

PE THAT PERFORMS



Turn PE into a measurable whole-child journey – the ActiveMe Way

Turn PE into evidence you're proud to show

As a Head, you want PE and physical activity to support behaviour, wellbeing, attendance and learning and to be able to prove that impact, not just talk about it.

What is The ActiveMe Way?

The **ActiveMe Way** is ActiveMe 360's EYFS–Y6 framework that turns PE into a structured, trackable journey across Physical, Mental, Social and Personal "Me", with values-led "I can..." outcomes children and staff can understand. It helps you show:

- What pupils are really becoming through PE, beyond fitness and skills
- How PE supports personal development, behaviour, wellbeing and attendance
- Evidence of progress, child by child, that makes sense to pupils, staff, governors and Ofsted

This is the lens we use for your PE audit and any follow-on support.

Our tailored 3-step Free offer for your school

Understand how your current PE already performs – and how much more it could deliver – for free.

1

ActiveMe Way PE audit (FREE)

We work with your team to review your current PE and physical activity. You receive a concise report of strengths, gaps and next steps, framed by The ActiveMe Way, so it's clear how PE is contributing to behaviour, wellbeing and personal development.

[Find out more](#)

2

Optional curriculum taster morning (FREE)

If, after the audit, you want to explore the approach further, we can arrange a complimentary curriculum taster morning. Our educators deliver sample sessions so you and your staff can see The ActiveMe Way in real lessons before deciding on next steps.

3

Enrichment day when you choose to work with us (FREE)

When you decide to partner with ActiveMe 360 for curriculum support this academic year, we'll plan a free fantastic, fun, bespoke enrichment day that raises the profile of PE and school sport in your setting and broadens children's experiences.

[Find out more](#)



Book your free audit now!

To book your [Free ActiveMe Way PE audit](#) or to discuss how it would work for you:

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