



Cancer Champions

LATEST NEWS - FEBRUARY 2023

Congratulations to our first set of trained Cancer Champions!

In December we held our very first cancer awareness training session and received some great feedback from the participants. We had some interesting discussions and looked at the variety of different resources available and how to use them to start conversations.

We held three more training dates in January that were fully booked. Thank you to everyone who has booked on and is helping us deliver our vital message.



THINGS TO NOTE

Your coordinator for Telford & Wrekin is Michelle who can be contacted at:

michelle.moore@lingendavies.co.uk



Your coordinator for Shropshire is Holly who can be contacted at:

h.corrigan@qube-oca.org.uk



Our next training dates are:

15th February 1pm - 4pm @
The Trinity Centre, Church
Rd, Meole Brace,
Shrewsbury, SY3 9HF

25th February 9:30am -
12:30pm
Admaston House,
Wellington Road, Telford
TF5 0BN

Our multi lingual videos are out now!

In October we had fun creating multi lingual videos with some of our Cancer Champions and these are now available to view on the website with a request form for those who wish to obtain a copy.

[Resource Videos - Cancer Champions](#)



The videos are available in Polish, Ukranian, Mandarin, Bulgarian and Punjabi.

The aim of these videos is to give confidence and reassurance to help people:

- Recognise possible signs and symptoms of cancer that need to be checked
- Know where to turn to report concerns to a health professional
- Take up their right to attend cervical, breast and bowel cancer screening invitations

A big thank you to everyone who took part, it was a great experience and one we hope to do again.

COFFEE CATCH UP

We will be holding regular events for our Cancer Champions to pop in, and catch up with us over a coffee.

You can pop along for a chat, to collect resources, give us feedback on the conversations you've been having, or simply just to say hello.

Monday 6th March
2pm - 3pm
Holly will be at the main Costa Coffee at Meole Brace

Tuesday 28th March
11am - 12pm
Michelle will be at Costa Coffee at Forge Retail Park, Telford



Sport stars support our Cancer Champions project!

Holly, Cancer Champion Coordinator for Shropshire, has been busy promoting our project with the help of Shrewsbury Town footballers Matthew Pennington and Elliott Bennett.

They have recorded a video highlighting the importance of the Cancer Champions project and encouraging people to take part.

Visit our news and events page to see what else we have been up to.

[News - Cancer Champions](#)



We want your stories

We would love to feature some of your stories on our website. Let us know what inspired you to become a Cancer Champion. Just email your story and a photo over to your coordinator and we'll do the rest.

You can read Adam's story here...

[Adam Feijfer's Story - Cancer Champions](#)



A collaboration with



WhatsApp

All of our trained Cancer Champions are invited to be part of a WhatsApp group so if you would like to be added please let your coordinator know.

It's a great way to stay in touch and see what other champions might be up to.

We have lots of other ways of staying in touch so if this isn't for you, that's okay.