

Empower families, transform futures: New 2026 dates!

MULTI-AGENCY INFANT FEEDING AWARENESS TRAINING

Breastfeeding is the biggest public health intervention there is with huge benefits to both Mum and baby in the short and long-term. Yet 8 out of 10 mothers stop breastfeeding before they want to. **Portsmouth Families tell us they need ALL services to be more informed and able to support them with their feeding choices. Whether your a Social Worker, Children's Nurse, working in Early Years or other roles supporting families in their first 1001 days join us and learn how YOU can make a difference!**



BOOKING - EMAIL: sophie.burgues1@nhs.net

IN PERSON (LIMITED NUMBERS)

Venue Block C St Mary's Community Health Campus -

Monday 09/03/26 1-4pm

Friday 03/07/26 09:30-1pm

Thursday 03/09/26 09:30-1pm

ONLINE

Thursday 23/04/26 11:00-14:30

Friday 09/10/26 11:00-14:30

"Informative, balanced and powerful training - I feel more confident to start having conversations about feeding earlier with parents."

I cannot overstate how valuable the course was - I was so unaware of the many barriers and challenges mothers still face today. It's certainly made me reflect on even the most subtle of changes I could make to my practice that could have a huge impact!