

Keep on Moving Shropshire Festival

Launch Event: **9.30am – 4pm**
on **Sunday 8 May 2022**
Shrewsbury Sports Village,
Sundorne Rd, Shrewsbury, SY1 4RQ

**Are you over 55 and want to get moving again?
Come and try something new...**

The Festival, created by a partnership of Energize, Taking Part, Age UK, Shropshire Council and the NHS aims to inspire and make it easy for people to have a go at something new.

Our free launch event will offer an exciting range of taster sessions from ballet to walking football, inspirational talks and informative stalls for you to browse.

For more details, and to sign up, see
www.shropshire.gov.uk/KeepOnMovingShropshire
or call us on 0345 678 9077

#togetherwemove

