

iHV Multiagency Fathers and Perinatal Mental Health Awareness



Perinatal mental health difficulties are those that occur during pregnancy and up to two years after the birth.

This multi-agency training delivered by Families in Mind and Dad Matters is aimed at any professional working with families in the first 1,001 days.

Topics covered include: Underpinning policy and research; mental health conditions; identification and intervention; managing risk; and developing high quality, integrated and inclusive services.

Wednesday 21 October 2026

9.30am - 4.30pm

Civic Offices, ground floor meeting room 5

Wednesday 24 February 2027

9.30am - 4.30pm

Civic Offices, The View meeting room 2



To book, email HIOWH.PortsouthHV-SNService@nhs.net
www.portsmouthfamilyhubs.co.uk/familiesinmind
hsportsmouth.org.uk/dadmatters

Delivered by Families In Mind, a partnership between