Shropshire Council

Applying Psychology to make the difference

Paediatric
Acute-onset
Neuropsychiatric
Syndrome

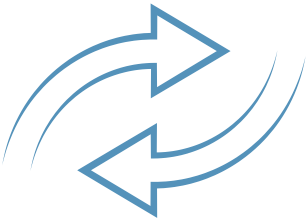
PANS PANDAS UK

Paediatric
Autoimmune
Neuropsychiatric
Disorders
Associated with
Streptococcal Infections

Understanding PANS and PANDAS

PANS and PANDAS are rare condition that arise from an unusual immune response following an infection, resulting in neurological (thinking and movement) and psychiatric (mental health) symptoms that can have a significant impact on a child's life. Although awareness is growing, PANS and PANDAS remain under-researched and are often misunderstood.





Children may experience a sudden and dramatic change in their presentation, developing symptoms that affect their emotions, behaviour, thinking, movement or daily functioning, sometimes with little or no previous history of difficulties.



Most children who experience infections such as Strep A recover fully and experience no lasting effects. However, for a small number of children, an unusual immune response may lead to inflammation in the brain, resulting in a complex pattern of symptoms. For children who already have additional needs, recognising these changes can be particularly challenging.





#LightUp 4PANS
WORLD PANS/PANDAS AWARENESS DAY
OCTOBER 9





Did You Know?

Approximately 250 landmarks were lit up green across the globe on the 9th of October for World PANS/PANDAS Awareness Day

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PANS and PANDAS Locally

The Shropshire Educational Psychology Service is at the forefront of raising awareness and understanding of PANS and PANDAS.



Educational Psychologist Dr Jennifer Heseltine has contributed to the PANS/PANDAS UK Conference, which had a global reach, bringing together professionals from Italy, North America, Argentina, Germany, Poland and Australia. The conference provided an opportunity to share emerging research, professional knowledge and lived experiences from experts in neurology, neuroimmunology, paediatrics, pharmacology, psychotherapy, psychology and education, alongside parents and young people affected by PANS and PANDAS.

PANS PANDAS Awareness Day 2026

Read more about Dr Jennifer Heseltine's contributions here.

What We Can Do For You

The Shropshire Educational Psychology Service has developed specialist knowledge and experience in this area. We are proud to offer:

- **Consultation to Schools**
- **Training for Professionals**
- **Support for Children and Young People**

PANS/PANDAS UK

Shropshire Together Community and Family Directory

PANS PANDAS For Education Professionals

To make a referral or to find out more information contact:

01743 258414

eps@shropshire.gov.uk