious, healthy lunch for each other. You will get the chance to enjoy the arts in the open air as well as building birdboxes, hedgehog homes, planters, and bug hotels and wildlife watching.</p> <p>Participants must come dressed to work in the gardens for example wearing trainers or boots and with clothes that they don't mind getting muddy!</p> <p>Participants will need a packed lunch and refillable bottle of water.</p>
NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Female Football – AFC Leyton 	11–19	Monday 29 July–Friday 2 August 2019 Monday 5 August–Friday 9 August 2019	Salisbury Hall Play Fields, Walthamstow Avenue, E4 8SN	10am–12pm	<p>Have fun, make new friends, learn some skills. AFC Leyton is running football sessions this summer for Girls who are aged between 11 and 19 years.</p> <p>No need to buy any kit. Just make wear clothes you can run around in with sports shoes/trainers or football boots if you have them.</p>




NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
From Farm to Fork Eat Club Ltd 	11-19	Monday 12 August-Friday 16 August 2019	The Hornbeam Centre, 458 Hoe Street, Walthamstow, E17 9AH	11am-2pm	<p>Want to be a chef, Youtube star or restaurateur? Or do you just want to know more about what you eat? Get healthy? Or be able to cook for your family and friends? If these questions excite you, then this course is for you! Join Eat Club's summer course where you can get up, close and personal with your food, make friends and support your local community!</p> <p>All food will be provided for cooking</p>
Futsal – Forest Crusader Futsal 	11-19	Monday 12 August-Friday 16 August 2019 Monday 16 August-Friday 24 August 2019	Leyton Cricket Ground, High Road Leyton, E10 6PY	9:30 am- 12:30pm	<p>Futsal is an exciting, fast-paced small sided football game that is widely played across the world.</p> <p>The nature of the game places a large emphasis on technical skill and ability in situations of high pressure, and is subsequently an excellent breeding ground for football competencies that can be translated into the 11-a-side format of the game.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Hockey – Waltham Forest Hockey Club and Forest Flyers 	11–19	Monday 5 August–Friday 9 August 2019 Monday 12 August–Friday 16 August 2019 Monday 19 August–Friday 24 August 2019	Walthamstow Academy, Billet Road, E17 5DP	10am–11:30am	Want to try hockey? Come along to learn new skills or to develop your stick skills and match-practice Participants will need to wear astro trainers (or any trainers with good grip), shin pads and a gum shield. For those new to Hockey, hockey sticks will be available
NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Graffiti Arts MVP Workshops   Bronze	11–16	Monday 29 July–Friday 2 August 2019 Monday 12 August–Friday 16 August 2019	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am–3pm	Want to learn how to create graffiti pieces of art? Want to learn the cultural influences of graffiti? How about spraying a wall with your favourite colours and creating your very own tag? If so, then join the MVP Graffiti workshop this summer! Students will learn spray-painting techniques, teamwork, drawing and concept skills. Learners will create their own tag and be introduced to the history of graffiti arts. Participants will need to bring a packed lunch and plenty of soft drinks.

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>I'm a Suntrap get me out of here</p> <p>Suntrap Centre</p>   Bronze	12-14	<p>Tuesday 30 July 2019</p> <p>Friday 23 August 2019</p>	Mallinson Scout Centre, The Charter Rd, IG8 6RE	10am-3:30pm	<p>A mystery package of fun, outdoor challenges to test your resilience, team work and bravery! Tower building, swamp crossing, animal handling and many more.</p> <p>Meet at Highams Park Station, E4 9LA at 10am or make your own way to Mallinson Scout Centre, The Charter Rd, IG8 6RE for 10.15am</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>
<p>Introduction to Woodcarving</p> <p>Suntrap Centre</p>   Bronze	12-16	<p>Wednesday 31 July 2019</p> <p>Friday 16 August 2019</p>	Mallinson Scout Centre, The Charter Rd, IG8 6RE	10am-3:30pm	<p>A beginner's course in carving, come along and spend the day with us round the camp fire and learn how to carve green wood.</p> <p>Meet at Highams Park Station, E4 9LA at 10am or make your own way to Mallinson Scout Centre, The Charter Rd, IG8 6RE for 10.15am</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Let's Make a Video Game – William Morris Gallery</p>   Bronze	11–15	Monday 5 August–Friday 9 August 2019	William Morris Gallery, Lloyd Park, Forest Road, E17 4PP	10am–3pm	<p>This workshop gives you a chance to dive into the world of modern videogames and app making over the course of a fun and interactive 5 day course held at the William Morris Gallery. By the end of the course you will have learned a little about what goes into videogame creation, been introduced to some of the accessible creation tools out there today and collaborated with each other to create their own game about the William Morris Gallery.</p> <p>Participants will need to bring a packed lunch and soft drinks.</p>
<p>Lights, Camera Act</p> <p>Active London</p>   Bronze	11–16	Monday 19 August–Friday 23 August 2019	Winchester road Methodist church, Winchester road London, E4 9JP	<p>10–3pm Monday–Thursday</p> <p>Friday 1:30–6:30pm</p>	<p>Fancy starring in a film or an advert or a Bollywood music video? Come along to our week of Lights, Camera and Act! Young people will get the chance to learn acting to camera skills, creating their own soap operas, adverts, movie scenes and present their own TV show! See what it's like to work in front of the camera as well as behind it!</p> <p>A Hilarious week of comedy acting that family and friends are able to come along at the end of the week to watch the work you have created.</p> <p>#Actingtocamera #Directing #Comedy</p> <p>Please wear comfortable clothes to move around in, a packed lunch and a refillable bottle of water.</p>


NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Making it Mindful</p> <p>Making it Mindful</p>   Bronze	11 -16	Monday 29 July– Friday 2 August 2019	South Methodist Church 5 New Rd, Chingford, E4 9EU	10am-3pm	<p>'Making in it Mindful' is a self –discovery workshop designed for children to learn new skills in a nonjudgement relaxing environment.</p> <p>Meditation, Yoga, Mindful movement and Role play will be incorporated into this week including lots of fun team building games.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>
<p>Making it Musical</p> <p>Making it Mindful</p>   Bronze	11-16	Monday 12 August–Friday 16 August 2019	Winchester Church 82 Winchester Rd, Highams Park, London, E4 9JP	10am-3pm	<p>Through the week you will experience a guest teacher who has been in a professional West end Musical or Performed on a cruise ships. This includes Dancing, Singing and Acting. At the end of the week we will invite Friends and Family in to watch the performances on the big stage. It's the perfect opportunity for children interested in the arts to work with professionals in the industry.</p> <p>Participants will need to bring a packed lunch and plenty of water.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Music Production – MVP Workshops</p>   Bronze	11–16	<p>Monday 29 July–Friday 2 August 2019</p> <p>Monday 19 August–Friday 23 August 2019</p>	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am–3pm	<p>Want to learn how to use the latest music editing software? Want to have a go at creating your very own instrumental? Want to know how to market yourself as a producer? Then join the MVP Music Production workshop this summer!</p> <p>During the week you will learn the basics of music production and industry standard production techniques, using Logic X and a professional recording studio. They will develop the skillset to create individual or group productions.</p> <p>You will gain an understanding of the MVP Five Major Keys and how to apply them in order to be successful.</p> <p>Participants will need to bring a packed lunch.</p>
<p>Multi Sports – Leyton Orient Trust</p> 	11–18	<p>Monday 29 July–Friday 2 August 2019</p> <p>Monday 12 August–Friday 16 August 2019</p>	The Score Centre, 100 Oliver Road, Leyton, E10 5JY	10am–3pm	<p>Come and take part in a fun packed week of sports including athletics, badminton, basketball, beach volleyball, cricket, futsal, handball, netball and tennis. During the day expert and friendly staff will provide an exciting programme of sports for you to take part in.</p> <p>Participants need to bring a packed lunch and plenty of water. Loose fitting t shirts, shorts and track suit bottoms are most suitable.</p>





NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Singing / Song writing MVP Workshops   Bronze	11-16	Monday 5 August–Friday 9 August 2019 Monday 12 August–Friday 16 August 2019	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am-3pm	<p>Are you an aspiring singer or rapper and want to learn how to write and structure your lyrics like your favourite artist? Want to develop the skills needed to rock the stage! Then you should join the MVP Singing and Songwriting workshop this summer!</p> <p>Learners will learn the basics of song writing/ singing and industry standard techniques. Learners will have the chance to record their very own song.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>








NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Soccer Skills Camp</p> <p>Leyton Orient Trust</p> 	11-18	<p>Monday 5 August–Friday 9 August 2019</p> <p>Monday 19 August–Friday 23 August 2019</p>	The Score Centre, 100 Oliver Road, Leyton, E10 5JY	10am-3pm	<p>Are you interested in improving your football skills and match day performance? During the summer you can join Leyton Orient Trust and Academy Staff for a week of a fun football camp. During the morning sessions you will join training session and take part in team games in the afternoon.</p> <p>During the week Leyton Orient Academy staff will be invited to be involved and add in their expertise. There will also be the opportunity to visit the stadium and meet some players and coaching staff.</p> <p>Participants need to bring packed lunch, plenty of soft drinks. Participants should wear suitable clothing and wear outside moulded football boots and shin pads – sun hat and sun cream are required.</p>




NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Sports Award Leyton Orient Trust 	13–19	Monday 29 July– Friday 2 August 2019–(13–16 year olds) Monday 5 August –Friday 9 August 2019 (16–19 year olds)	The Score Centre, 100 Oliver Road, Leyton, E10 5JY	10am–3pm	<p>A fantastic opportunity to gain a Level 1 accredited course that will introduce you to the basics of running multi sports sessions for primary age children.</p> <p>During the week you will complete 6 units including communication skills, leading sports sessions, running event and tournaments. You will complete the award with a two hour work placement with the Trust.</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothes for the programme.</p>



NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Stage Combat Beartuza Theatre Company</p>   Bronze	11–19	Monday 19 August– Wednesday 21 August 2019	Gnome House, 7 Blackhorse Ln, Walthamstow, London, E17 6DS	10am–3pm	<p>A three day course, where you will work with a certified Stage Combat specialist with fight experience on both stage and screen. You will learn all the key skills required to execute a believable and safe stage combat routine. You will learn a hand to hand fight sequence and a sequence using wooden stunt swords, specifically created for young participants with minimal to no experience in stage combat. Participants will then work with the with the Beartuza team to develop scenes that fit around these fight sequences, culminating in a performance to an audience of friends and family on the final day.</p> <p>You will need to bring clothes that are suitable for physical activity and plenty of soft drinks.</p>
<p>Street Dance – Leaders Community</p>   Bronze	11–14	Monday 5 August–Friday 9 August 2019	Paradox Centre, 3 Ching Way, E4 8YD	10am–12pm	<p>Commercial streetdance sessions led by industry performing artists connecting with young people to prepare you for a career in the creative industries.</p> <p>All abilities welcome.</p> <p>You will need to bring clothes that are suitable for physical activity and plenty of soft drinks.</p>




NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Squash -Walthamstow Cricket, Tennis and Squash Club 	11-19	Monday 12 August–Friday 16 August 2019 Monday 19 August–Friday 24 August 2019	Walthamstow Cricket, Tennis and Squash Club, 48a Greenway Ave, Walthamstow, London, E17 3QN	10am-12pm	Squash for all abilities, all equipment will be provided. You will need to bring clothes that are suitable for physical activity and plenty of soft drinks.
The Puppet Production Masterclass E17 Puppet   Bronze	11-13	Monday 29 July–Thursday 1 August 2019	The Long Room, Leyton Cricket Pavilion, Leyton Sports Ground, 485 High Road, Leyton, E10 6PY	10am-3pm	Create your own puppet characters and put on your own show; learn how to move and express the emotions of your puppets, design your own scenery, then script and direct a full puppetry production! No experience required, attendees should bring a packed lunch each day and wear comfortable clothes for moving around.





NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>The Social Apprentice Wipers Youth</p> 	11–16	Tuesday 30 July– Thursday 1 August 2019	Frederick Bremer School, Siddeley Rd, Walthamstow, E17 4EY	10am–3pm	<p>This creative and fun-packed 3-day workshop is a great opportunity to develop business skills, learn about social enterprises and come up with business ideas that address social problems. Work in teams to tackle homelessness or take on climate change – the social apprentice experience provides fun and challenging business-related tasks with a social purpose that benefit communities. Present your ideas to a panel of industry experts and have a chance of becoming the 2019 Social Apprentice!</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>
<p>The Waltham Forest Kitchen Making it Mindful</p> 	11–16	Monday 5 August–Friday 9 August 2019	The Learning Lodge Pimp Hall Nature Reserve Chingford, E4 7HR	10am–3pm	<p>The Waltham Forest kitchen is a workshop for young adults to get creative with their cooking skills and create their own restaurant working with Chef and owner of the “Feel Good café” in Chingford Idan Naor.</p> <p>Through the week you will learn exciting healthy plant-based recipes and cook a three-course meal for friends and family on the final day. You will leave the workshop filled with the confidence that they can cook well for themselves and replicate the dishes that they have learnt at home.</p> <p>Participants will need to bring a packed lunch and plenty of water</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
Think Theatre Masterclass E17 Puppet   Bronze	11-16	Tuesday 20 August-Friday 23 August 2019	Walthamstow Quaker Meeting House, 1a Jewel Road, E17 4QU	10am-3pm	<p>Over the 4 day course you will create your own theatre company and develop a production from scratch; learn performance techniques then create and deliver your own show to an audience of family and friends!</p> <p>No experience required, attendees should bring a packed lunch each day and wear comfortable clothes for moving around.</p>
Trampolining – Inspire Trampolining Academy 	11-19	Monday 5 August-Friday 9 August 2019 Monday 19 August-Friday 24 August 2019	Leyton Sixth Form College, Essex Road, E10 6EQ	10am- 11:30am (11-13 year olds) 11:30am- 1pm (14-19 year olds)	<p>Trampolining is a fun and exhilarating sport, from your very first lesson you can experience the thrill of flying high and experience a moment of weightlessness. As you build your confidence and strength you will learn a whole range of skills, from tuck jumps to somersaults. Whether you have trampolined before, a complete beginner or a pro, we can work with you to create new challenges and moves you have never done before. The sky is the limit.</p> <p>Participants will need to wear suitable clothing and bring plenty of soft drinks.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Decorate the 'Pop Up Rikshaw Photo booth'</p> <p>William Morris Gallery</p>   <p>Bronze</p>	14–19	Tuesday 30 July– Friday 2 August 2019	William Morris Gallery, Forest Rd Lloyds Park, E17 4PP	10:30am– 4pm	<p>Over the 4 day course you will get to design and decorate the 'Pop Up Rikshaw Photo booth' + plus selfie props for 2019 Waltham Forest Mela</p> <p>No experience required, attendees should bring a packed lunch each day.</p>



NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
The Cultural Explosion X7eaven   Bronze	11–19	Monday 29 July– Friday 2 August 2019	X 7eaven Academy, The Nexus Centre, 3 Snowberry Close, E15 2AH	10am-3pm	<p>Come and sample the exciting rich culture of our borough, by getting involved in Dance and Drama workshops, such as Bollywood Dance, Irish dance, Salsa and African dance. Learn the history of the country from which they originated. End the week showcasing what has been devised throughout the project. These Dances can be used to develop and produce an exciting eye-catching piece that will give the young people the opportunity to take part in events for the borough of culture.</p> <p>Participants will need to bring a packed lunch and plenty of water.</p>
The Social Apprentice Wipers Youth 	11–16	Monday 29 July– Friday 2 August 2019			<p>This creative and fun-packed 3-day workshop is a great opportunity to develop business skills, learn about social enterprises and come up with business ideas that address social problems. Work in teams to tackle homelessness or take on climate change – the social apprentice experience provides fun and challenging business-related tasks with a social purpose that benefit communities. Present your ideas to a panel of industry experts and have a chance of becoming the 2019 Social Apprentice!</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
<p>Upcycled and Stylish</p> <p>Significant Seams</p>   Bronze	11-19	Monday 19 August–Friday 23 August 2019	Fredrick Bremer School, Siddeley Rd Walthamstow, E17 4EY	10am-3pm	<p>In this five day programme we will explore sewing techniques and the endless possibilities with a bit of imagination, experimentation and know how. On day one, you will cut, re-design, sew and refashion charity shop garments or items from home that you wish to refashion. Through the week a fashion collection will be developed as practical skills are also amassed.</p> <p>Participants will need to bring a packed lunch and plenty of water.</p>
<p>Wild about Art</p> <p>Suntrap Centre</p>   Bronze	12-16	<p>Wednesday 14 August–Thursday 15 August 2019</p> <p>Wednesday 21 August and Thursday 22 August 2019</p>	Epping Forest, Chingford (Meet at Chingford Station)	10am-3:30pm	<p>Spend two days in Epping Forest exploring this natural environment along with the plants & animals living there to produce your own piece of art. Activities will include; photo scavenger hunt, natural land based art, landscape drawing, animal life drawing & photographic sun printing. You will have the opportunity to use a range of media including; clay, willow, pastels, charcoal & tissue paper.</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>

Waltham Forest is fortunate in having many beautiful parks, open spaces and well equipped play areas. We have libraries offering activities and help to access Council services, up to the minute leisure centres and places to visit.

Parks and open spaces

As well as being the perfect green space for a leisurely stroll or a picnic, our parks are host to football, tennis and cricket matches, skateboarding and cycling events, summer festivals and a range of free fitness classes.

www.walthamforest.gov.uk/parks

Libraries

Waltham Forest libraries offer a whole programme of events and activities for all ages. You can also get help and advice from Council staff on all council services at our Four Library Plus branches. www.walthamforest.gov.uk/libraries

Leisure Centres

Waltham Forest boasts five leisure centres offering every facility from swimming pools, teaching pools, water flumes, saunas, well equipped fitness gyms, studios and sports halls. www.better.org.uk/walthamforest

Vestry House Museum

Vestry House Museum presents themed displays that capture the unique heritage of the local area plus an exciting and varied programme of activities and events for all ages, many of which are free. <https://vestryhousemuseum.org.uk/>

William Morris Gallery

Situated in the grounds of the beautiful Lloyd Park, William Morris Gallery offers new exhibitions, a year round programme of events, learning resources and creative projects for all ages. www.wmgallery.org.uk

Walthamstow Wetlands

Walthamstow Wetlands is London's largest urban wetland and has something for everyone. You can enjoy some peace and calm, observe wildlife, learn how London's water is delivered, walk, fish, run, cycle or enjoy the hospitality of the Visitor Centre and Café situated in the Engine House. www.walthamstowwetlands.com

Suntrap Forest Education Centre

Seven acres of field and garden managed as mini habitats means there is a lot to discover at the Suntrap Forest Education Centre. With a variety of events available for all ages everyone can go on a family adventure.

www.suntrapcentre.weebly.com