



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

5

Visit the
seaside and the
countryside



Given it a go



Tried again



Getting better



Active user

6

Experience
museums,
galleries and
heritage sites



Given it a go



Tried again



Getting better



Active user

7

Take part in
camping trips
and overnight
residential



Given it a go



Tried again



Getting better



Active user

8

Learn to
ride a bike



Given it a go



Tried again



Getting better



Active user

9

Take part in
debating



Given it a go



Tried again



Getting better



Active user

10

Use a
library



Given it a go



Tried again



Getting better



Active user



10BY10

Adventure Card

10by10.telford.gov.uk



10 by 10 is a fantastic package of activities across Telford and Wrekin that will open your child's eyes to the world, build their confidence and let them have fun.

There are 10 activities children should try before they are 10 years old to help them discover their talents and experience the world. This is the 10 by 10.

From learning to swim, to stepping back in time at a local museum, a happy childhood is full of new and exciting experiences like these.

You can track your child's journey with this 10 by 10 adventure card or online, by creating a 10 by 10 account.

Visit 10by10.telford.gov.uk or scan the QR code

By creating an account we'll let you know about new 10 by 10 offers and news. You can also search the 10 by 10 website to see what our brilliant borough has to keep your child occupied, fulfilled and getting the best start in life. Whether through taking part in activities at school or by finding local opportunities on the 10 by 10 website, we hope your child can fill in as much of their adventure card as possible.

And who knows, maybe these adventures will spark something in them that you don't expect.



10 THINGS TO TRY

How many will you do?

These are 10 of the best activities to try before you are 10.

You'll find fun, excitement and learn new things.

So what are you waiting for? See how many you can do!

Can you do any already?

1

Join in competitive team sports



Given it a go



Tried again



Getting better



Active user

2

Play an instrument



Given it a go



Tried again



Getting better



Active user

3

Learn to swim



Given it a go



Tried again



Getting better



Active user

4

Take part in drama and performing arts



Given it a go



Tried again



Getting better



Active user