

The ARK
(Gerry Crow
Operations Manager
The Shrewsbury Ark)



The Shrewsbury Ark provides support to many of those left on the margins of society. None of the individuals we provide support to started out in life with the intention of being homeless or to suffer from drug, alcohol or mental health issues; but it could happen to anyone at any point in their lives. So, we all live in the hope that if it happens to us there will be somewhere willing to offer support.

Our partnership with the RESET Group, which we are immensely grateful for, gives us that hope. As a small charity, working in collaboration with a number of partners within the Group, means that what we do will be far more effective. It means that for those we support we can continue to improve our services to make their lives a little easier. If we weren't here to provide that support, who would?

To quote the immortal words of Helen Keller:

*“Alone we can do so little;
together we can do so much.”*

Feedback

RESET have provided St Mary's Church in Shrewsbury with support and guidance concerning homeless individuals in the area. Since February 2023, we have noticed a reduction in the number of rough sleepers and drug paraphernalia in the church grounds. Members of the RESET team regularly visit the site, respond quickly to calls, and have offered to deliver presentations explaining the work they do to visitors and church volunteers.

We also worked with RESET to create an information board at the church with support service details and contact numbers for people needing help. We know there is a long road ahead, but we hope RESET can continue helping people and encouraging positive change in the town.

Dr Rachael Abbiss
Project Officer, North
The Churches Conservation Trust

or visit our website:
<https://www.wearewithyou.org.uk/services/shropshire/>

Supporting Rough Sleepers with Drug and Alcohol dependence in Shropshire



In Partnership with

With You
Shropshire Council
The Ark
Intuitive Thinking
MPFT
SDAS

Mental Health Adult Social Care



Email:
reset@wearewithyou.org.uk,
Call us on 01743 294700

Partners

With You in Shropshire Recovery Partnership

With You have been providing drug and alcohol treatment services in Shropshire to adults and young people since 2015.

People who use the service can benefit from evidenced based brief interventions, structured treatment including specialist prescribing, inpatient detox and rehabilitation, group work and post treatment recovery interventions.

Intuitive Thinking Skills

Intuitive Thinking Skills is a National, peer led organisation that delivers practical and empowering, self-help education.

NOCN accredited Level 1 & 2 qualifications

Working within the heart of employment, addiction, mental health, criminal justice, homelessness and prison services across England and Wales.

Shropshire Domestic Abuse Service

Working with both Men and Women, SDAS provides outreach services, safe refuge accommodation and a children/young people's service to adults and their children who are affected by domestic abuse. Reliable one-to-one support which can be face to face, telephone calls or text messages/email communication if this is safer for the individual. Group session delivery is also available.

Housing

Management of a rough sleeper hostel. Providing accommodation within Shrewsbury for 10 former rough sleepers. Receive referrals of new rough sleepers, verify and offer support as outreach Case work and support.

Each of our officers provide support to 15 individuals. So roughly 60 cases. Identifying barriers to accommodation; assistance with homelessness application; referrals to other specialist services re drugs/alcohol, mental health etc; assistance in looking for suitable accommodation.

Mental Health Adult Social Care

The team provide social care assessment for people with mental health difficulties, as well as:

- Early help
- Signposting to other agencies
- Short term input and goal setting
- Referral to an advocate
- Carers assessment
- Linking you to partner agencies
- Carrying out urgent Mental Health Act assessments
- Assessing eligibility for services

Our aim is to enable you to make changes and develop life skills, not to tell you what to do.

Healthy Lives - Social Prescribing

Social Prescribing facilitates the use of non-clinical support and provides a link to the local community. Social factors including financial, educational, housing, low self-esteem, isolation, relationship difficulties, long term conditions, physical and mental health problems and have a significant detrimental effect on health and wellbeing.

Healthy Lives Advisors are trained in motivational interviewing, behaviour change techniques and health coaching.

(It is not a crisis or therapy service)

Healthy Lives Advisors are trained in delivering social prescribing and in the use of motivational interviewing

MPFT - Midlands Partnership Foundation Trust

Midlands Partnership NHS Foundation Trust provides a number of services and intervention to a large area of the country.

- The Trust follows the values of putting people at the heart of what we do.
- Empowering people to improve care and wellbeing.
- Delivering better health, better care in partnership.

With the overall mission of making life better for our communities.