

Torbay Council alongside Torbay and South Devon NHS Foundation Trust would like to invite you to join an informative session specifically designed for carers to explore and understand the frameworks that apply when supporting a young person to make decisions about the issues and decisions that affect them as they approach adulthood.

* Making decisions about what is important to you and how you would like to live your life is a fundamental part of becoming an adult. It can be both a challenging time, as well as being an exciting opportunity to learn, develop new skills, explore the world around you and to live the life that you want to live, as an adult.
* If you are a carer of a young person, who may find making decisions difficult, it is important to understand the legal framework that will start to apply for decision making as your loved one reaches the age of 16 and will be encouraged to start to make decisions for themselves, alongside the support they have the right to receive to help them do so.

## We have planned a session to take place both in the early evening and also one to take place over a lunch time in the hope that one of them will be suitable for you.

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The sessions will take place on the following dates:

* Wednesday 8th January 2025 – 12-1pm
* Wednesday 28th May 2025 – 5.50pm to 6.30pm

The session will be facilitated by Nicky Hooper Transition Lead and Nicky Griffin MCA Lead Practitioner.

Within this session we will:

* Think about how decisions can be made before the age of 16.
* Think about how decisions can be made once the child reaches the age of 16.
* Think about how decisions can be made once the person reaches the age of 18.

If you would like to explore this topic before the session you will find lots of information on the following site: [Mental Capacity Act (MCA) - SCIE](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.scie.org.uk%2Fmca%2F&data=05%7C02%7Cleanne.rafferty1%40nhs.net%7C0c11737758f048d11c0a08dca577d113%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638567181230907133%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=tkWtpgZsl1jUxvT2FXGaW8Ka4b9kWqTY5tvJ%2FD3%2BS34%3D&reserved=0)

Becoming an Adult

Torbay Council SEND Team

For further information and to receive an invite to this webinar please contact:

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