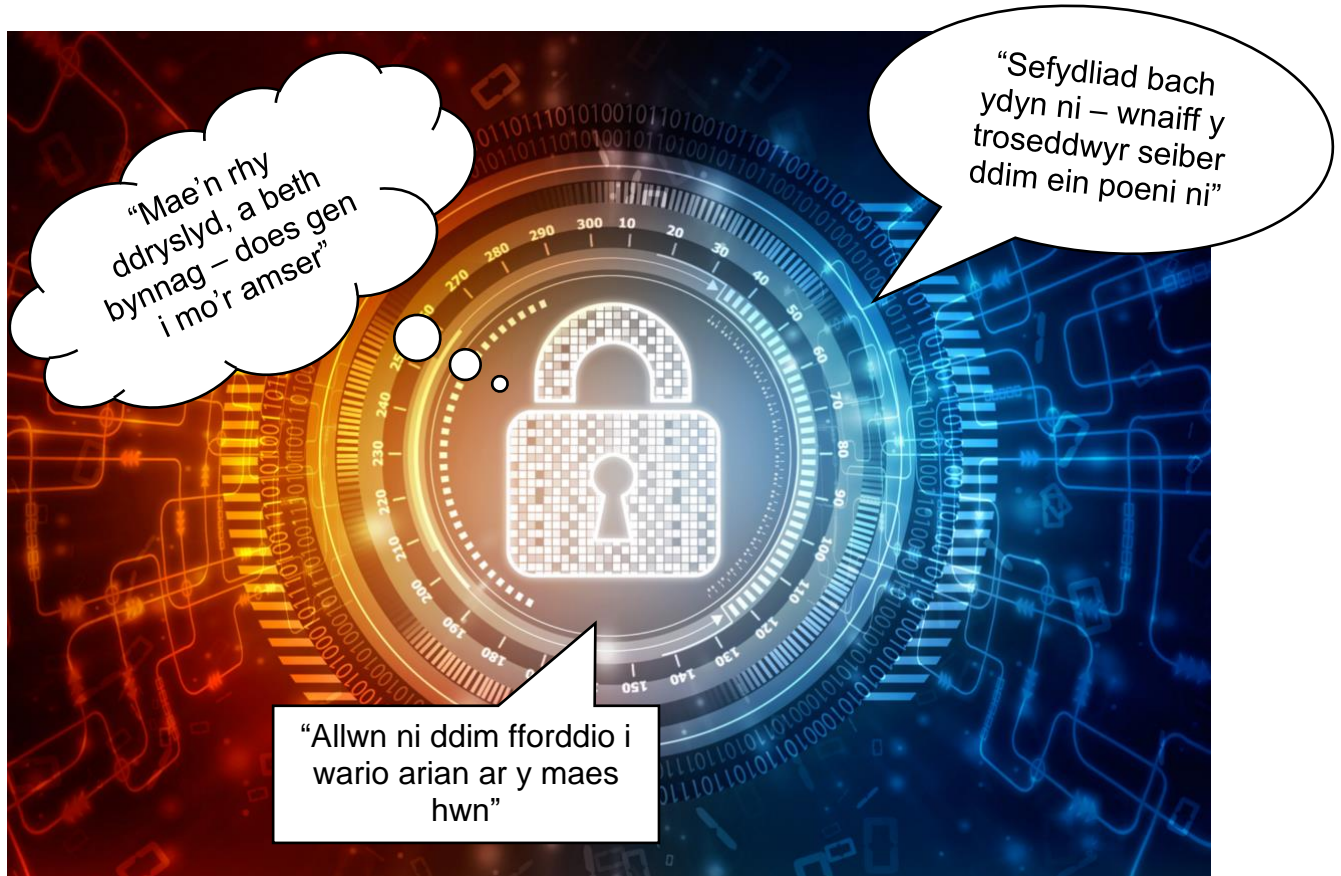


Gweminar Seiberddiogelwch ar gyfer y Sector Gofal Cymdeithasol yng Nghymru



Ydi'r brawddegau hyn yn swnio'n gyfarwydd? Mae Llywodraeth Cymru, gydag Arolygiaeth Gofal Cymru, wedi creu seminar sy'n chwalu'r mythau a'r rhagdybiaethau am seiberddiogelwch.

Mae'r bygythiad seiber yn uchel ar hyn o bryd, ac o ystyried digwyddiadau diweddar fel y rhybudd seiber Log4J, ymosodiad Rwsia ar Wcráin, ac yn nes at adref yr ymosodiad seiber ar y darparwr gwasanaeth GIG 111, Advanced, mae'n bwysig iawn gwella mesurau seibergadernid ar draws Cymru.

Nod y seminarau yw gwella ymwybyddiaeth a dealltwriaeth o'r angen am well mesurau seibergadernid ar draws y sector gofal cymdeithasol yng Nghymru.

- Bydd pob sesiwn yn rhoi cyngor seiberddiogelwch wedi'i deilwra, gyda chamau gweithredu syml i'r unigolion sy'n bresennol eu rhoi ar waith
- Bydd unigolion yn dysgu lle gallant ddod o hyd i ragor o wybodaeth ac arweiniad am seiberddiogelwch
- Gwell dealltwriaeth am bwysigrwydd seiberddiogelwch a'i berthnasedd i'r sector gofal cymdeithasol

Bydd siaradwyr ardderchog yn bresennol yn y weminar hwn a fydd yn eich briffio ar y bygythiad seiberddiogelwch presennol a pha fesurau y gallwch eu defnyddio i leihau'r risg o ymosodiad seiber yn eich sefydliad.

Rhaglen

Toby Grainger – Tîm Seibergadernid Llywodraeth Cymru	Anerchiad croeso
Marc A – arweinydd Ymgysylltu Gofal Cymdeithasol ar gyfer y Ganolfan Seiberddiogelwch Genedlaethol (NCSC)	Siarad am y bygythiad seiberddiogelwch presennol ac asesiadau seiber yn y sector gofal cymdeithasol, a siarad am astudiaeth achos (rhai sefydliadau gofal cymdeithasol sydd wedi'u heffeithio gan ddiwyddiadau seiber yn ddiweddar); a siarad am ba fesurau ac adnoddau y gellir eu defnyddio i leihau'r risg seiber;
Dr Emma Philpot MBE – Prif Weithredwr IASME**	Siarad yn gyffredinol am Cyber Essentials a Cyber Essentials Plus – edrych ar beth y maen nhw'n ei wneud, y manteision i gwmnïau, beth sydd angen ei wneud i gyflawni pob un a'r amserlen ar gyfer cyflawni yn ogystal (IASME yw'r unig gorff achredu sy'n darparu safonau seiber Cyber Essentials a Cyber Essentials Plus ar gyfer y Ganolfan Seiberddiogelwch Genedlaethol)
DS Fran Richards - Tarian, Uned Troseddau Seiberddiogelwch Cyfundrefnol yr Heddlu	Siarad am y cymorth y gallant ei ddarparu cyn, yn ystod ac ar ôl digwyddiad seiber – gan gynnwys eu hymgyrch gwe-rwydo sydd am ddim i unrhyw fusnes sy'n dymuno ei ddefnyddio.
DC Gareth Jordan – Swyddog Seiberddiogelwch ar gyfer Heddlu Dyfed Powys	Siarad am sut y mae seiberdroseddwyr yn targedu'r henoed a phobl agored i niwed. Gwybodaeth gyfredol am droseddau sy'n targedu'r henoed a phobl agored i niwed yn ein cymdeithas yn ogystal ag awgrymiadau i atal y grŵp rhag cael eu twyllo yn y lle cyntaf, a beth i'w wneud os yw rhywun wedi cael eu twyllo.
Paul Hall – Pennaeth Seiber ac Arloesi, Canolfan Seibergadernid Cymru	Pwy yw Canolfan Seibergadernid Cymru a pha gymorth y gallant ei roi i fusnesau Cymru, gan gynnwys trosolwg cryno o sut y gall busnesau wella eu cadernid yn erbyn ymosodiad seiber a rhai astudiaethau achos o ddiwyddiadau sydd wedi digwydd yng Nghymru.
Mark Brett – Cyfarwyddwr Rhaglen, NLA WARP	Siarad am <i>Exercise in a Box</i> , rhaglen ymarferion seiber a ariennir gan dîm Seibergadernid Llywodraeth Cymru a'i ddarparu gan CyberShare
Sesiwn holi ac ateb	Cyfle i holi cwestiynau pellach i unrhyw un o'r siaradwyr yn ymwneud â'r materion a drafodwyd.
Toby Grainger – tîm Seibergadernid Llywodraeth Cymru	Sylwadau i gloi

**IASME yw'r unig sefydliad sydd wedi'i gymeradwyo gan y Ganolfan Seiberddiogelwch Genedlaethol i ddarparu'r safonau seiber ar gyfer busnesau, sef Cyber Essentials, a Cyber Essentials PLUS.

Gwybodaeth am y digwyddiad

Cynhelir y gweminarau ar-lein, drwy Microsoft Teams. Gallwch gofrestru drwy Eventbrite, a bydd angen ichi ddarparu eich enw a chyfeiriad e-bost er mwyn cofrestru.

Bydd pob gwebinar yn dilyn yr un fformat; cynhelir pedwar gweminar i gyd – dim ond un ohonynt y mae angen ichi gofrestru arno. Bydd y gweminarau yn para 1.5 awr.

Mae'r dolenni cofrestru isod, a bydd neges e-bost gyda dolen i'r digwyddiad yn cael ei anfon i bawb sydd wedi cadw lle yn nes at yr amser.

Mae'r siaradwyr yn ddi-Gymraeg, ond rydym yn eich annog i ofyn unrhyw gwestiynau yn Gymraeg os dymunwch.

Dydd Mawrth 18 Hydref – 11:00 - <https://www.eventbrite.co.uk/e/427088111037>

Dydd Mawrth 18 Hydref – 15:00 - <https://www.eventbrite.co.uk/e/427901413647>

Dydd Gwener 21 Hydref – 11:00 - <https://www.eventbrite.co.uk/e/427905054537>

Dydd Gwener 21 Hydref – 15:00 - <https://www.eventbrite.co.uk/e/427902316347>

Cyber Security Webinar for the Social Care Sector in Wales



Do those phrases sound familiar? The Welsh Government, in conjunction with Care Inspectorate Wales has put together a seminar that explodes the myths and preconceptions you may have about cyber security.

The cyber threat is heightened and considering recent events such as the Log4J cyber alert, the Russian invasion of Ukraine and closer to home, the cyber-attack on a provider of the NHS' 111 non-emergency service provider, Advanced, it is extremely important that cyber resilience measures right across Wales are improved.

The aim of the seminars is to increase awareness & understanding of the need for improved cyber resilience across the social care sector in Wales.

- Each session will provide tailored cyber security advice with straightforward actions for attendees to implement
- Attendees will gain knowledge of where to find further cyber security information and guidance and
- Increased understanding about the importance of cyber security and its relevance to the social care sector

We have got a great line up of speakers for this bite sized webinar that will brief you on the current cyber threat and what measures you can employ to reduce the risk of cyber- attack in your organisation.

Programme

Toby Grainger - WG Cyber Resilience team	Welcome address
Marc A – Social Care Engagement lead for the National Cyber Security Centre (NCSC)	Speaking about the current cyber threat and cyber assessment in the social care sector, talk through a case study (some social care organisations that have been affected by cyber incidents recently); and talk about what measures and resources can be employed to minimise the cyber risk;
Dr Emma Philpot MBE - CEO of IASME**	Speaking in general terms about Cyber Essentials and Cyber Essentials Plus – exploring what each one does, the benefits it can bring to a company, what needs to be done to achieve each one and the timescales for achievement as well (IASME is the single accreditation body that delivers the NCSC’s Cyber Essentials and Cyber Essentials Plus cyber standards)
DS Fran Richards - Tarian, Regional Organised Cyber Crime Unit of the Police	Speaking about the assistance they can provide before, during and after a cyber incident – including their phishing campaign that is free of charge to any business that wishes to use it.
DC Gareth Jordan - Cyber Protect Officer for Dyfed Powys Police Force	Speaking about how the elderly and vulnerable are targeted by cyber criminals, including up to date information on crimes aimed at the elderly and vulnerable in society, along with useful hints and tips to prevent this group falling for the scams in the first place, plus what to do if someone has fallen for such a scam.
Paul Hall – Head of Cyber and Innovation, Cyber Resilience Centre for Wales	Speaking about WCRC are and what support they can give Welsh businesses, including a brief overview of how businesses can make themselves more resilient against a cyber-attack and go through some case studies of incidents that have occurred in Wales.
Mark Brett – Programme Director, NLA WARP	Speaking about Exercise in a Box, a facilitated cyber exercising programme, funded by the WG Cyber Resilience team and delivered by CyberShare
Q&A session	An opportunity to ask any of the speakers further questions in relation to the material discussed.
Toby Grainger - WG Cyber Resilience team	Closing address

***IASME are the only organisation approved by NCSC to deliver their cyber standards for businesses called Cyber Essentials, and Cyber Essentials PLUS.*

Event Information

The webinars will be hosted online, through Microsoft Teams. Registration will be via Eventbrite, and you will need to provide your name and an email address to sign up.

Each webinar will have the same format; there are four webinars in total – you only need to attend one on any given day. Each webinar will be 1.5 hours long.

The registration links are below, and an email with a link to the event will be sent to all who have booked a place nearer the time.

The speakers are non-Welsh speakers, but we encourage you to ask any questions in Welsh if you wish.

Tuesday 18 October – 11:00 - <https://www.eventbrite.co.uk/e/427088111037>

Tuesday 18 October – 15:00 - <https://www.eventbrite.co.uk/e/427901413647>

Friday 21 October – 11:00 - <https://www.eventbrite.co.uk/e/427905054537>

Friday 21 October – 15:00 - <https://www.eventbrite.co.uk/e/427902316347>