



**Shropshire
Health Visiting**
Together for better health



0-5 YEARS DROP-IN CLINIC - LUDLOW

3rd MONDAY of EVERY MONTH 09:30 - 12:00
Ludlow Youth Centre, Ludlow, SY8 1RT
(Community/Family Hub)

Come along to our drop-in clinic for health advice, information and support for you and your baby/child. No appointment needed.

- **EMOTIONAL HEALTH & WELLBEING**
- **GROWTH/WEIGHT REVIEW & HEALTH ADVICE**
- **INFANT FEEDING & WEANING SUPPORT**
- **DEVELOPMENT, BEHAVIOUR & SLEEP SUPPORT**



NHS

Shropshire Community Health
NHS Trust

Call: 0333 3583654

Text: 07520 635212