



# Midlands Emotion Coaching Interest Group

Anyone with an interest in developing their use of Emotion Coaching is welcome to attend the regional Midlands Emotion Coaching Interest Group Meeting. The session will provide an opportunity to share practice and learn from each other whilst obtaining updates from Emotion Coaching UK and practitioners in the field.

The session will be held via Teams.

**Date: Tuesday 7<sup>th</sup> October 2025**  
**Time: 9.30am-12.00pm**

The session is to focus upon:

## How can we support regulation by recognising and responding to sensory needs?

The session is to be hosted by Dr Adele Thacker (Specialist Senior Educational Psychologist with Shropshire Council and Senior Lead Practitioner Trainer for ECUK) and Jo Davies (Lead for Inclusion for the Perry Hall Multi Academy Trust and registered Emotion Coaching Practitioner).

Join Alice Hoyle, author of *Becoming a Sensory Aware School: A Toolkit to Develop a Whole School Approach for Sensory Wellbeing*, to explore how we can better recognise and respond to sensory needs in the classroom. This session will share practical ideas for building a sensory curriculum that supports regulation, connection, and inclusion.

Dr Adele Thacker will also encourage us to reflect on the traps to providing true validation and acceptance.

If you would like to attend, please email [adele.thacker@shropshire.gov.uk](mailto:adele.thacker@shropshire.gov.uk) to register. A 'hold the date' invite will be sent upon registration with the virtual link being sent one week before the session.