



Shropshire
Council

You and Me Mum Group

To book and secure your place on this course,
please call

01743 250400

**Wednesday 15th April 2026 – Wednesday
11th June 2026
09:30-11:30am**

*(It will not run during the half term holiday
on 27th May 2026)*

Venue: Shrewsbury SY1

Facilitated by

*Early Help and Support Team with Shropshire
Domestic Abuse Service*



An 8-week course to help understand how domestic violence impacts on you and your children. Aiming to empower, support and develop further understanding of your role as a mother in addressing the needs of your children/young person.