



June 2024

Dear Parent / Carer,

We are delighted to inform you that we are running **'Wellies for Wellness'** sessions during the summer holiday period on **7th, 8th, 13th, 15th, 20th, 22nd August** and we would like to invite you and your family to attend one of these sessions.

Sessions are free to you and your family and are kindly funded by our generous supporters.

We have a variety of fun, nature-based activities planned that will take place in our woodland area. We will be outside for the whole session so please do come prepared for the weather – please bring wet weather gear, sensible shoes (no sandals please – wellies are ideal) sun cream/insect repellent, depending on the weather! We may get a little dirty along the way!

The sessions will take place at Coombe Park Equestrian and Education Centre, Littlehempston, Near Totnes, **TQ9 6LW**, one of our Sanctuaries for rescued horses and ponies. There are free car parking facilities and toilets on site.

The sessions will run from 11-2pm, please bring a packed lunch with you and we will fit in a suitable time/location to accommodate this. We will be doing some walking to take in some of our spectacular views and meet some of our rescued horses and ponies in the fields.

While we will endeavour to cover every aspect of health and safety, we would kindly request that as we are running a family event, you are responsible for the wellbeing of the children in your care. The Mare and Foal Sanctuary aim to be inclusive and welcome everyone to our site.

If you would like your family to attend one of the Wellies for Wellness sessions taking place in August, please be aware that places are limited and therefore early booking is essential.

Please click on one of the Mare and Foal Sanctuary website links below to request tickets for your chosen date. Once tickets have been requested via our website using the link, we will in touch shortly afterwards to confirm your places and provide further details.

Wednesday 7th Aug: <https://www.mareandfoal.org/event/wellies-for-wellness-7th-aug-2024/>

Thursday 8th Aug: <https://www.mareandfoal.org/event/wellies-for-wellness-8th-aug-2024/>



Lifelong, life-changing loving care and support

Head Office: Honeysuckle Farm, Haccombe With Combe, Newton Abbot, TQ12 4SA
www.mareandfoal.org • 01626 355969 • office@mareandfoal.org

The Mare and Foal Sanctuary is a registered charity in England and Wales (No. 1141831) and a company limited by guarantee registered in England and Wales (No. 7584914)

Patrons: John Nettles, OBE • Angela Rippon, CBE

Tuesday 13th Aug: <https://www.mareandfoal.org/event/wellies-for-wellness-13th-aug-2024/>

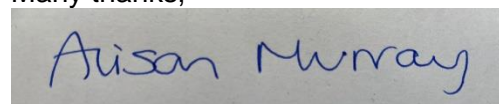
Thursday 15th Aug: <https://www.mareandfoal.org/event/wellies-for-wellness-15th-aug-2024/>

Tuesday 20th Aug: <https://www.mareandfoal.org/event/wellies-for-wellness-20th-aug-2024/>

Thursday 22nd Aug: <https://www.mareandfoal.org/event/wellies-for-wellness-22nd-aug-2024/>

If you have any questions, please do not hesitate to contact me via email education@mareandfoal.org or call **01803 228255**.

Many thanks,



Ali Murray
Equine Assisted Learning Facilitator

