

**“Such an
excellent, inspiring,
passionate day”**

– Previous Delegate

*(on Harmless' From Harm
To Hope Conference 2023)*

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BOOK!**

Suicide Bereavement: Practical Applications Conference 2023

**2 STEPS FORWARD, 1 STEP BACK:
HOW DO WE MAINTAIN MOMENTUM IN CHALLENGING TIMES?**

AN ONLINE CONFERENCE TAKING PLACE THROUGHOUT SEPTEMBER 2023
WWW.HARMLESS.ORG.UK

HARMLESS

LET'S TALK
TRAINING

**THE
TOMORROW
PROJECT**

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Throughout September, Harmless is hosting its fourth annual online Suicide Bereavement Conference.

To mark World Suicide Prevention Day, we will be presenting a series of live webinars examining practical applications for working in suicide bereavement. Sessions take place every Tuesday and Thursday between 10am – 11am and each will be led by an expert in the field.

Full details of our programme can be found on the following page.

Suicide bereavement is a particularly specialist area. So many of us have been impacted by suicide – the tragic loss of a loved one, a colleague, someone in our community, a patient, or someone very supportive... everyone has a story to tell.

This conference is designed to help those of us working with anyone impacted by suicide. Delegates can expect to take away a range of knowledge, inspiration and skills for practical implementation in real-life situations. Learning from some of the leaders in the field, delegates will experience interactive sessions that can help to drive change.

This unique CPD-accredited event will take place across eight short webinars, allowing you the flexibility to join as many as you like. And if you are unable to attend any sessions, don't worry – we will be recording the whole conference and making sessions available for viewing from October via our e-portal.

Fees cover our administration costs and help us to sustain our life-saving support to those impacted by self harm and suicide across the UK.

Introducing Our Programme & Workshop Leaders

ONLINE EVERY TUESDAY & THURSDAY 10am – 11am
THROUGHOUT SEPTEMBER 2023

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WORKSHOPS	LEADER(S)	ORGANISATION
POSTVENTION AND POST TRAUMATIC GROWTH	HELEN BIRCH	HARMLESS
THE ACCEPTABILITY AND EFFECTIVENESS OF POSTVENTION SERVICES	POOJA SAINI & LAURA ABBATE	LIVERPOOL JOHN MOORES UNIVERSITY / UNIVERSITY OF CHESTER
RESEARCHING THE EXPERIENCE OF SUICIDE BEREAVEMENT AMONG PEOPLE WHO IDENTIFY AS LGBTQ+	MICHELLE STEBBINGS & HELEN JONES	SUPPORT AFTER SUICIDE PARTNERSHIP / FORMER CEO OF MINDOUT
TBC	ALEX PITMAN	UNIVERSITY COLLEGE LONDON
COMMUNITY RESILIENCE: KEEPING POSITIVE MOMENTUM AND BUILDING RESILIENCE IN COMMUNITIES	CHARLIE HAYNES & LISA WILLIAMSON	A COLLABORATIVE SESSION WITH THE TOMORROW PROJECT
THE IMPACT OF THE DEATH OF A PATIENT BY SUICIDE ON THE CLINICIANS WORKING WITH THEM	DR RACHEL GIBBONS	ROYAL COLLEGE OF PSYCHIATRISTS
THREATS TO THE SECTOR	STEVE MALLEN	ZERO SUICIDE ALLIANCE & NATIONAL SUICIDE PREVENTION GROUP MEMBER
WORKING WITH TRAUMA IN THE SUICIDE BEREAVEMENT PATHWAY*	THOMAS GARRETT & RACHEL BIDDLE	THE TOMORROW PROJECT
THE FINALISED AGENDA WILL BE CONFIRMED SOON		

* This bonus workshop will be available online after the conference.

** All information is correct at the time of going to press, but is subject to change due to any unforeseen circumstances.

“ All information was relevant and important. 10/10”

“ The live stream was the best one I have ever experienced”

“ The organisation and information provided was excellent”

– Previous Delegates (on Harmless' From Harm To Hope Conference 2023)

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DATES

Conference sessions take place on **EVERY TUESDAY & THURSDAY** from **5th – 28th SEPTEMBER 2023** **10am – 11am** (BST). This is an ONLINE event.

BOOKING

Tickets are priced at £65 and can be purchased via [our Eventbrite page](#). Prior to the conference, you will receive a copy of our delegate pack with full details of how to join us online.

FURTHER INFORMATION

For further information, please visit www.harmless.org.uk

If you have any specific queries, please contact training@harmless.org.uk

UPDATES

The best way to keep up-to-date with the latest conference news is to either join the Harmless [mailing list](#) or to follow us on Twitter: [@HarmlessUK](#)

RE-WATCHING SESSIONS

Every conference session will be accessible from October 2023 for a limited period on the Harmless e-portal, providing you with the opportunity to re-watch webinars or catch up on any sessions you missed. Full details will be sent via email after the conclusion of the conference.



COMING SOON!

FROM HARM TO HOPE:

The 9th National Self Harm & Suicide Prevention Conference 2024

COMPETING DEMANDS MUST NOT DIVIDE US:
THE FUTURE OF SELF HARM AND SUICIDE PREVENTION

FRIDAY 1st MARCH 2024 9am – 5pm
TRENT CONFERENCE CENTRE,
TRENT VINEYARD, NOTTINGHAM NG7 2PX
IN PERSON & ONLINE • WWW.HARMLESS.ORG.UK



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MORE INFO &
BOOKING!

