

Carers Right’s Day – 25th November

Information Stall



Carers Rights Day is a national day, which seeks to raise awareness to help carers understand their rights so that they can access all avenues of support available. Whether you are new to your caring role, or you have been caring for a while,

we encourage you to get involved.

Carers are those who are responsible for the wellbeing of another person who needs help wither because of ill health or disability.

**Shropshire Carers Support Team** is holding an **information stall** for this day with the aim of talking to you and informing those of you who care for someone about the rights you have. We hope to provide access to support groups and organisations should you need them. **See details below:**

**Free to attend**

* **Do you look after someone who couldn’t manage without your help?**

If you do, you are a carer even though you may not have realised it.

* Do you know your rights as a carer?
* Would you like to know more about the Shropshire Carers Support Team?
* Come and find us in the Market Hall for one day only, talk to us about what support is available to you, understand and know your rights, whether in the home, workplace or healthcare setting.
* No need to book - we look forward to you dropping by!

**Come and join us:**



Email us: [shropshire.carers@shropshire.gov.uk](mailto:shropshire.carers@shropshire.gov.uk)

Call the team on 01743 341995

**For more details:**

Friday 25th November 2022

10.30am – 3.00pm

Market Hall, Claremont Street, Shrewsbury, SY1 1HQ

Shropshire Carers Support Team

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Shropshire Carers is a dedicated Carer Support team, within Shropshire Council, providing information, advice and support to adult family and unpaid carers.

Our vision is to enable carers to live their best lives by providing timely and quality information and support.

We are not a time limited service and may be working with individual carers for a short time or for longer periods of time, or carers may dip in and out of our service depending on their individual needs.

The service offers Carers:

* 1:1 support -we work with you to explore the options available to you as a Carer.
* Information and advice – personalised for you.
* Information line – 01743 341995 - operating Mon-Fri – 9-00am till 5-00pm.
* Signposting or referral to specialist advice and support – e.g. benefits advice, advocacy.
* Regular check in and chats to check on your wellbeing
* Assistance with planning ahead – the right information at the right time.
* Peer support groups – virtual and in the community
* Carers network – creating a County wide network for carers, peer groups and organisations who support carers.
* Information and training workshops – an annual calendar of activities that you can book onto.
* Events and activities
* Carer Register – a means of sharing important information quickly with you by a method that suits you best. With enrolment to the register you will also receive a carer ID/emergency card, emergency plan and free 5-part email course delivered by Mobilise.

Carers can self-refer, or referrals are made via statutory, voluntary and community sector organisations.

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Contact details:

Shropshire Carers Support Line on 01743 341995 (Monday to Friday 9am – 5pm or email: [shropshire.carers@shropshire.gov.uk](mailto:shropshire.carers@shropshire.gov.uk)

Our Carer Support Practitioners are always willing to help 😊