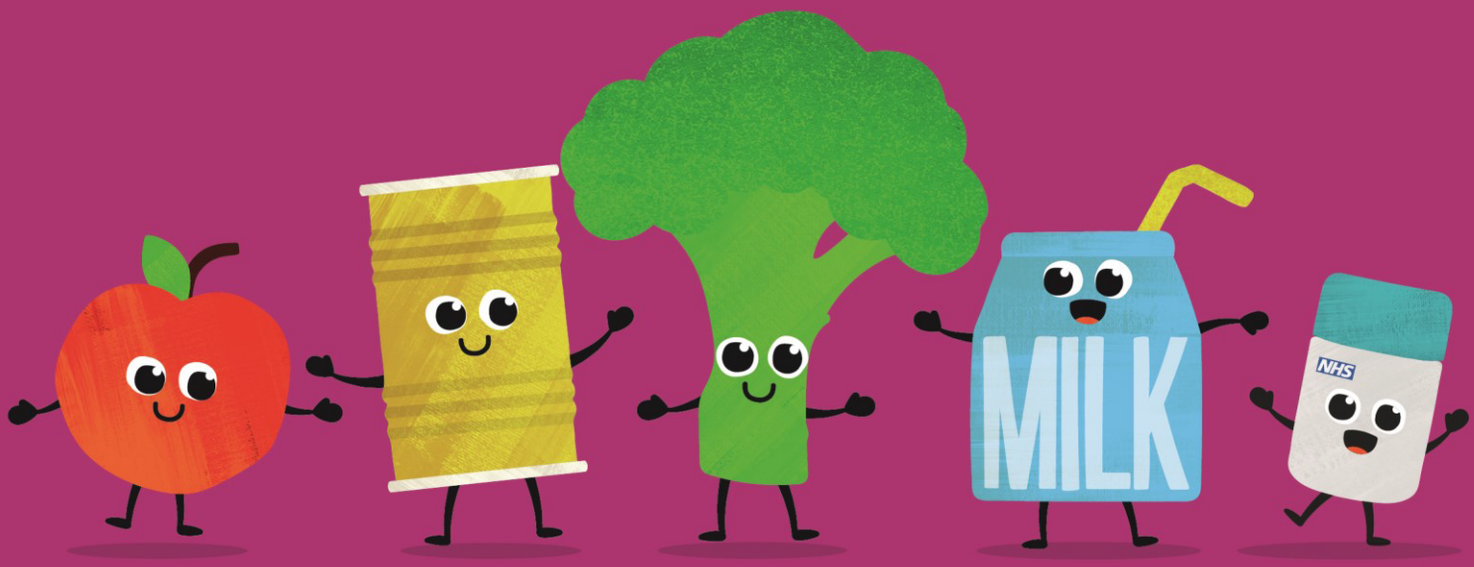

Are you pregnant or have children under the age of 4?

You could get help to buy:

Plain cow's milk

Fresh, frozen or tinned fruit and vegetables

Fresh, dried, and tinned pulses

Infant formula milk

You can also get free Healthy Start vitamins.

Over half of eligible families in Shropshire are missing out.

You could be missing out on support worth over £1,000 to help you buy fresh fruit, vegetables and milk for your child.

Take just 2 minutes to find out if you're eligible.

Scan the QR code or visit:
https://www.healthystart.nhs.uk/how-to-apply/

www.healthystart.nhs.uk

@NHSHealthyStart

Shropshire Council

SFPA Shropshire Food Poverty Alliance