

A **community consultation event** in collaboration with **Shropshire PACC**

Create an inclusive future in gymnastics

British Gymnastics would like to invite you to a workshop on improving opportunities for children and young people with disabilities to participate in gymnastics in their local community.

On **Wednesday, 25th May 2022**
9.30am arrival/registration for 10.00am start - 1.00pm

At **Shrewsbury Town Football Club**
Montgomery Waters Meadow, Oteley Rd, Shrewsbury SY2 6ST
Refreshments and a light lunch provided (if booked)

We know that many children and young people with SEND and their families face significant barriers to access physical activity outside school. This workshop offers an opportunity for parents and carers to come together to share experiences and thoughts about what can be done to ensure more young people with disabilities have access to high-quality gymnastics activities in their local community.

We are keen to explore how we can work with our local clubs, education and health providers and other interested stakeholders to support access to gymnastics activities in a way that is not only fun but also contributes to improved outcomes for children and young people with SEND. What we learn from the workshop will also help shape our national inclusion plan.

[Register online here](#)

For more information or to register
email: jess.bailey@british-gymnastics.org
or call **Lucy Smith** on **07715 081403**

**FREE
ENTRY!**



Gymnastics activity provides physical and wellbeing benefits such as improving mobility, co-ordination and self-confidence. New national guidelines on physical activity for disabled children and young people highlight the importance of daily exercise, including strength and balance activities, making gymnastics an ideal activity.



**British
Gymnastics**