



THE INCREDIBLE YEARS



Docklands Outreach Service will be offering Incredible Years parenting group for a period of 10 weeks for children aged 1-6 years (parent/caregivers of younger children welcome)



Coffee Morning/information will be 13th September 2024
Sessions will be every Friday 20th September to 29th November 2024 10am-12:15 (Excluding half term)

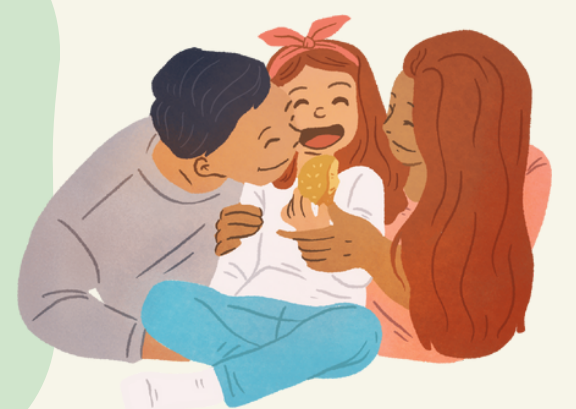


Venue: Olga Children and Family Center, 25 Medway Road, Bow, London E3 5DS
Refreshments will be provided
Creche will be provided
We do not provide language support



Incredible Years aims to:

- strengthen the relationship and bond between parent and child
- Reduce behavioural difficulties by using evidence-based behaviour management strategies
- build and promote the child's social and emotional skills



For more information, please contact Obianuju on Obianuju.Anyika@dockout.org.uk, 07396813898 or Azra on azra.naheed@dockout.org.uk, 07727123908



Friday 13th September 2024 - Coffee Morning/Information day 10am-12pm

Friday 20th September 2024- Parent training 10am-12:15pm

Friday 27th September 2024- Parent training 10am-12:15pm

Friday 4th October 2024- Parent training 10am-12:15pm

Friday 11th October 2024- Parent training 10am-12:15pm

Friday 18th October 2024- Parent training 10am-12:15pm

Friday 25th October 2024- Parent training 10am-12:15pm

Friday 1st November 2024- NO TRAINING (HALF TERM)

Friday 8th November 2024- Parent training 10am-12:15pm

Friday 15th November 2024- Parent training 10am-12:15pm

Friday 22nd November 2024- Parent training 10am-12:15pm

Friday 29th November 2024- Parent training/Celebration 10am-12:15pm Last day