

CYP ASTHMA NEWSLETTER



SPRING 2026

World Asthma Day

Tuesday 5 th May 2026

World Asthma Day is an annual event that raises awareness and promotes good asthma care. This year we are encouraging all schools to review how asthma is managed within your setting, and ensure that all staff feel confident supporting Children with Asthma.

Are you an Asthma Friendly School ?

World Asthma Day is a great opportunity to consider becoming an Asthma Friendly School. Scan the QR code to see our easy to follow guide.



Have you and your staff completed the recommended nationally approved CYP asthma training? If not you can access it here, its free to complete and you receive a certificate on completion!

[Supporting Children and Young People's Health: Improving Asthma Care Together](#)



Reliever Inhalers

You may be noticing that some pupils are being prescribed **different inhalers**. This is due to updated clinical guidance. These inhalers may look different and require a different inhaler technique.

Some children may be on a **MART** Maintenance and Reliever Therapy. This means they use one inhaler for both daily prevention and symptom relief, instead of having separate inhalers.

Key points for schools

- The MART inhaler should be used regularly for prevention as prescribed and also when symptoms occur.
- Their Asthma Action Plan will clearly explain how and when to use their inhaler.



Need Support ?

We can help you with

- Becoming an Asthma Friendly School
- Advice / Guidance and Support

Contact us

shropcom.cypasthma@nhs.net

Look out for our upcoming drop in sessions...