

## EMOTION COACHING in the Early Years



FOR EYFS SETTING  
LEADERS. INCLUDING;  
PVI, PRESCHOOL,  
SCHOOL-BASED AND  
SPECIALIST

**TWO-DAY TRAINING COURSE FOR EYFS SENIOR LEADERS**  
**Tuesday 8th and 15th September 2026 9.30am – 4.00pm**  
(arrival from 9am).

Shropshire Council offices, Guildhall, Frankwell Quay, Shrewsbury, SY3 8HQ  
**Light refreshments provided. Please bring your own lunch or use on-site café.**

Emotion Coaching is a relational approach to support emotional regulation in children and young people and manage behavioural outbursts. This will be tailored to those working in EYFS settings.

The 2-day interactive course covers:

- What is Emotion Coaching and how we can use it
- Why it supports children and young people to understand and manage their emotions
- Trains you to be an Accredited Trainer.

Included in the course are two subsequent workshops: 'Reflecting on your Emotion Coaching Practice'. These will be held online on Tuesday 22nd September and Tuesday 6th October 2026 (both 9.00 – 10.30am).

This course is suitable for practitioners who want to become an Accredited Trainer in Emotion Coaching with ECUK. The commitment is to complete the course and train your whole setting after the course. We will provide a buddy trainer to support you on this journey.

**To register your interest, please complete an online expression of interest form [HERE](#) by Monday 13th July 2026. For further information contact [Virtualschool@shropshire.gov.uk](mailto:Virtualschool@shropshire.gov.uk)**

