



CAMHS STW – new partnerships launching 1 July offering enhanced support

The Child and Adolescent Mental Health Service Shropshire, Telford and Wrekin (CAMHS STW) is excited to announce its new partnerships launching on 1 July, offering:

- Enhanced digital emotional wellbeing support
- Specialist Neurodevelopmental assessment, treatment and support

The new arrangements follow a rigorous procurement process by contract provider Midlands Partnership University NHS Foundation Trust (MPFT) and forms an important part of CAMHS STW's three-year transformation.

From 1 July, the service will be working with new partners Xyla, and BFB Labs. This will replace the partnerships formed during the previous contract, which will come to an end on 30 June, and follows extensive engagement with children, families and carers over the last 12 months.

New digital offer

A new digital therapy offer will be delivered by BFB Labs called Lumi Nova. Lumi Nova: Tales of Courage is a digital therapeutic mobile game supporting children with fears, worries and anxiety.

Designed for children aged 7-12 years, it helps them reflect on their feelings, build resilience, and learn lifelong skills to self-manage their worries via a fun intergalactic adventure. It will be accessible via the service's website – www.mpft.nhs.uk/camhs-stw – on 1 July.

New specialist Neurodevelopmental offer

Children, young people and families with needs related to neurodiversity will be able to access this new support, provided by Xyla. Access to Xyla will be managed via CAMHS STW. Xyla is a trusted NHS partner, working to deliver neurodevelopmental services for children and young people aged 0–25 years. Its service includes triage, assessment and treatment pathways for ADHD and autism, delivered by experienced multidisciplinary clinicians in line with national guidance.

As part of this process, CAMHS STW will proactively contact families who have been waiting the longest on current waiting lists. These families will be offered the opportunity to consent to an onward referral to Xyla, helping to ensure quicker access to assessment and support.

Since 2018, Xyla has supported NHS services to reduce waiting times and improve access to assessment. It works closely with local partners, including schools, to ensure a coordinated approach and clear, personalised support for children, young people, and their families.

Thank you for your continued partnership.

Children and Adolescents Mental Health services (CAMHS) Shropshire, Telford and Wrekin