

IMPORTANT INFORMATION ABOUT FLU 2025

Any questions or concerns please contact us on **01743 251234** or at shropshirepublichealth@shropshire.gov.uk

Why children are offered the flu vaccine:

[Flu - NHS](#) can be very unpleasant for children and can sometimes cause serious problems, such as [Pneumonia - NHS](#)

Each winter in the UK, thousands of children who do not have a health condition need hospital care because of flu.

Children can catch and spread flu easily. Vaccinating them also helps protect others who are at higher risk of getting seriously ill from flu, such as babies, anyone who's pregnant and older people.

Who should have the children's flu vaccine:

The children's flu vaccine is offered on the NHS every year in autumn or early winter. It's recommended for:

- children aged 2 or 3 years
- school-aged children (Reception to Year 11)
- children aged 6 months to 17 years with certain long-term health conditions

There are different ways to get the children's flu vaccine:

It is usually just a simple nasal spray to confer protection.

Children who are aged 2 or 3 years on 31 August 2025 (born between 1 September 2021 and 31 August 2023) can get the flu vaccine at:

- their GP surgery (from 1 September 2025)
- a pharmacy that offers NHS children's flu vaccination (from 1 October 2025)

You should get an invitation from your GP surgery, or be able to contact them, in autumn or early winter to book an appointment.

You can [book an NHS flu vaccination at a pharmacy online](#) or in the [NHS App](#) now. Vaccination appointments will be available from 1st October 2025.