



Changing childhoods.
Changing lives.

Barnardo's Education Community

Emotionally Based School Non-Attendance (EBSNA)

EBSNA continues to be a growing concern across education settings, and we know how vital it is for staff to feel equipped, confident, and supported in their role. This package offers practical, reflective, and trauma informed approaches to understanding and supporting children and young people (CYP) experiencing EBSNA, while also prioritising staff wellbeing.

Introductory half day training - £95 (3hrs)

- **Part A: Consolidating Understanding:** Build a foundational understanding of what EBSNA looks like, why it occurs, and its impact. We start to explore trauma-informed, whole school/setting responses and identify protective factors.
- **Part B: Reflective Thinking:** Consider how your interactions, expectations, and relationships affect CYP experiencing EBSNA - and how this work impacts you. A supportive space for reflective professional practice.
- **Part C: Resources and Signposting:** Discover practical strategies and tools, including My Journey - BEC's resource to help CYP share their experiences and shape the support they receive. Reflect on provision, practice, and your own wellbeing.

Follow-on half day training - £95 (3hrs)

- **Part D: Sharing Effective Practice:** Developed with Barnardo's colleagues and services, this new session goes beyond theory. Learn from young people, educational settings and partners about what works and what helps CYP and families to re-engage in education and explore how you can transfer these approaches to your own setting. **We strongly recommend completing A, B and C before Part D.*

Full day training - £190 (6hrs) - includes Parts A, B, C and D

www.educators-barnardos.org.uk

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