



# Carers' Celebration and Information Day

With Paignton Library's  
**Christmas Fayre**  
Saturday 23rd November 2024  
10.00am – 2.00pm

Celebrating Carers' Rights Day  
**'Recognising Your Rights'**

Information Stands include  
Health and Social Care Support  
Family Friendly Activities  
Free Refreshments for Carers  
Carers' Advice and Support  
Cost of Living Support  
Vaccination  
My Bay 'Free for Carers'  
Health Checks  
and much, much more...

**Everyone welcome!**

More information to follow on  
Website: [www.tsdf.t.uk/Carers](http://www.tsdf.t.uk/Carers)  
Facebook: TorbayCarers

Queries to admin: 01803 208455  
Email: [signposts@nhs.net](mailto:signposts@nhs.net)

For information about the Carer support we provide, ring:  
Signposts for Carers on (01803) 666620

