



LET'S TALK PRE-TEENS

Dates:

- Tuesday 17 January
- Tuesday 24 January
- Tuesday 31 January

Free support sessions for parents and carers



Have you got a 9-12 year old? Join us online for a chat about some of the challenges young people are facing today, find out what tools you can use to support them.

We'll be running twilight sessions throughout January covering topics such as:

- drugs and alcohol
- body image
- safety online
- mental health
- social risks
- peer pressure



Weekly 90 minute sessions starting at 7.00pm



Visit saferdevon.co.uk/lets-talk-teenagers to find out more about each session and book your free place.