

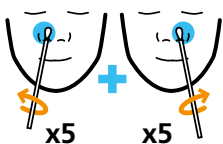
Your step-by-step guide to SureScreen COVID-19 antigen test for Self Testing

Read this whole guide carefully before you start.

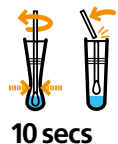
This test may be different to the others you have used before.

Warning Do not mix and match components from other test kits

Nose only test



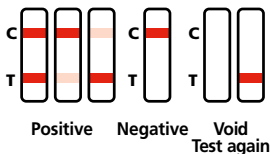
1 Insert 1.5 to 2.5cm approx. (15 seconds per nostril)



2 Rotate the swab for approx. 10 seconds while pinching tube



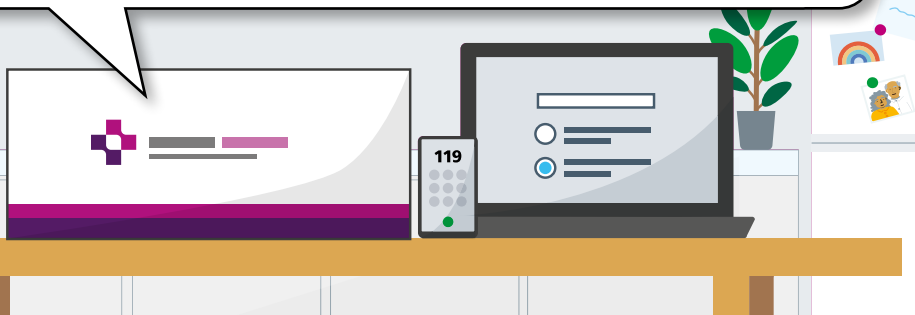
3 Wait



4 Results

NHS
COVID-19
Report

5 Report



This guide explains how to test yourself or another person for COVID-19, and report the results to the NHS Wales.

This instruction booklet only refers to the SureScreen SARS-CoV-2 Antigen Rapid Test Cassette (Nasal Swab), product code: COVID19AGVCQR.

What you need to do

Why you should self-test

This COVID-19 self-test kit is a swab test for the nose to check if you are infectious. It can tell you if you have the virus, even if you do not have symptoms. However you should follow national guidelines to check what type of test is right for you.

Your step-by-step guide

Read through the instructions and follow the steps in the correct order.

What you need to do	2
About this test	3
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Who this test is suitable for	5
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This instruction booklet only refers to the SureScreen SARS-CoV-2 Antigen Rapid Test Cassette (Nasal Swab), product code: COVID19AGVCQR

About this test

Use this guide for the SureScreen 25 pack self-test

- This is a pack of 25 SureScreen COVID-19 lateral flow tests which are for testing at home.
- This larger pack is provided for convenience to enable testing in households and across communities.
- The instructions given with this test are intended to provide easy-to-follow testing instructions for lay users.

Get more help

- For any queries relating to these tests, call **119**. Lines open every day, 7am to 11pm, (free from mobiles and landlines).

After opening the box

- You can use the tests after opening the box so long as the components are sealed and you store the box properly. See page 4 for storage guidance.
- It is important to keep the box and to keep all test components together.
- Only use the components in this box for this test, until all tests have been used.



Safely dispose of your test kit. Once your test is complete, put all of the used test kit contents in your general household waste. Wash your hands thoroughly after disposal.

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Storage and handling guidance

Warning

Store your tests separately to make sure you do not get the components mixed up. Liquid from one test type will not work on another test.

- Store the test kit away from young children and animals.
- Store as packaged at room temperature (2°C to 30°C). Do not freeze.
- The kit should be used at room temperature (15°C to 30°C). If the kit has been stored in a cool area (less than 15°C), leave it at normal room temperature before using.
- Use a separate test kit for each person. You can only use each item in the test kit once, except for the workstation. You'll need to report each person's result.
- If you have problems with your hands or vision, you may need someone to assist you with the swabbing and testing process.
- Avoid using samples that contain blood. If you have a nose piercing, remove the piercing before conducting the test.
- If you've had a nosebleed within the last 24 hours you should wait 24 hours before doing a test.
- Do not touch the swab head.
- Avoid touching the test kit and results window area where the sample is added.
- Close the box after use and keep all its contents securely together in one place.

Warning

- Do not use after the expiration date. Please follow the expiration date on the box.
- The cassette should remain in the sealed pouch until ready to use. If the packaging of the test foil is damaged in any way or already open, do not use it.
- These test kits are only designed for human use.
- Do not use any nasal sprays 15 minutes prior to testing.
- The product has not been made with natural rubber latex. However the presence, or traces, of natural rubber latex in the product as delivered to the end-user cannot be excluded completely.

Follow these instructions carefully, this test may be different from those you have used before

This instruction booklet only refers to the SureScreen SARS-CoV-2 Antigen Rapid Test Cassette (Nasal Swab), product code: COVID19AGVCQR

Who this test is suitable for



Adults aged 18+

Self-test and report, with assistance if needed.



Adolescents aged 12 to 17

Self-test and report with adult supervision. The adult may conduct the test as necessary.



Children under 12

An adult should test children under 12 years of age. Do not conduct this test if you feel uncomfortable testing a child. Do not continue the test if the child feels any significant discomfort or pain.

If you display symptoms of COVID-19

Visit gov.wales/coronavirus for the most up-to-date advice.

Arrange for the current recommended test:

visit gov.wales/get-tested-coronavirus-covid-19 or call the customer contact centre by dialling **119**. Lines are open from 7am to 11pm every day. (free to call from landlines and mobiles)

Do not delay getting help if you are worried.

Trust your instincts.

If the condition gets worse, or symptoms do not improve after 7 days, visit the **NHS Wales 111** online service www.111.wales.nhs.uk/ or dial **111** to speak to someone directly. For a medical emergency, dial **999** immediately.

111

Follow the latest government guidelines on self-isolation:

gov.wales/self-isolation

Prepare your test area

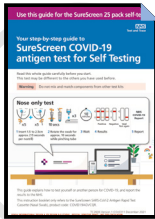
Warning

Do not use any nasal sprays 15 minutes before testing



You'll need:

a timer such as a watch or clock, tissues, surface cleaner and sanitiser or soap and access to warm water



- 1 Read this instruction guide carefully.



- 2 Immediately before starting the test, clean and dry a flat surface to place the test kit on.



- 3 Wash your hands thoroughly for 20 seconds, using soap and warm water or hand sanitiser. If doing more than one test, clean the surface and rewash your hands between each test.

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Check your kit contents

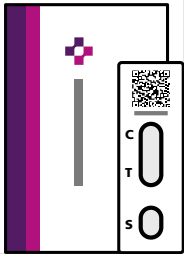
Warning

Do not mix and match components from other test kits. Close the box after use and keep all its contents securely together in one place.

In your test box you should have:

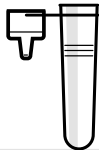
25x

Test Cassettes
in sealed pouch



25x

Sample
Collection
Tubes



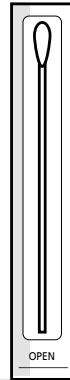
25x

Liquid Sachets
(Extraction
Buffer Vials)



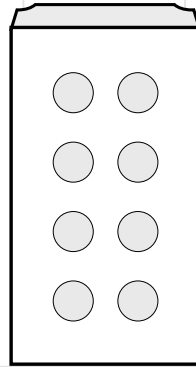
25x

Swab inside
sealed
wrapper



1x

Workstation



25x

Sealing Caps
(not required)



What to do if something is damaged, broken or missing

If you notice anything damaged, broken or missing, **do not use** the test kit.

Call the number **119** (free from mobiles and landlines).

Lines are open every day, 7am to 11pm.

We offer support in 200 languages as well as British Sign Language.



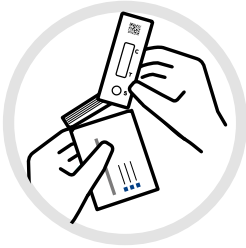
119

Report any safety concerns, faulty equipment or incidents to:
[gov.uk/covid-19-test-feedback](https://www.gov.uk/covid-19-test-feedback)



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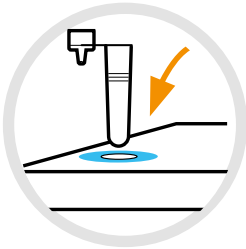
Set up your test



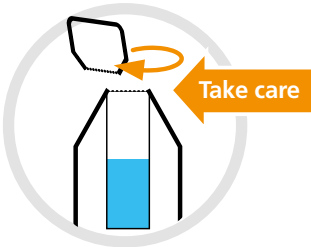
- 4 Remove the test cassette from the sealed pouch and place onto the clean flat surface.

Important

Do not move the cassette during the test. Use the cassette within one hour. Best results will be obtained if the test is performed immediately after opening the foil pouch.



- 5 Place the sample collection vial in the workstation.



- 6 Carefully twist to snap open the liquid sachet. Open it away from your face and be careful not to spill any of the liquid.

Warning

The extraction buffer contains materials which may create irritation if it comes into contact with the face or skin. If the solution makes contact with the skin or eye, wash with lots of water. If skin irritation occurs please seek medical attention.



- 7 Gently squeeze all of the liquid from the sachet into the sample collection tube.

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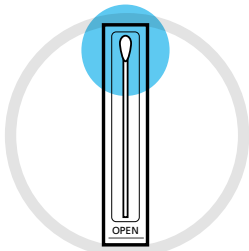
- 8** Gently blow your nose into a tissue and throw the tissue away in a bin.

If you are helping someone else or testing a child, help them to blow their nose and throw the tissue away in a bin.



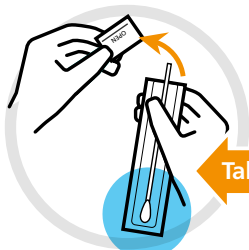
- 9** Wash your hands thoroughly for 20 seconds, using soap and warm water or hand sanitiser.

If doing more than one test, clean the surface and rewash your hands between each test.



- 10** Find the sterile swab in the sealed wrapper. Identify the soft, fabric tip of the swab.

The swab has a break point in the middle.



- 11** Peel open the swab package and gently take out the swab.

Warning Never touch the fabric tip of the swab.

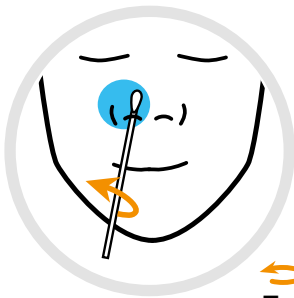
This instruction booklet only refers to the SureScreen SARS-CoV-2 Antigen Rapid Test Cassette (Nasal Swab), product code: COVID19AGVCQR

Take your swab sample

Important

The test should be performed using a nose sample only.
If testing a child under 12, or a person who requires assistance, follow the steps on page 11.

Testing yourself



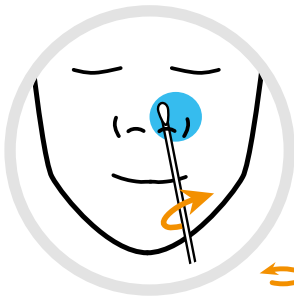
12 First nostril

Using the swab, carefully insert the fabric tip of the swab into one nostril. The swab tip should be inserted 1.5 to 2.5cm or until resistance is met.

Rotate the swab in a circular motion around the inside of your nostril at least 5 times, for approximately 15 seconds. Ensure there is good contact between the fabric tip of the swab and the inside of the nostril.

5x

Swab both nostrils



13 Second nostril

Using the same swab, carefully insert the fabric tip of the swab into the other nostril. The swab tip should be inserted 1.5 to 2.5cm or until resistance is met. Rotate the swab in a circular motion around the inside of your nostril at least 5 times, for approximately 15 seconds. Ensure there is good contact between the fabric tip of the swab and the inside of the nostril.

5x

No force is needed and you do not have to push far into your nostril.

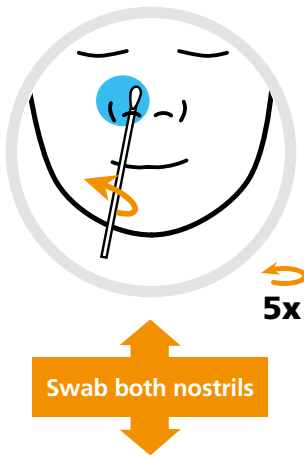
This instruction booklet only refers to the SureScreen SARS-CoV-2 Antigen Rapid Test Cassette (Nasal Swab), product code: COVID19AGVCQR

Doing a test on someone else



Children under 12 should be tested by an adult. Follow the guidelines below on how to prepare and test a child or a person who requires assistance.

If you're testing a child, show them the test kit and talk to them about what you are going to do. If possible, sit them on someone's lap or have someone hold their hand. Ask the child to blow their nose into a tissue. Place the tissue in a bin.

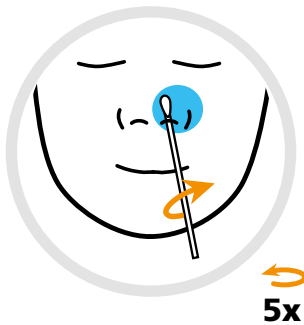


14 First nostril

Using the swab, carefully insert the fabric tip of the swab into one nostril. The swab tip should be inserted 1.5 to 2.5cm or until resistance is met.

Rotate the swab in a circular motion around the inside of their nostril at least 5 times, for approximately 15 seconds. Ensure there is good contact between the fabric tip of the swab and the inside of the nostril.

No force is needed and you do not have to push far into their nostril.



15 Second nostril

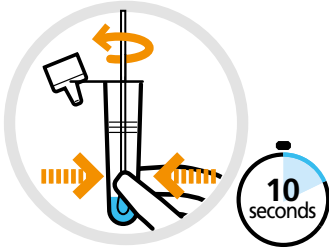
Using the same swab, carefully insert the fabric tip of the swab into the other nostril. The swab tip should be inserted 1.5 to 2.5cm or until resistance is met. Rotate the swab in a circular motion around the inside of their nostril at least 5 times, for approximately 15 seconds.

Ensure there is good contact between the fabric tip of the swab and the inside of the nostril.

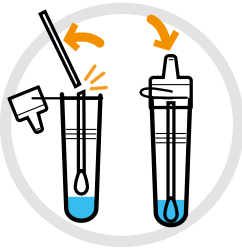
Process the swab sample

Warning

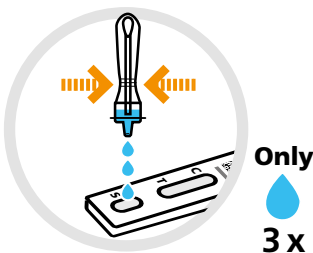
Do not leave the test to develop for longer than **15 minutes** as this will make the result void.



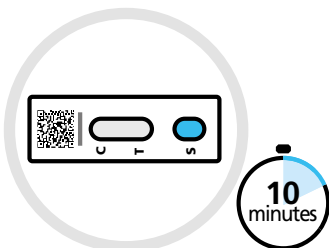
- 16** Pick up the sample collection tube and place the swab's fabric tip in the sample collection tube, so it is in the liquid.
Press the swab head firmly against the inside of the tube body by pinching the bottom of the tube with your thumb and fingers. **While pinching**, rotate the swab for at least 10 seconds.



- 17** Slightly lift the nasal swab then break the swab on the breakpoint position. Leave the swab head in the sample collection tube.
Fit the dropper cap tightly onto the top of the sample collection tube.



- 18** Ensure the test cassette is on a clean and flat surface. Do not move the cassette during the test.
Gently squeeze the sample collection tube to place 3 drops of the liquid into the sample well (S) on the test strip.
Make sure that you are dropping liquid and not an air bubble.

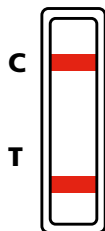


- 19** Start a timer and wait 10 minutes before reading the result. **Do not:** move the test once it is running. Interpret the result after 10 minutes.
Do not read after 15 minutes. You must wait the full 10 minutes' development time before you read your test result.

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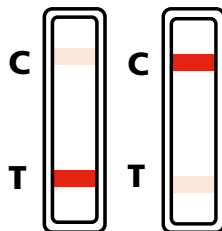
Read your results

+ If you test positive for COVID-19



Two lines appear.

One coloured line should be in the control line region (C), and another coloured line should be in the test line region (T).



Two lines, one next to **C** and one next to **T**, even faint lines, show the test is positive.

Tested positive for COVID-19?

If you get a positive result, you could be highly infectious.

What to do next:

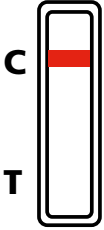
- Follow the latest government guidelines on self-isolation: [gov.wales/self-isolation](https://www.gov.wales/self-isolation)
- Report your result (see page 15 and follow the instructions). The results reporting service will give you the most up-to-date guidance on what to do next and how to book a follow-up test to confirm your result.
- For information on alerting people you have been in close contact with visit: [gov.wales/contact-tracing](https://www.gov.wales/contact-tracing)

What others in your household need to do:

- Anyone who lives with you should visit: [gov.wales/self-isolation#section-83763](https://www.gov.wales/self-isolation#section-83763) to get the current government guidelines on self-isolating.

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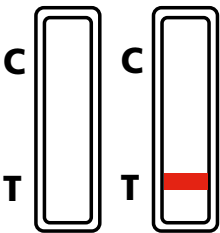
⊖ If you test negative



If you get a negative result, it is likely you were not infectious at the time the test was taken. A negative test result, however, is not a guarantee that you do not have COVID-19.

If you test negative, you and your household should continue to follow national and local rules and guidelines, including regular handwashing, social distancing and wearing face coverings.

⊘ Void result



Reporting negative and void results helps us know how many tests have been used, and lets us know if there are any problems with the tests people are getting.

Control line (C) fails to appear, or just one red bar (T) appears, means the test is void.

If you get a void result, this means it's not possible to say if you had the virus when the test was done. To check if you have coronavirus, take another test as soon as possible.

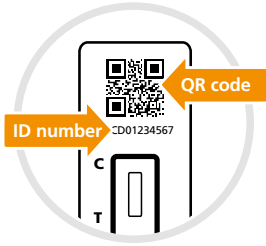
Do not reuse anything from the first test, and start the test procedure from step 1.

If the problem persists, stop using the test kits immediately. Report the issue through the MHRA yellow card scheme by visiting www.yellowcard.mhra.gov.uk/

If you do not have another test available:
contact your employer AND / OR collect a test from a pharmacy or local collection point
www.gov.uk/order-coronavirus-rapid-lateral-flow-tests
ordering online (gov.uk) with a delivery time of 1 to 2 days.

Report your result

You should report your positive, negative or void result



Recording all test results helps scientists spot new virus outbreaks and advise how to respond.

If people **only report** a positive result, case levels look higher than they really are. So even if your result is **negative** or **void**, you'll make sure NHS information stays accurate.

You need the **QR code** or the **ID number** to report your result.

How to report your result



Report online (fastest)

If you live in England, Wales or Northern Ireland visit: [gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result)

If you live in **Scotland** visit: [covidtest.scot](https://www.covidtest.scot)



Report by telephone

Call **119**

Lines are open every day, 7am to 11pm,
(free from mobiles and landlines)

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Use this guide for the SureScreen 25 pack self-test

You have only completed your test, when you have reported your result



Supply of this device is only permitted as part of the Welsh Government deployment under NHS Test Trace Protect.

Symbols used



Store within
2°C to 30°C



Sterilized using
ethylene oxide



Manufacturer



Lot number



Use-by date



In vitro diagnostic
medical device



Keep away
from sunlight



Date of
manufacture



Do not re-use



Keep dry



Consult instructions
for use



See 'storage and handling
guidance' section for general
guidance and warnings.



Contains sufficient
for 25 tests



Do not use if
package is damaged



Product code

All of the information and images in this document are correct as of 21 December 2021.



COVID19AGVCQR

This instruction booklet only refers to the SureScreen SARS-CoV-2 Antigen Rapid Test Cassette (Nasal Swab), product code: COVID19AGVCQR

Report all your test results to the NHS.