

iHV Multiagency Perinatal and Infant Mental Health Awareness Training

Perinatal mental health difficulties are those that occur during pregnancy and up to two years after the birth.

This multi-agency training delivered by Families in Mind and local champions is aimed at any professional working with families in the first 1,001 days.

Topics covered include: Underpinning policy and research; mental health conditions; identification and intervention; managing risk; and developing high quality, integrated and inclusive services.

Tuesday 22 December 2026

9.30am - 4.30pm

St Mary's Hospital, Room 1, LCT Suite,
Ground Floor, Block A

Wednesday 27 January 2027

9.30am - 4.30pm

Civic Offices, The View meeting room 2



Portsmouth
**Family
Hubs**

To book, email HIOWH.PortsouthHV-SNService@nhs.net
www.portsmouthfamilyhubs.co.uk/familiesinmind

Delivered by Families In Mind, a partnership between