



Talks in Torfaen for Parents & Caregivers

Free online wellbeing talks

Supporting your teenager's...

Emotional well-being

4th March 6-7pm

Peer relationships

18th March 6-7pm

Q&A with psychologists

1st April 6-7pm

Attendance at school

11th March 6-7pm

Body image

25th March 6-7pm

Sign up here:



**GIG
CYMRU
NHS
WALES**

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Seicoleg
Cymunedol Plant
a Theuluoedd



Child & Family
Community
Psychology