

# Keep on Moving Shropshire Festival

Launch Event: 9.30am – 4pm

on **Sunday 8 May 2022**

**Shrewsbury Sports Village,**

Sundorne Rd, Shrewsbury, SY1 4RQ

**Are you over 55 and want to get moving again?  
Come and try something new...**

The Festival, created by a partnership of Energize, Taking Part, Age UK, Shropshire Council and the NHS aims to inspire and make it easy for people to have a go at something new.

Our free launch event will offer an exciting range of taster sessions from ballet to walking football, inspirational talks and informative stalls for you to browse.

**For more details, and to sign up, see  
[www.shropshire.gov.uk/KeepOnMovingShropshire](http://www.shropshire.gov.uk/KeepOnMovingShropshire)  
or call us on 0345 678 9077**

**#togetherwemove**

