

Time to Reflect

A CPD Programme for LSAs, TAs and Mentors

A six-session CPD programme unpicking key aspects of SEND and promoting relational practice. Delivered in person across the academic year for support staff working directly with children and young people — **fully funded by Shropshire Virtual School, at no cost to schools.**

Programme Topics

1 ADHD and Autism
Thursday October 15th 2026

2 Sensory needs
Thursday November 19th 2026

3 Attachment and trauma-informed practice
Thursday February 4th 2027

4 Emotion coaching and relational practice
Thursday March 11th 2027

5 Anxiety and school non-attendance
Thursday May 13th 2027

6 Preparation for Adulthood
Thursday July 1st 2027

What You'll Gain

- Deeper knowledge of the needs most common amongst children in care
- Practical tools to strengthen day-to-day relationships and support
- Greater confidence in supporting emotional regulation and wellbeing
- Certificate of completion and access to session resources

Practicalities

Six in-person sessions, one per half term, each lasting approximately two hours.
Sessions will take place at Guildhall, Frankwell Quay, Shrewsbury, SY3 8HQ between 1:30-3pm
Open to staff from schools in Shropshire Virtual School's network
No prior qualifications required — just enthusiasm for learning



Interested? Places are limited and priority will be given to schools with looked-after children on roll. Please use the QR code or click here to register your interest and your place will be confirmed no later than 19th September 2026