

In The Café

Get together with a theme



**At Palmers Café,
Claremont Street, SY1 1QG,
on the 4th Wednesday of
the month 2 – 4pm.**

A chance to chat, share information and talk about things that affect LGBT+ people as we age. Come along for a warm welcome and interesting conversations.

As you arrive, come through to the room behind the coffee bar where you'll be met and your drinks order taken, as your first drink's on us. Pick a table and settle in.

COMING UP - April 27th

Spend it or Save for my old age?

Meet the specialists with all the latest information on income, savings and benefits to help you manage your money.

***Please visit www.lgbtsand.com/in-the-cafe
for a map view of local car parks and train
station, or scan this QR code***



Palmers Café is wheelchair accessible

Did you know..? You can get help with transport costs and arrangements when coming to SAND events.

Contact fran@lgbtsand.com or call 01743 590023 to find out more.

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