

The Theory and Practice of  
**NURTURE  
GROUPS**

## 3-DAY ONLINE TRAINING COURSE

Tuesday 24th Wednesday 25th March and  
Wednesday 22nd April 2026  
9am – 4pm

*Each school will be given two places*

This programme focuses on the theory of nurture, and its significance and implications for good practice.

The course will cover the theoretical framework underpinning nurture groups and nurturing approaches, including:

### Nurture Principles

- The relevance of early childhood experiences on the learning, development, and well-being of children and young people.
- How attachment theory and neuroscience underpin the Six Principles of Nurture and nurture practice.

### The Boxall Profile

- The theoretical basis for The Boxall Profile.
- How to undertake a Boxall Profile Assessment and interpret its findings to plan a response to pupils' needs.

After three days of training, you will need to complete an assignment which must be submitted within 12 months of completing the training. Delegates are provided with assignment guidance and framework.

The course is credit rated by the Scottish Credit Qualifications Framework (SCQF); delegates who complete the training and pass the final assignment will gain 13 SCQF points at Level 8.

**To express your interest in attending this course, please complete this expression of interest form by Friday 13th February, successful schools will be contacted week**

**beginning 23rd February to confirm their place**

