

Shrove Tuesday (Pancake Day) – Tuesday February 13th 2024

The custom of Shrove Tuesday, which is 47 days before Easter Sunday, has its origins in the Christian calendar. The word "shrove" is a form of the English word "shrive", which means to give absolution for someone's sins by way of Confession and doing penance. Thus, Shrove Tuesday was named after the custom of Christians to be "shriven" before the start of Lent.



Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients. Click on the link for a traditional recipe:
[Easy pancakes recipe | BBC Good Food](https://www.bbcgoodfood.com/recipes/pancakes)