



M&Ms Social Group



M&Ms is a social group for adults with disabilities that meets up and takes part in activities and experiences. There is plenty of tea, the chance to chat and lots of laughter!

12pm to 3.30pm, every Wednesday
The Grange Centre, Mount Pleasant Road,
Shrewsbury, SY1 3SW

To find out more and join:

Call **01743 360641** or
email [**enquiries@community-resource.org.uk**](mailto:enquiries@community-resource.org.uk)
